

Happy Birthday



## RESIDENT BIRTHDAY'S

Marian E. 6/2

Eleanor Z. 6/10

Jake J. 6/12

## CAMP WALTONWOOD:

Happy June everyone! Camp Waltonwood is back and better than ever! This year we are having a very magical camp, featuring some of our favorite Disney characters across all three communities and some fun activities to participate in at each station. We would love to see you and your family there! Below is the Camp Waltonwood flyer with more information, please make sure to RSVP by June 20<sup>th</sup> and let us know how many kids will be attending! If you have any other questions, please ask Becca or the Front Desk!



### The Happiest Camp on Earth!

Join us at Camp Waltonwood and dive into the worlds of some of your favorite Disney characters featuring Tiana's Cafe, Mulan's training course, Disney character face painting, karaoke sing along, Rapunzel's Paper lantern craft, Finding Nemo game, and more!

### Fun for kids age 4 - 11

Kids are encouraged to dress as their favorite Disney character!

*A parent or guardian must remain on-site with all of our campers.*



**RSVP by June 20th**  
*and let us know how many kids will be attending.*  
**734-981-7100**

42600 Cherry Hill Road, Canton

[www.Waltonwood.com](http://www.Waltonwood.com) | [www.SinghCareers.com](http://www.SinghCareers.com)



## \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

# CHERRY HILL CONNECT

JUNE 2025

## JUNE OUTING OPPORTUNITIES

Please sign up with Becca for all outings!

### June 3rd 1:30PM Schwarts Greenhouse

Come and join us at the greenhouse to shop for some plants for our AL courtyard or even to buy some plants for yourself!  
Cost: Depending on purchase per person

### June 5th 2:00PM Scenic Drive & Games!

Come and join us on a bus cruise around the area and enjoy the scenery around us as well as some fun bus games!  
Cost: None

### June 10th 1:30PM Plymouth Historical Museum

The Plymouth Historical Museum features an impressive collection of history including the early pioneers, businesses, railroads, President Lincoln, Civil War, Daisy Air Rifle, WWII and much more. Take a stroll in time down their 19th-century Victorian Main Street displaying numerous historical artifacts and large-scale scenes depicting a vibrant community – as it remains today.  
Cost: None

### June 12th 12:00PM Father's Day Lunch to Mission BBQ

Let's grab some good BBQ for lunch at Mission BBQ and celebrate our father's here at Waltonwood in our community before Father's Day!  
Cost: Depending on purchase per person

### June 17th 2:00PM Dollar Tree

We're taking a trip to the dollar store this month! You guys have been asking for it so let's get ready to shop till we drop!  
Cost: Depending on purchase per person

### June 19th 2:00PM Scenic Drive & Sweet Treat!

Come and join us on a bus ride today to enjoy the wonderful summer weather and to enjoy a sweet treat as we sit back and relax!  
Cost: None

Please see Becca to sign up for any outings you're interested in!



**SINGH**  
42500 Cherry Hill, Canton, MI 48187  
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Facebook: /WaltonwoodCherryHill

## COMMUNITY MANAGEMENT

Tiffany Tucker  
Executive Director

Kristal Wilson  
Business Office Manager

Joel Vassallo  
Culinary Services Manager

Jamaal Saleh  
Environmental Services Manager

Krystal Sidibe  
Independent Living Manager

Logan Winton  
IL Life Enrichment Manager

Rebecca Wilson  
AL Life Enrichment Manager

Mallory Bryant  
MC Life Enrichment Manager

Renee Ralsky  
Marketing Manager

Resident Care Manager

Tumeka May  
AL Wellness Coordinator

Tanya Hall  
MC Wellness Coordinator



# ASSOCIATE SPOTLIGHT

AL/MC Associate of the Month  
**RICKELL**

*This month we're thrilled to recognize Rickell, one of our caregivers, as our associate of the month! Rickell is so kind towards everyone here, and always wears a bright smile on her face while greeting others. She does a wonderful job taking care of the residents here and we appreciate all that she does for them – Thank you for your outstanding contribution and all your positivity Rickell!*

*If you have someone you would like to nominate, please see Becca.*



# MAY PICTURE HIGHLIGHTS



# FOREVER FIT: PROPER POSTURE

A common concern for many seniors is age related changes in posture that many older individuals often experience. While bone loss, disk shrinkage and muscle loss are all common causes for changes in stature, small changes can help improve and, in some cases, reverse the effects of unwanted postural changes. If you're one of the many seniors currently experiencing an age-related symptom related to improper posture keep these tips in mind to improve the way you move and feel.

- Regular exercise with a focus on core strength including the abdominal, low back, hip and pelvic muscles can greatly improve postural health.
- Talk to your doctor about calcium and vitamin D supplementation to help with bone health.
- Practice better postural habits throughout the day. If you use a walker, be sure it's set to the correct height to minimize hunching. If you sit for long periods, get up regularly and take breaks. A more mindful approach can dramatically help your overall health.

# LIFE ENRICHMENT CORNER: IL Choir Concert

Hi everyone! We have lots of fun events and special activities planned for this month, one of those special events being our Spring Waltonwood Choir Concert that's performed here by our very own residents! In our Independent Living community, we have some residents that make up our Waltonwood Cherry Hill choir. They practice every Monday together in preparation for their concerts for us, and they are ready to sing! They will be performing their concert for Assisted Living on June 16<sup>th</sup> at 10:30am in our dining room! Please come down to the dining room to listen to their beautiful concert and help us support our community and all the talented residents we have here.

If there are any other activities, events, crafts, outings or anything you'd like to see in the future with the warmer season coming up, please let Becca know and she will try to schedule what you want to see on your upcoming calendars! Hope you have a great June!!

Please check the June Life Enrichment Calendar for all other current scheduled events!! Thank you!

# SPECIAL DAYS IN JUNE:

**6 Father's Day Dinner:** **19 Juneteenth:**

Please sign up with front desk to pick your seating as there are two seating options, one at 4:30pm and the second at 6pm.

Juneteenth is a holiday commemorating the end of slavery in the United States. Also called Emancipation Day or Juneteenth Independence Day.

**15 Happy Father's Day!** **27 National Sunglasses Day:**

Happy Father's Day to all our father's here in our community at waltonwood! Thank you for all that you have done and continue to do for your kids!

Today we're having a social outside in honor of sunglasses day! We'll have a sweet treat and some fun activities to enjoy the sun! Don't forget to wear your glasses!



# EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends

Happy June! My favorite time of the year. I would like to continue to thank all for the wonderful compliments that we continue to receive. This season we will be able to plant and enjoy walks outdoors and so much more! Please be sure to continue to check in and out through accushield. We invite you to see our activities calendar for additional information planned for June. As always, we value your input survey feedback and suggestions.

It's a pleasure to be of service and please feel free to contact me with any questions that you may have at [Tiffany.tucker@singhmail.com](mailto:Tiffany.tucker@singhmail.com)

Warmly,  
Tiffany