



COOKING DEMONSTRATIONS

- 04

Cheese Garlic Bread at 10:30am
- 18

Making the Perfect Sandwich at 10:30
- 11

Strawberry Shortcake at 10:30
- 25

Lemon Poppyseed Muffins at 10:30am

LIFE ENRICHMENT CORNER: May Photo Album



RESIDENT BIRTHDAYS

- Alma S. 6/6
- Earl L. 6/10
- Jessi H. 6/22
- Chuck M. 6/29



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

04

CHERRY HILL CONNECT

JUNE 2025



UPCOMING EVENT HIGHLIGHT

June is blooming with excitement, and we can't wait to share what is in store!

We are kicking off the month with National Gardening Week (June 1<sup>st</sup>- June 7<sup>th</sup>). Join us on June 3<sup>rd</sup> for an **Outing to Schwarts Greenhouse**, where we will choose different herbs to plant in our sensory garden! Up next, on June 6<sup>th</sup>, we will be hosting a **Father's Day Dinner** to honor the incredible dads in our communities. Please RSVP to secure a table! Soon to follow, on June 13<sup>th</sup>, our own Independent Living residents will be hosting a summer **choir concert**. We will also take time to reflect and celebrate **Juneteenth**, a meaningful day that commemorates freedom and honors African American history and culture.

Finally, we are closing out the month with a magical day of summer fun at our annual **Camp Waltonwood - The Happiest Camp on Earth!** This year's theme is Disney and we are bringing enchantment to life with many fun filled events - featuring Tiana's Cafe, Mulan's training course, Disney character face painting, karaoke sing-along, Rapunzel's Paper lantern craft, Finding Nemo game, and more! So, mark your calendars for June 28<sup>th</sup> and come wearing your best Disney character outfit to enjoy an afternoon full of laughter, nostalgia, and wonder! RSVP by June 20<sup>th</sup> to secure a spot.

Let the sunshine and celebrations begin!  
01



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COMMUNITY MANAGEMENT

Tiffany Tucker  
Executive Director

Kristal Wilson  
Business Office Manager

Joel Vassallo  
Culinary Services Manager

Jamaal Saleh  
Environmental Services Manager

Krystal Sidibe  
Independent Living Manager

Logan Winton  
IL Life Enrichment Manager

Rebecca Wilson  
AL Life Enrichment Manager

Mallory Bryant  
MC Life Enrichment Manager

Renee Ralsky  
Marketing Manager

Resident Care Manager

Tanya Hall  
MC Wellness Coordinator

Tumeka May  
AL Wellness Coordinator



# ASSOCIATE SPOTLIGHT

AL / MC Associate of the month

**Rickell**

This month we are thrilled to recognize Rickell from Resident care as our associate of the month! Rickell is always so kind towards everyone here, and she wears a bright smile on her face while greeting others. She does a wonderful job taking care of the residents here and we appreciate all that she does for them – Thank you for your outstanding contribution and all your positivity Rickell!

*If you have someone you would like to nominate, please see Mallory*



# JUNE OUTING OPPORTUNITIES



Come join us for our enriching outings!

- Tuesday, June 3<sup>rd</sup>: Schwarts Greenhouse at 1:30pm
- Thursday, June 5<sup>th</sup>: Scenic Drive and Games at 2pm
- Tuesday, June 10<sup>th</sup>: Plymouth Historical Museum at 1:30pm
- Thursday, June 12<sup>th</sup>: Father’s Day Lunch to Mission BBQ at 12pm
- Thursday, June 19<sup>th</sup>: Scenic Drive + Sweet Treat at 2pm

Please let Mallory know if you are interested in joining us on any of the outings!

# MAY HIGHLIGHTS

**05** Cinco De Mayo

To celebrate this day, we threw a fiesta that included salsa music, Mexican food and a pinata that everyone had a chance to try and break open!

**19** National Plant Something Day

Our garden club gathered on this day to plant an assortment of flowers for the courtyards! We reminisced about the flower and herb gardens everyone had in their earlier years.

**13** Outing to the Detroit Institute of Art

On this day, we had the opportunity to visit one of the best art museums in the area! We admired the one-of-a-kind sculptures, paintings and historical artifacts.

**30** Family Day: Hoedown BBQ

Family and residents gathered on this day to have a boot scootin’ time! We danced, had wonderful BBQ and enjoyed great company while listening to toe tapping music!



# JUNE SPECIAL EVENTS

**03** Outing: Schwarts Greenhouse

Join us on an outing to the Schwarts Greenhouse where we will admire the beautiful flowers and pick out different herbs to plant in our garden.

**12** Father’s Day Luncheon

To celebrate our wonderful fathers, we are taking a lunch outing to Misson BBQ. Please let Mallory know if you would like to join.



**16** IL Choir Concert

On this day, the Independent Living residents will be performing a summer concert in the Assisted living dining room.

**28** Camp Waltonwood

Its that time of year again! Please join us for a magical day filled with all things Disney! Mark your calendar for our big Camp Waltonwood event!



# FOREVER FIT: Proper Posture

A common concern for many seniors is age related changes in posture that many older individuals often experience. While bone loss, disk shrinkage and muscle loss are all common causes for changes in stature, small changes can help improve and, in some cases, reverse the effects of unwanted postural changes. If you’re one of the many seniors currently experiencing an age-related symptom related to improper posture keep these tips in mind to improve the way you move and feel. 1.Regular exercise with a focus on core strength including the abdominal, low back, hip and pelvic muscles can greatly improve postural health 2. Talk to your doctor about calcium and vitamin D supplementation to help with bone health 3. Practice better postural habits throughout the day. If you use a walking be sure it’s set to the correct height to minimize hunching. If you sit for longs periods, get up regularly and take breaks. A more mindful approach can dramatically help your overall health.

# EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends

Happy June! My favorite time of the year. I would like to continue to thank all for the wonderful compliments that we continue to receive. This season we will be able to plant and enjoy walks outdoors and so much more! Please be sure to continue to check in and out through accushield. We invite you to see our activities calendar for additional information planned for June. As always, we value your input survey feedback and suggestions. It's a pleasure to be of service and please feel free to contact me with any questions that you may have atTiffany.tucker@singhmail.com

03 Warmly, Tiffany