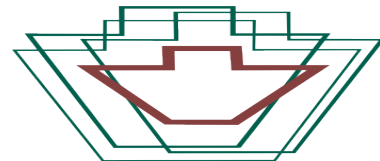




INDEPENDENT LIVING JULY 2025



Keystone Commons

A Life Fulfilling Retirement Community

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|--|--|
| <div>Monthly Theme</div> <div></div> | <div>1</div> <div>*Activities are Subject to Change Amy Creasia Programming Specialist ACreasia@keystonesenior.com</div> | <div>1</div> <div>9:30- Topic Talks-3A 10:00- Blood Pressure Clinic-Pub 10:30- Baking for our Bake Sale- Blueberry Pie Bars 1pm- Wii Bowling- Theater 2pm- Painting Class-3A 3:15- Blackjack- Dollar Buy-in-3A 6:45- Popcorn Club- Theater</div> | <div>2</div> <div>9:30- Hubbard Coffee Chat and Dani's Magical Sourdough bread-3A 10:30-Magdalana Presents-3A 11:30- Bus leaves for Ronald Mcdonald House to make lunch 12:30- Rosary-T 1:15pm- Exercise w/ Alliyah OT-T 2pm- Wii Bowling-Theater 2pm- Sequence-Billiards 3pm- Dime Bingo-3A 6:45- Rummikub-Billiards</div> | <div>3 Celebrating Jackie C's- 90th</div> <div>9:30- Coffee Chat and Chronicles-3A 10:30- Adaptive Boxing-3A 11:30- Monthly Birthday Luncheon-P 1pm- Patriotic Jeopardy for Amateurs-3A 2pm- Patriotic Popcorn Club-Theater "Special Feature with Concessions" 6:45- Canasta-Pub 6:45- Kings in the Corner-Billiards</div> | <div>4</div> <div>12:45- Cook-out</div> <div></div> <div>2pm- Popsicle Social IL Dining Room</div> | <div>5</div> <div>9:30- Coffee Chat-2A 10:30- Bingo for Prizes-3A 1pm- Wii Bowling Theater 2pm- Honky Tonk Piano Man</div> |
| <div>6</div> <div>Mass at St Elizabeth's 2pm- Rummikub-Billiards 2pm- Popcorn Club- Theater</div> | <div>7</div> <div>9:30- Shopping in Chicopee 10:00- Communion w/ Deacon Tom IL Vestibule 10:45- Mystery Card Game-Billiards 12:30- Rosary-Theater 1pm-Scrabble-Billiards Room 2pm- Balloon Volleyball-3A 3:15- Wii Bowling- Theater 3:15- Canasta Billiards Room 6:45- Quarter Bingo with Denise-Pub</div> | <div>8</div> <div>9:30- Topic Talks-3A 10:00- Blood Pressure Clinic-Pub 10:30- Baking for our Bake Sale Baked Blueberry Fritter Bites 1pm- Wii Bowling- Theater 2pm- Painting Class-3A 3:15- Blackjack Gold- \$25.00-3A 6:45- Popcorn Club- Theater</div> | <div>9</div> <div>9:30- Hubbard Coffee Chat 10am Blueberry Picking and Lunch at Dickinson Farm 10:30- Meditation w/ Rob-3A 12:30- Rosary-T 1:15pm-Exercise w/ Alliyah OT-T 1 :30- Mark from Berkshire Hills Performs-3A 3:30pm- Blueberry Bingo-3A 6:45- Rummikub-Billiard</div> | <div>10</div> <div>9:00- Around the World Breakfast Club- Courtyard- United Kingdom 10:30- Double Card Bingo 2.50 to play- Courtyard 1pm- Jeopardy for Amateurs-3A 2pm- Steve the Duo Performs-3A 3:15pm- African Drumming w/Tara- IL Dining Room 6:45- Canasta-Pub</div> | <div>11</div> <div>9:30- Coffee and Brain Games-3A 10:30- Sequence- Billiards 1pm- Wii Bowling-Theater 2pm- Pokeno-3A 3:15pm- Drumming Class-3A 4pm- Happy Hour-Frozen Blueberry Margaritas-Pub 6:45- Crazy 8's- Billiards</div> | <div>12</div> <div>9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling Team Play 2pm- Sandy Robinson Performs-3A 3:15- Newsletter Committee Meets-Pub</div> |
| <div>13</div> <div>Mass at St Elizabeth's 2pm- Rummikub-Billiards 2pm- Popcorn Club- Theater</div> | <div>14</div> <div>9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom IL Vestibule 12:30- Rosary-T 1pm Writing for Fun Just Cuz-Pub 2pm- Corn Hole- Courtyard 3:15- Wii Bowling Theater 3:15- Canasta-Billiards Room 6:45- Quarter Bingo w/ Judy and Laurie-Pub</div> | <div>15 Massage Therapist 1-4pm</div> <div>9:30- Topic Talks-3A We'll give you the topic and you do the talking 10:00- Blood Pressure Clinic- Pub 11:30- Bus Leaves for BBQ at Kind Hands in Longmeadow 1pm- Divine Discussion w Judy and Laurie-(R) 2pm- Wii Bowling- Theater 3:15- Blackjack-Dollar Buy-in 6:45- Popcorn Club- Theater</div> | <div>16</div> <div>9:30- Hubbard Coffee Chat 10:30-Wii Trivia- Theater 12:30- Rosary-T 1pm- Grief Group for our Spouses who are missing their significant others-Pub 1:15pm- Exercise w/ Alliyah OT-T 2pm- Wii