

Activities Updates

As they say June is busting is out all over and here at Vernon Terrace it's no different. We have a lot of fun events planned!

- This Tuesday we are going to the Ebenezer Art show at the Corporate office. There were 25 works of art chosen out of 90 submissions from residents of Ebenezer facilities! Our own Charlie D. will have one of his drawings featured. The van departs for the show at 1:00pm Tuesday June 3rd.
- Thursday, June 5th the van will depart at 1:00 pm for a guided tour of the Normandale Japanese Gardens. The garden consists of more than 300 plants and shrubs and is on the list of one of the best gardens in the country!
- Everyone is invited to our Garden Party Wednesday June 11th, 4-6pm. There will be food, drink and entertainment by Brad Carlin and Susan Thompson on the back patio.
- All men are invited to a men's barbecue Friday, June 13th at 12:00pm as we celebrate the men of Vernon Terrace with hamburgers and brats and fun on the patio.
- Everyone is invited for a summertime favorite, black cows (root beer floats), Friday June 13th at 3:15pm in the Fireside Room.
- We have a few lunches out planned this month! Thursday June 12th at 12:00 pm we'll be going to the Block. Tuesday June 17th we'll be at the Longfellow Grill and Tuesday June 24th at Lord Fletcher's on Lake Minnetonka. Both leaving at 11:30 am.
- On Wednesday June 17th, a woodwind quintet consisting of a flute, oboe, clarinet, horn and bassoon will be performing in the lobby at 2:00 pm followed by the monthly birthday party.

Activities Updates cont.

- Dr. Marc Jaros, a professor of music at Normandale Community College will be here to educate us on a piece of music and its composer. Everyone is invited to join this discussion Wednesday June 18th at 2:00 pm in the Exercise Room.
- Dairy Queen will be here for Blizzard Bingo! They will provide the bingo cards and prizes including coupons for Dairy Queen! Come and win some "special treats"!
- The van will be heading to the U of MN Landscape Arboretum departing at 1:00 pm. On May 20th You'll have a chance to see the beautiful annual gardens with their "citrus" theme!
- We'll be going for a drive around the city lakes and stopping for ice cream Friday June 27th departing at 1:00pm.
- Everyone is encouraged to sign up early if you are interested in attending Beethoven and Brahms at MN Orchestra Hall Wednesday July 10th with departure. Cost is \$30. We do need 10 people in order for the cost to stay at \$30.

Activated Insights June Events

Monday June 16th 3:00-5:00 pm

Ice Cream Bars

Friday June 20th 10:00-11:30am

Donuts

Wednesday June 25th 1:30-3:15pm

Popcorn



VERNON View

MONTHLY NEWSLETTER
VERNON TERRACE OF EDINA

June 2025



We celebrated all of the wonderful women of Vernon Terrace at our Women's Tea May 9th!

Chef Nick and his staff prepared shrimp cocktail, finger sandwiches and chocolate covered strawberries which was enjoyed by all!



Activated Insights Survey Coming Soon

In a changing world, it is important to hear directly from our residents and family members as to what is going well and what areas they would like us to work on improving. We are excited to announce this year's Resident and Family Satisfaction Survey beginning June 16th and running through July 15th.

Minnesota Department of Health requires assisted living communities to survey their residents and the families on an annual bases for feedback on the services offered in their community. Ebenezer contracts with Activated Insights to conduct customer surveys for all of their communities at the same time each year. Our goal is to hear from every resident and up to two contacts for those receiving services. Activated Insights will email an invitation providing a special link to the survey and letters to those we did not. This link will be unique to you. If residents do not have an email, we will have the ability to access their codes. We are hosting at least four dedicated events between June 16th and July 15th, 2025, inviting residents and family members to attend so we can assist them in accessing and completing the survey. They are Monday June 16th 3:00-5:00, Friday June 20th 10:00-11:30am Wednesday June 25th 1:30-3:15 and Monday July 7th 2-4 pm. Please plan to attend one or all of these events.

Our goal is to exceed last year's 87% response rate. Please complete as soon as possible so we won't have to call and remind you to complete. This survey also provides an opportunity for Vernon Terrace to be recognized, based on your feedback, as part of the U.S. News Best Senior Living Program. The survey is quick and easy-taking 10-15 minutes to complete. Your feedback is kept confidential, we can only see if you have or have not completed the survey. It covers topics such as culinary, maintenance, clinical, activities, billing, etc. We hope we can count on you to assist us in exceeding our goal of 87% response rate. If you have any questions, please reach out to us.



