

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2025

Parachute Toss **1**
Daily Chronicle and Good News
Walk 'n' Talk
Seated Stretches
[Afternoon Movie in Theater: Freaky Friday](#)
Name 5

Canada Day

Chair Zumba **2**
Daily Chronicle and Good News
Guess the Celebrity
Music & Movement
Watercolor Wonders
Bean Bag Toss

PomPoms **3**
Trivia
Daily Chronicle and Good News
Walk 'n' Talk
Seated Stretches
[Craft: DIY Jellyfish](#)
List Making
Movie Night

Seated Exercise **4**
Daily Chronicle and Good News
Walk 'n' Talk
Seated Stretches
iSpy
Karaoke
[Fourth of July S'more's & More!](#)

Independence Day (U.S.)

Noodleball **5**
Sing A Long
Walk 'n' Talk
Color by Numbers
What am I?
Coffee Chats

Seated Stretches **6**
Spiritual Eldercare
Hymn Singing
Walk 'n' Talk
Seated Stretches
Creative Coloring
Gratitude Practice

Balloon Toss **7**
Daily Chronicle and Good News
Single Line Bingo
Sit and Sing
Walk 'n' Talk
Seated Stretches
Matching Games

Parachute Toss **8**
Daily Chronicle and Good News
Walk 'n' Talk
Seated Stretches
[Scenic Drive](#)
[Craft-Sea Shell Ornament](#)

PomPoms **9**
Daily Chronicle and Good News
Music & Movement
Guess the Animal
Watercolor Wonders
Bean Bag Toss

Seated Exercise **10**
Daily Chronicle and Good News
Walk 'n' Talk
[Cooking Corner-Ch](#)
List Making
Movie Night

Seated Exercise **11**
Daily Chronicle and Good News
Walk 'n' Talk
Seated Stretches
[Paul Collins 2:30](#)
Pretty and Polished Through out the Day

Seated Exercise **12**
Noodleball
Sing A Long
Walk 'n' Talk
Color by Numbers
What am I?
Coffee Chats

Seated Stretches **13**
Spiritual Eldercare
Hymn Singing
Walk 'n' Talk
Seated Stretches
Creative Coloring
Gratitude Practice

Balloon Toss **14**
Daily Chronicle and Good News
Sit and Sing
Walk 'n' Talk
Seated Stretches
Matching Games

Parachute Toss **15**
Daily Chronicle and Good News
Walk 'n' Talk
Seated Stretches
[Afternoon Movie in Theater: Cheaper By the Dozen 2](#)
Name 5

PomPoms **16**
Daily Chronicle and Good News
Music & Movement
Guess the State
Watercolor Wonders
Bean Bag Toss

Seated Exercise **17**
Daily Chronicle and Good News
Walk 'n' Talk
[Craft:Sunshine Stained Glass Painting](#)
List Making
Movie Night

[Memory Care Family Day!](#) **18**
[Ice Cream Social](#)
[Courtyard Games](#)
[Photo Booth](#)
Walk 'n' Talk
Seated Stretches
Afternoon Relaxation
Evening Chats

Seated Exercise **19**
Noodleball
Sing A Long
Walk 'n' Talk
Color by Numbers
What am I?
Coffee Chats

Seated Stretches **20**
Spiritual Eldercare
Hymn Singing
Walk 'n' Talk
Seated Stretches
Creative Coloring
Gratitude Practice

Balloon Toss **21**
Daily Chronicle and Good News
Single Line Bingo
Sit and Sing
Walk 'n' Talk
Seated Stretches
Matching Games

[MARGARITAVILLE!](#) **22**
[Chair Volleyball](#)
[Craft "Life is better in Flip Flops"](#)
[Employee Ping Pong Ball Shake Out](#)
[Outdoor Party Games](#)
[Happy Hour and Music!](#)

PomPoms **23**
Daily Chronicle and Good News
Music & Movement
Walk 'n' Talk
Guess the Celebrity
Watercolor Wonders
Bean Bag Toss

Seated Exercise **24**
Daily Chronicle and Good News
Walk 'n' Talk
[Cooking Corner-Dragonfruit and Berries Smoothie](#)
List Making
Movie Night

Seated Exercise **25**
Daily Chronicle and Good News
Walk 'n' Talk
Seated Stretches
iSpy
Karaoke
Pretty and Polished Through out the Day

Seated Exercise **26**
Noodleball
Sing A Long
Walk 'n' Talk
Color by Numbers
What am I?
Coffee Chats

Seated Stretches **27**
Spiritual Eldercare
Hymn Singing
Walk 'n' Talk
Seated Stretches
Creative Coloring
Gratitude Practice

Balloon Toss **28**
Daily Chronicle and Good News
Sit and Sing
Walk 'n' Talk
Seated Stretches
Matching Games

Parachute Toss **29**
Daily Chronicle and Good News
Walk 'n' Talk
Seated Stretches
[Scenic Drive](#)
[Craft-Seashell Crab](#)

PomPoms **30**
Daily Chronicle and Good News
Music & Movement
Walk 'n' Talk
Guess the Celebrity
Watercolor Wonders
Bean Bag Toss

Seated Exercise **31**
Daily Chronicle and Good News
Walk 'n' Talk
[Cooking Corner-Dragonfruit and Berries Smoothie](#)
List Making
Movie Night