





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	9:00 Breakfast Served w/ Care with Love (HC) 11:00 *Rummikub (HC) 2:00 Movie Matinee (MT) 4:00 Social Hour(RL)	10:00 Gentle Strength Training w/ Coach Malik (YS) 2:00 *Mahjong (L) 3:00 *Texas Hold EM' (RL) 6:00 Virginia Moonshine: A History w/ Josh Urban (HC)	Food Truck: Birmies Fixins 4-6pm 1:00 *Yarn Group(L) 1:00 Water Aerobics (Pool) 2:00 *Bridge (L) 4:00 Social Hour(RL)	10:00 Gentle Strength Training w/ Coach Malik (YS) 12:00 Take & Bake Pizza (RL)🍴 3:00 *Poker (RL)	10:30 Hot Breakfast Social (RL)🍴 1:00 Water Aerobics (Pool) 3:00 Townhall Meeting (RL) 4:00 Social Hour(RL)	2:00 *Pennies From Heaven (L)
8	9	10	11	12	13	14
3:00 *Bunco (RL)	11:00 *Rummikub (HC) 2:00 Movie Matinee (MT) 3:00 Music w/ Joe Loschiavo (Pavilion) 4:00 Social Hour(RL)	10:00 Gentle Strength Training w/ Coach Malik (YS) 2:00 Bingo w/ Jencare (RL) 3:00 *Mahjong (L) 3:00 *Texas Hold EM' (RL)	Food Truck: Curry in a Hurry 4-6pm 1:00 *Yarn Group(L) 1:00 Water Aerobics (Pool) 2:00 *Bridge (L) 3:00 Education on Stages of Wounds w/ Reskin Medical (HC) 4:00 Social Hour(RL)	10:00 Gentle Strength Training w/ Coach Malik (YS) 11:00 Departure to VA Fine Arts Museum🚶 11:00 Good Feet Store (RL) 3:00 *Poker (RL)	11:00 River City Farmers' Market\$ 1:00 Water Aerobics (Pool) 4:00 Burgers, Brews & Dads Social (Pavilion)🍴	
15	16	17	18	19	20	21
	11:00 *Rummikub (HC) 2:00 Movie Matinee (MT) 2:00 Painting w/ Richelle (AR) 4:00 Social Hour(RL)	10:00 Gentle Strength Training w/ Coach Malik (YS) 1:00 Crafts w/ Joyce (AR) 2:00 *Mahjong (L) 3:00 *Texas Hold EM' (RL) 3:00 New Resident Orientation (MT)	1:00 *Yarn Group(L) 1:00 Water Aerobics (Pool) 2:00 *Bridge (L) 2:00 Lewis Ginter Gardens Buz & Barb (Gardening with the Bird) Lecture (HC) 4:00 Social Hour(RL)	Juneteenth- Office Closed 10:00 Gentle Strength Training w/ Coach Malik (YS) 3:00 *Poker (RL)	1:00 Water Aerobics (Pool) 4:00 Social Hour(RL) 5:00 *Resident Dinner (RL) 6:00 Spring/Summer Concert : Jared Romano (Pavilion)🎵	First Day of Summer 1:00 River City Cruisers Car Club 2:00 *Pennies From Heaven (L)
22	23	24	25	26	27	28
3:00 *Bunco (RL)	11:00 *Rummikub (HC) 2:00 Movie Matinee (MT) 3:00 June Trivia (RL) 4:00 Social Hour(RL)	10:00 Gentle Strength Training w/ Coach Malik (YS) 10:30 Hot Breakfast Social (RL)🍴 2:00 *Mahjong (L) 3:00 *Texas Hold EM' (RL)	Food Truck: BreedLove's Seafood 4-6pm 10:00 Line Dancing Class w/ Eleanor (YS) 1:00 *Yarn Group(L) 1:00 Water Aerobics (Pool) 2:00 *Bridge (L) 4:00 Social Hour(RL)	Office Closed- Company Meeting 10:00 Gentle Strength Training w/ Coach Malik (YS) 2:00 *Uncorked: Chile (RL) 3:00 *Poker (RL)	National Bingo Day 1:00 Water Aerobics (Pool) 4:00 Social Hour(RL) 7:00 Bingo (RL)	2:00 *Pennies From Heaven (L)
29	30					
	11:00 *Rummikub (HC) 2:00 Door Magnet Craft w/ Mary(AR) 2:00 Movie Matinee (MT) 4:00 Social Hour(RL) 7:00 Door Magnet Craft w/ Mary(AR)	Legend/ Key RL: Resident Lounge, 1st Floor AR: Art Room, 3rd Floor HC: Harbour Cafe, 2nd Floor YS: Yoga Studio, 3rd Floor MT: Movie Theater, 3rd Floor ML: Main Lobby, 2nd Floor L: Library, 2nd Floor *: Resident-Led Activities	Please note that all activities can be subject to change; any updates will be communicated in advance.		