June Birthdays

6/4 Derek O #422
6/8 Connie F.#212
6/8 Shirley G. #421
6/8 Justine V. #229
6/9 Norma C. #113
6/11 Sharon M. #208
6/14 Jean B. #510
6/18 # Bill C. #117
6/21 Gene B. #414
6/24 Don H. #219
6/25 Marjorie H. # 217
6/28 Gretchen C. #217

In Memory

Richard H. #502
Jean S. #501
Mary K. # 205
Marie K #12
George B.#1

Welcome New Residents

Judy F. #222
Alice R. #407
Art J. #408
Mary H. #426

Welcome New Employees

Jacob C-Culinary Server
Taylen F.-Culinary Server
Rohnda J.-Culinary Server
Saada-Resident Assistant
Seray-Resident Assistant

Resident Spotlight



Steve and Laurie have lived here for over 10 years! They were married this past weekend.

Laurie grew up in Edina. She works at Jerry's a few days a week dusting and putting things back on shelves. She enjoys calling bingo with Steve here on Firiday nights. In her spare time, she likes to knit.

Steve was born in Joplin Missouri . His family moved to Hawaii when he was young and lived there until he was 21. Steve works in the café area of Jerry's. He also likes to call bingo. He enjoys the outings here especially out to lunch. In his spare time, he likes to follow the Twins and Vikings and shopping;.

Steve and Laurie met through a mutual friend. They were married this last Saturday and had their reception here at Vernon Terrace. They want to thank everyone who came to their reception. They appreciate all of the well wishes that they have received!

Meet Christina Sturgis, the new DHS



Hello! I'm Christina and I'm the new Director of Health Services! I have been a nurse since 2009 with a career focused on homecare, hospice and assisted living.

I am originally from the Iron Range and moved to Otsego in 2022 to be closer to family, continuing to work in assisted living. I am a proud mom to four grown children and Nonna to five grand children and two grand doggies.

In my free time I enjoy spending time with my family, relaxing at our cabin up north and reading. I also love to travel and try to visit at least one new country each year.

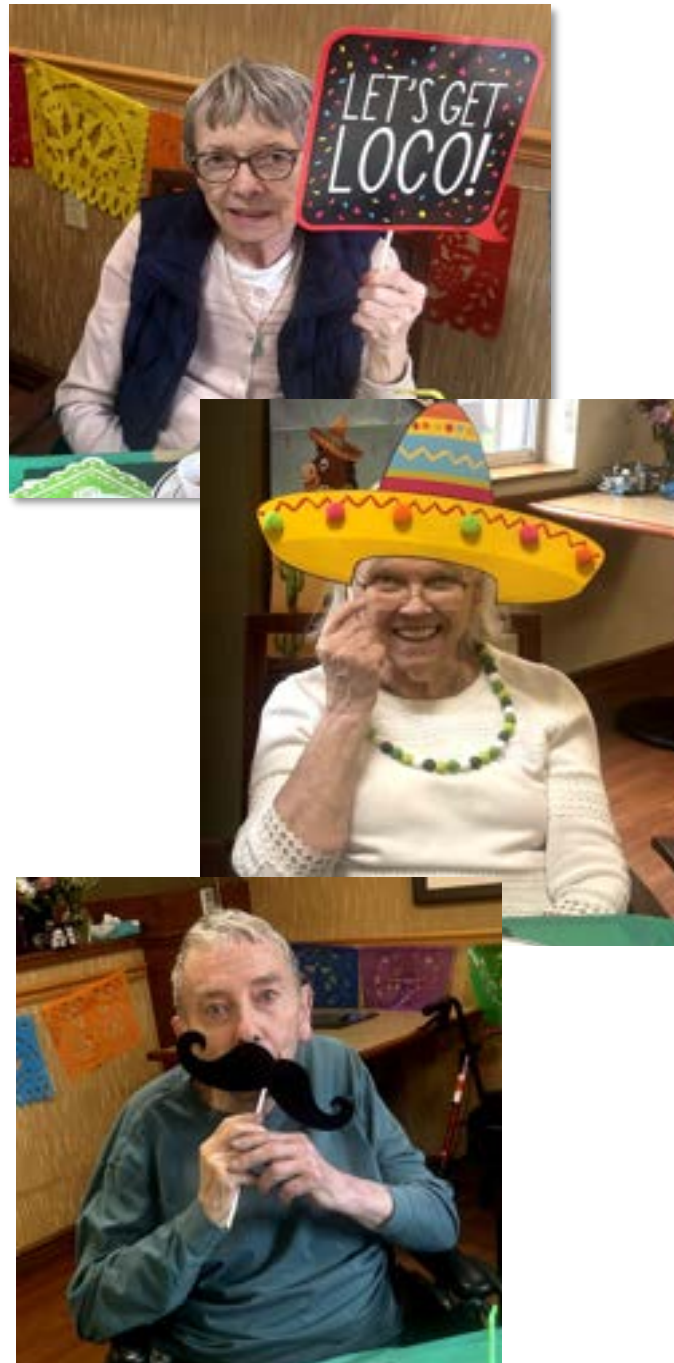


Front Entry Door

When exiting through the front door, please be sure to hit the button instead of push on the door. When hitting the button, the door will remain open longer to ensure everyone can get through. Thank you!

