



RESIDENT BIRTHDAYS

- 7/3: Myra Bloom
7/5: Albert Cohen
7/9: Nancy Mitchell
7/9: Tom Phillips
7/10: Mary Ann Johansen
7/11: Marilyn Farnsworth
7/12: Patricia McIntyre
7/17: Don Thaler
7/20: Susan Stevens
7/21: Susan Luster
7/23: Margaret Snyder
7/26: Dolly Rowe
7/28: Mary Ann Blake
7/29: Jose Stuntz



Camp Waltonwood & Prep

Our annual Camp Waltonwood is approaching quickly. Our theme this year is Carnival Creations. This one day event, on August 16th from 10am-1pm, includes carnival games, crafts, music, live entertainment and lunch. The event is open to resident, family and staff children, grandchildren and great grandchildren between the ages of 4-12. Please RSVP to Jocelyn by August the 2nd if you would like to attend this fabulous event. We will need to know how many kids are coming as we have many goodies for them.

Before the event, we need your help creating the many items we need to spruce up our community. If you love to draw, paint and/or build, we need your help. Starting on Thursday, July 17th, we will be in the hobby room creating all the fun decorations and décor we need for the event. We hope to see you there.

COMMUNITY COMMUNICATION



- 7/1 Centenarian, Al Cohen, Birthday Bash
7/1 Bennett Studio Piano Concert
7/2 Fun in the Sun Barbecue
7/2 Vocal Piano Concert with Yvonne J
7/3 Spiritual Discussion – Every other Thursday **NEW**
7/3 The Gulf War Presentation with Mac M
7/4 Patriotic Sing Along with Leah & Friends
7/4 Red, White & Brew Party
7/7 Sharks Presentation with Andrew Wilson
7/8 Ducktona Race
7/8 Patriotic American Composers Presentation
7/8 Twilight Mixer
7/9 Vocal Instrumental Concert with the Bobbe Shore Quintet
7/10 Benefits of Toastmaster with Kimberly C
7/11 International Showcase Happy Hour: C'est Chic Soiree France
7/12 In the Good Old Summertime Social
7/14 Singalong with Bix
7/14 Over There: Songs of World War I Presentation with Jimmy
7/15 Waltonwood Songsters Meeting

- 7/15 Christmas in July Social
7/16 Life Enrichment Activity Calendar Orientation
7/16 Vocal Guitar Concert with Katy Morse
7/21 Cultural Intelligence: Different Countries, Different Customs Presentation with Tom Sileo
7/22 Lunch & Learn with Dana: Skin Safety (RSVP by 7/15)
7/22 Meet & Greet Mixer
7/22 Piano Concert with Tom Saputo
7/23 Women in History: Delilah Presentation with Juliet
7/23 Violin Concert with Bendy Goodfriend
7/23 Gorgeous Grandma Tea Luncheon (RSVP by 7/16)
7/26 Music Miracles Concert
7/26 We All Scream for Ice Cream Social
7/28 8 Principles for Pursuing Excellence & Greatness In Your Life Presentation with Travis
7/29 Dog Days of Summer Social & Pet Pic
7/30 Day the Sea Caught Fire with Jim Lewis
7/30 Lunch Bunch: KFC (RSVP by 7/23)
7/30 Watercolor Art Class with Heather **NEW**



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASHBURN CONNECT

JULY 2025



SINGH

44141 Russell Branch Parkway, Ashburn, VA 20147
www.waltonwood.com | 571 918-4854
Facebook: WaltonwoodAshburn



UPCOMING EVENT HIGHLIGHTS

The month of July was named after the Roman general, Julius Caesar to celebrate the month he was born. Being that July is one of the warmest months during the summer, it also begins the Dog Days. Please take a moment to enjoy the water lilies and larkspurs. During the month of July we celebrate our Nation's birthday. To kick off the festivities, we're having a Fun in the Sun Barbecue complete with games and music. Many Independence activities follow. The Ducktona Race is back. Select your duck and see if it crosses the finish line first and win the golden prize. We are continuing our Clear the Shelters campaign. Help us by donating supplies or giving a monetary donation to help pets of all kinds find furever homes, especially senior pets. You and your furbaby are invited to come to our Dog Days of Summer Social. Come get a special photo memento taken with your best friend. Pets will even receive a scrumptious treat. We are honoring our gorgeous grandma's with a tea luncheon and special gift. There are so many fun summer activities to participate in and out of the community. We've even added some new activities that are sure to be big hits and bring a lot of joy. Life is good at Waltonwood.

