



COOKING DEMONSTRATIONS

- | | |
|-------------------------------------|--------------------------------------|
| 02 Spring Bird's Nests 2pm | 09 Strawberries Shortcake 2pm |
| 15 Father's Day Surprise 2pm | 26 Watermelon Jigglers 2pm |

COMMUNITY COMMUNICATION



RESIDENT BIRTHDAYS
Bob 6/7
Jim 6/23

Our June Support Group will be on Thursday 6/19 at 2pm upstairs in the Hobby Room of AL.

Grief Support Group
 Wednesday 6/18@ 11a.m.



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

TWELVE OAKS CONNECT

JUNE 2025

27475 Huron Circle, Novi, MI 48377
www.waltonwood.com | 248-735-1030
 Facebook: /Waltonwoo9 Twelve Oaks

COMMUNITY MANAGEMENT

- Joe Whitney
Executive Director
- Deanna Hite
Business Office Manager
- Artie Romualdo
Environmental Services Manager
- Independent Living Manager
- Alecia Greenberg
Life Enrichment Manager
- Heather Laskos
Marketing Manager
- Marketing Manager
Casey Hess
- Resident Services Manager
Rob Davis
- Wellness Coordinator
Tynesha Cobb



Friday, June 20th
4:30-7pm

RSVP to the concierge for kids ages 4-12 by June 10th

Please join us as we transform our community into camp for the day. We'll have pony rides, a rock-climbing wall, tee shirts to tie day, arcade games, a sack race, music by the campfire, s'mores and so much more!!

ASSOCIATE SPOTLIGHT-AARON MACK

Aaron Mack is our friendly and helpful afternoon concierge. He has worked at WTO for 8 months. Aaron really enjoys talking to our residents, and he thinks they’re funny. He feels that the management team is always appreciative.

Aaron is a hardworking guy, who has two jobs. He is recently engaged and has a daughter and another one on the way. He grew up in Redford and went to Thurston High School.

Aaron is a huge basketball fan and loves the Pistons. He enjoys playing video games, like Call of Duty and is a fan of Sci-Fi movies. He also has a dog named Sno.

We look forward to many more years of Aaron’s helpful and friendly demeanor at the concierge, and to hearing about his new little one.



MAY HIGHLIGHTS



FOREVER FIT

Proper Posture

A common concern for many seniors is age related changes in posture that many older individuals often experience. While bone loss, disk shrinkage and muscle loss are all common causes for changes in stature, small changes can help improve and, in some cases, reverse the effects of unwanted postural changes. If you’re one of the many seniors currently experiencing an age-related symptom related to improper posture keep these tips in mind to improve the way you move and feel.

- Regular exercise with a focus on core strength including the abdominal, low back, hip and pelvic muscles can greatly improve postural health.
- Talk to your doctor about calcium and vitamin D supplementation to help with bone health.
- Practice better postural habits throughout the day. If you use a walking be sure it’s set to the correct height to minimize hunching. If you sit for longs periods, get up regularly and take breaks. A more mindful approach can dramatically help your overall health.

TRANSPORTATION INFORMATION

Come join us for our enriching outings.

- Tuesday, June 3, Big Dipper & Walled Lake at 1:30.
- Tuesday, June 10, Melba’s Adventure to Kensington Farm at 11.
- Friday, June 13, The White Lake Inn for Lunch at Noon.
- Tuesday, June 24, Beach at Walled Lake and Ice Cream at 1:30.



JUNE SPECIAL EVENTS

10 Melba's Adventure. This is such a great program. The Life Enrichment Team picks a resident and makes a special outing for them which will hope to spark a memory. We are taking Melba to Kensington

20 Camp Waltonwood. We are so excited to once again open up the community and enjoy a camp filled evening of food, pony rides, tie-dye, video games, rock climbing and much more!!

Please RSVP your 4-12 yr old to the concierge by

11 Father's Day Family Dinner. Please don't forget to RSVP to this wonderful dinner to celebrate our Dads of the community.

25 Travel to Tanzania. We are so inspired to learn more about our beloved Frida's homeland of Tanzania. Today we will immerse ourselves learning more about the culture and landscape of this beautiful country.



EXECUTIVE DIRECTOR CORNER-Joe Whitney

I wanted to let everyone know that we are making some improvements to the community in the next coming months. We are replacing many of the outside sprinklers, we are replacing a drainage tube on the east side of the building. This should help with drainage on the property during heavy rains and winter thawing. We are going to be replacing the carports poles before winter. We are also repairing a few more roof leaks and installing new landscaping near the mall entrance. Lastly, we had all of the patios power washed over the past few weeks. We are excited to have many of these improvements taking place as it will make for a better community for our residents and families.