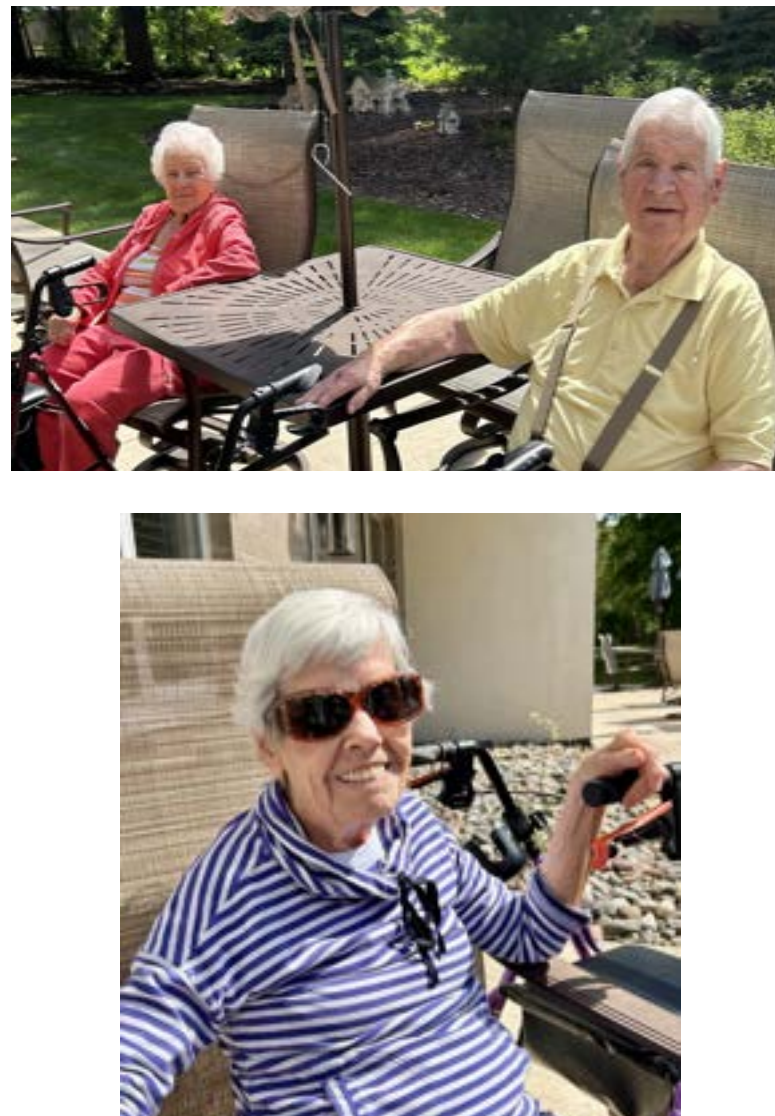
Cinco De Mayo

We had a festive time celebrating Cinco de Mayo at The Willows! Residents enjoyed colorful decorations, tasty snacks, and plenty of laughter. A highlight of the day was playing “Pin the Tail on the Donkey,” which brought out everyone’s playful side and some impressive aim!



Enjoying the Sun

The Willows residents love spending time outdoors whenever the weather allows! Did you know that even a short time outside can offer big benefits? Fresh air and natural light help boost mood, reduce stress, and improve focus. For individuals living with dementia, time spent outdoors can also support better sleep, lower agitation, and promote a greater sense of calm and well-being. It's a simple but powerful way to enhance quality of life.



The Willows Outings

Last month, our residents enjoyed a delightful outing to Dairy Queen, where the sundaes were definitely a hit! It was a sweet way to welcome the warmer weather and spend time together outside the community. Looking ahead, we're excited about our upcoming fishing trip to Lake Rylie in June! It's sure to be a fun-filled day of relaxation, fresh air, and maybe even a few fish tales. How many do you think we'll catch? Stay tuned for the highlights in next month's newsletter!



June 2025

Upcoming Event: Continuing Care For Self and Others by Ted Bowman

To bring our better selves to others requires care for self. Embracing this perspective is a win-win for all. In this practical session, attention to one's attitude and actions will be addressed, especially when facing medical conditions, life changes, death of friends, and uncertainty about the future. When done well, the quality of creative care is enhanced.

Leader/facilitator of a Caregiver Group for over 14 years, Ted Bowman will draw on years of experience as a grief educator. He also knows caregiving as he and his brothers cared for their mom as she faced and lived for years with dementia.

Tuesday, June 24th
4:00-5:00 PM

Please RSVP to Karen Swain
952-358-6123 or karen.swain@fairview.org