Bowling-Theater 6:45- Rummikub-Billiards</div> | <div>17</div> <div>10:00- Coffee House-3A 10:30- T-Bone Performs-3A 1pm- Jeopardy for Amateurs-3A 2pm- Painting blueberry House shelf sitters-3A Sign ups necessary 3:15- Popcorn Club-Theater 3:15- Help your Neighbor-3A 6:45- Canasta-Pub 6:45- Kings in the Corner-Billiards</div> | <div>18</div> <div>9:30- Coffee and Concentration Puzzles-3A 10:30- Baby Shower for Danielle- Courtyard- weather permitting 12:30- Rosary-T 2pm- Pokeno-3A 4pm- Happy Hour- Blueberry Colada-Pub 6:45- Nachos Loco- Billiards</div> | <div>19</div> <div>9:30-Coffee Chat-2A 10:30- Caden Performs on Piano-1st Floor Piano Room 1pm- Wii Bowling-Team Play 2pm- Bingo for Prizes-3A</div> |
| <div>20</div> <div>Mass at St Elizabeth's 2pm- Rummikub-Billiards 2pm- Popcorn Club- Theater</div> | <div>21</div> <div>9:30- Shopping to Chicopee 10:00- Communion w/ Deacon Tom IL Vestibule 10:30- Mystery Card Game- Billiards 12:30- Rosary-T 1pm- Scrabble- Billiards 2pm- Yard Pong-Courtyard 3:15- Canasta- Billiards Room 3:15- Wii Bowling-Theater 6:45- Quarter Bingo with George-Pub</div> | <div>22</div> <div>9:30- Topic Talks-3A We'll give you the topic and you do the talking 10:00- Blood Pressure Clinic- Pub 10:30- Mix and Mingle w/ Mimosas and Prospects- IL Dining Room 1pm- Wii Bowling- Theater 2pm- Painting Class-3A 2pm- Line Dancing-2A 3:15- Blackjack- Dollar Buy-in 6:45- Popcorn Club- Theater</div> | <div>23</div> <div>9:30- Hubbard Coffee Chat 10:30- Meditation and massage w/ Lynn and Amy-3A 10:30-Accessible Nature Trail and Lunch at Bell City Diner- Bristol CT 12:30- Rosary-T 1:15- Exercise w/ Aaliyah-3A 2pm- Wii Bowling- Theater 3:30- Ladder Bingo-3A 6:45- Rummikub-Billiards</div> | <div>24</div> <div>9:30- Coffee Chat and Chronicles 10:30- Kazoo and You-3A 1pm- Giant Crossword Puzzle-3A 2pm- Mike and Dan Performs-3A 3:30 pm- Caretenders Presents-Pub 3:15- Popcorn Club-Theatr 3:15- Go Boom Card Game-BR 6:45- Canasta- Pub</div> | <div>25 Blueberry Bake Sale</div> <div>9-1pm and 4-6pm- Lobby 9:30- Coffee and Bake Sale-Lobby 10:30- Adaptive Boxing-3A 12:30- Rosary-T 1pm- Wii Bowling for newbies-T 1pm- Food Meeting-Pub 2pm Pokeno-3A 3pm- Drumming Class-3A 4pm- Happy Hour-Blueberry Lemonade-Pub 6:45- Crazy 8's- Billiards</div> | <div>26</div> <div>9:30- Coffee Chat-2A 10:30- Wii Bowling-Team Play 2pm- Dime Bingo-3A 3:15- Newsletter Committee Meets-Pub</div> |
| <div>27</div> <div>Mass at St Elizabeth's 2pm- Rummikub-Billiards 2pm- Popcorn Club- Theater</div> | <div>28</div> <div>9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom IL Vestibule 10:45- Mystery Card Game-Billiards 12:30- Rosary-Theater 1pm- Writing for Fun Just Cuz-Pub 2pm- Pool Noodle Hockey-3A 3:15- Wii Bowling-Theater 3:15- Canasta- Billiards Room 6:45- Quarter Bingo with Harriet-Pub</div> | <div>29</div> <div>9:30- Topic Talks-3A 10:00- Blood Pressure Clinic-Pub 10:30- Chef's Club- Chopped summer salad with Chicken and Blueberry 1pm- Wii Bowling- Theater 1pm- Divine Discussion w/ Judy and Laurie-Library 2pm- Willie Nininger Performs-3A 3:15- Blackjack- Dollar buy-in-3A 6:45- Popcorn Club- Theater</div> | <div>30</div> <div>9:30- Men's Breakfast- Blueberry Pancakes and Bacon or Sausage-3A 12:30- Rosary-T 1:15pm- Exercise w/ Alliyah OT-T 2pm- Wii Bowling-Theater 2pm- Sequence- Billiards 3pm- Dime Bingo-3A 4pm- Wine Down Wednesday-Pub 6:45- Rummikub-Billiards</div> | <div>31</div> <div>9:30- Coffee Chat and Chronicles-3A 10:30- Steps In Time Ballroom Dancing-3A 1pm- Jeopardy for Amateurs-3A 2pm- Richie Mitnik Performs-3A 3pm- Popcorn Club- Theater 3:15pm- Trash- Billiards 6:45- Canasta-Pub 6:45- Kings in the Corner-Billiards</div> | <div>Monthly Birthdays</div> <div>7/2 Dorothy Mikaelian 7/3- Jackie Como-90th 7/5- Sandy Gosselin 7/5- Barbara Kuhn 7/5- Elaine Boucher 7/8- Pat Gould 7/9- Una Gagne 7/19- Mary Ellen Fish</div> | <div>Monthly Birthdays</div> <div>7/20- Babbette Laberge 7/23- Donald Kuhn 7/24- Cher DaSilva</div> <div></div> |