COMMUNITY MANAGEMENT

- Christopher Leinauer
Executive Director
- Audrey Wilson
Business Office Manager
- Eduardo Villasmil
Culinary Services Manager
- Dwayne Johnson
Environmental Services Manager
- Tracy Philemon
Independent Living Manager
- Chelsea Gray
Marketing Manager
- Victor Ast
Marketing Manager
- Sharon Prior
Resident Care Manager
- Kesha Sampson
AL Wellness Coordinator
- Sheryl Warren-Graham
MC Wellness Coordinator
- Brandy Alexander
AL Life Enrichment Manager
- Jocelyn Jackson
IL Life Enrichment Manager
- Desiree Gilbert
MC Life Enrichment Manager

ASSOCIATE SPOTLIGHT

Congratulations to Janet Holmes for being selected Employee of the Month! Janet was chosen because she goes above and beyond.

Janet has been a concierge at Waltonwood for over 2 years. She is known for being conscientious, resourceful and always willing to assist residents and their families any way she can. Janet especially values the relationship she’s built with residents and finds fulfillment in being a familiar and supportive presence in their daily routines. Whether helping with a request or offering a friendly word, Janet’s thoughtful nature, dedication and steady, positive presence contributes to the welcoming atmosphere of our community.

Prior to working at Waltonwood, Janet worked in several roles, including property management, marketing, merchandising and as a substitute teacher for Loudoun County Public Schools. These experiences have helped her develop strong communication skills and a practical solutions-focused approach.

Janet is originally from Washington D.C and has spent most of her life in Virginia. She and her husband now live in Leesburg as happy empty nesters. Their 3 grown children live nearby. In her free time, Janet enjoys reading, traveling, listening to music and spending time with family and friends.



JUNE HIGHLIGHTS



FOREVER FIT: Healthy Hydration

Healthy hydration habits are important any time of the year but they become essential during the hot, humid summer months. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects of certain medications can greatly increase the risk for serious dehydration in seniors. The good news is that small changes to our daily routine can greatly improve our chances to stay healthy and hydrated in the months to come. Making sure there are always fluids nearby to drink throughout the day, eating plenty of water rich fruits and vegetables like cucumber and watermelon, and avoiding strenuous outdoor activities during the peak hours of the afternoon are simple changes that can make a major difference.

TRANSPORTATION INFORMATION

MEDICAL APPOINTMENTS

Medical transportation is available on Mondays & Wednesdays from 8:30-4:00. Appointments must be made using the “Transportation Request Form” located at the front desk and requested no less than 2 business days (Mon-Fri) in advance by 4pm. We do not process requests over the weekend. Transportation is not provided on holidays.

TRIPS

Please sign up at the front desk if you are interested in participating in any of the below trips as seats are limited. Sometimes we are not able to accomodate residents at the last minute as there is a cost for some trips and they need to be planned in advance.

PLEASE NOTE THAT WE ARE ALTERNATING SHOPPING PLAZAS & TIMES.

Sundays at 9am & 12:15pm: Shopping – see calendar for stores of the day
Sundays 10am St. David’s & St. Theresa Church Services

- 7/9 2pm Loudoun County Animal Services Donation Drop Off & Tour - FREE (RSVP by 7/2)
- 7/11 10am Artists in Middleburg Art Exhibit Trip & Lunch at King Street Oyster - \$\$ (RSVP by 7/4)
- 7/18 11:30am Lunch Bunch: Route 7 Brewing - \$\$ (RSVP by 7/11)
- 7/23 4:30pm Supper Club: Carnegie Diner & Café – \$\$ (RSVP by 7/16)
- 7/25 9:30am DC Trip to National Archives – Cost for purchases (RSVP by 7/18)

JULY SPECIAL EVENTS

7/2

Fun in the Sun
Barbecue

7/8

Ductona Race

7/15

Christmas ion July
Social

7/23

Gorgeous Grandma
Tea Luncheon



EXECUTIVE DIRECTOR CORNER

We celebrate Independence Day on the 4th of July. This is a time for fun and festive outdoor activities like parades, parties, barbeques and fireworks. We have many exciting 4th of July activities planned at Waltonwood Ashburn. As you enjoy Independence Day with family and friends, please be careful of your exposure to the summer heat. July is one of the hottest months of the year. Get out and enjoy the sunshine, however, be mindful that extended exposure to the summer heat can be dangerous. Choose cooler times of the day to be outside like mornings and evenings. Remember to stay hydrated and seek out shaded areas if necessary. Enjoy the summer months. Happy 4th of July and remember, please stay safe in the summer heat.

