Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Sing Along- LB 1:30 Movie Matinee-ER	2 8-12VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 11:15 This Week in History-AR 1:00 500-AR 1:00 Rummikub-AR 2:00 Group Crossword-ER 3:15 You be the Judge-ER 6:30 Dice Games-AR	9:30 Shopping at Grandview 3 and Jerry's Foods Area 10:00 Exercise with Sonja-ER 11:15What do you know about America's First spacewalk and other space exploration milestones? -AR 1:00 Van departs for Ebenezer Art Show 3:15 Cookies-FR 6:30 Bridge (signup needed)-AR	8-12 VT Bus to Med/Dental 4 10:00 Exercise w/L2BH-ER 11:15 what do you know about horses?-AR 1:15 Catholic Communion-ER 2:00 Food Committee-AR 3:15 Treat Bingo-AR 7:00 Resident Advisory Council Meeting-DR	9:30 Van Departs for Cub 5 Foods, Target & trader Joe's 10:00 Exercise with Sonja-ER 11:30 Worship with Chaplain Justin-ER 1:00 Van departs for Tour of Normandale Japanese Gardens 2:00 Bible Study with Chaplain Justin-AR 3:15 Sharing best practices with Ambassadors-AR 7:00 Movie-FR	6 10:00 Exercise w/L2BH-ER 10:30 Shopping at Grandview, Jerry's Foods area & Edina Library 11:15 Remembering D Day-AR 1:00 Mahjong-AR 2:00 Creative Corner AR 3:15 Popcorn-FR 6:30 Bingo - AR	7 10:00 Cribbage-AR 12:45 Bridge (sign up needed)-AR 1:30 Movie Matinee-FR
8 1:30 Movie Matinee-ER	9 8-12VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 11:15 This Week in History-AR 1:00 500-AR 1:00 Rummikub-AR 2:00 Group Crossword-ER 3:15 What did they invent? ER 6:30 Game Night-AR	10 9:30 Shopping at Grandview and Jerry's Foods Area 10:00 Exercise with Sonja-ER 11:15What do you know about the YMCA-fun facts and history? -AR 2:00 Monthly Resident Meeting-DR 3:00 Ice Cream Flavor of the Month-FR 6:30 Bridge (signup needed)-AR	11 8-12 VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 10:00 2nd Floor Coffee- AR 11:15 What do you know about the history and fun facts about little league?-AR 1:15 Catholic Communion-ER 4-6 Garden Party-Back Patio 7:00 Movie- FR	9:30Van Departs for Dollar Tree, Aldis, Target, TJ Maxx and Kohl's 10:00 Exercise with Sonja-ER 11:30 Worship with Chaplain Justin-ER 12:00 Van departs for The Block 2:00 Bible Study with Chaplain Justin -AR 3:15 Activity & Outing planning meeting-AR 7:00 Movie-FR	13 10:00 Exercise w/L2BH-ER 10:30 Shopping at Grandview, Jerry's Foods area & Edina Library 12:00 Men's Barbecue-Patio 1:00 Mahjong-AR 2:00 Flag day trivia and history of the star spangled Banner-AR 3:15 Black Cows (Rootbeer Floats)-FR 6:30 Bingo - AR	Flag Day1410:00 Cribbage-AR 11:00 Arm chair Travel-ER12:45 Bridge (sign up needed)- AR 1:15 Balloon Ball 1:30 Movie Matinee-ER
Father's Day 15 11:00 Sing Along-LB 1:30 Movie Matinee-ER	16 8-12VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 11:15 This Week in history-AR 1:00 500-AR 1:00 Rummikub-AR 2:00 Group Crossword-ER 3:00-5:00 Ice Cream Bars (Activated Insights Survey) 6:30 Dice Games-AR	9:30 Shopping at Grandview and Jerry's Foods Area 10:00 Exercise with Sonja-ER 10:00 Bible Study with Christ Presbyterian-AR 11:15 What do you know about the origins of track and field?-AR 11:30Van Departs for lunch at Longfellow Grill 2:00 Woodwind quintet performs-LB 3:00 June Birthday Party-AR 6:30 Bridge (signup needed)-AR	18 8-12 VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 11:00 Blood Pressure Checks -AR 11:15 Creative Corner- AR 1:15 Catholic Communion-ER 2:00 Music Appreciation with Dr. Marc Jaros-ER 3:15 Dairy Queen Blizzard Bingo!-AR 7:00 Movie-FR	Juneteenth 19 9:30 Van Departs for Cub Foods, Target & trader Joe's 10:00 Exercise with Sonja-ER 11:30 Worship with Chaplain Justin-ER 2:00 Bible Study with Chaplain Justin -AR 3:15 Poetry Day-Bring your favorite poem-AR 7: 00 Movie- FR	First Day Of Summer 20 10:00 Exercise w/L2BH-ER 10:00-11:30 Donuts (Activated Insights Survey) 10:30 Shopping at Grandview, Jerry's Foods area & Edina Library 1:00 Mahjong-AR 1:00 Van Departs for the U of MN Landscape Arboretum 2:00 Craft Group-AR 3:15 Cookies-FR 6:30 Bingo - AR	21 10:00 Cribbage-AR 12:45 Bridge (sign up needed)-AR 1:30 Movie Matinee-FR
22 1:30 Movie Matinee-ER	23 8-12VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 11:15 This week in history- AR 1:00 500-AR 1:00 Rummikub-AR 3:15 Group Crossword-ER 6:30 Game Night-AR	9:30 Shopping at Grandview and Jerry's Foods Area 10:00 Exercise with Sonja – ER 11:15 What do you know about St. Jean the Baptiste-AR 11:30Van Departs for Lunch at Lord Fletcher's 2:00 Book Club-AR 3:15 Chef Demo-AR 4:00 Care Partners Support Group speaker-Ted Bowman 6:30 Bridge (signup needed)-AR	8-12 VT Bus to Med/Dental 25 10:00 Exercise w/L2BH-ER 11:15 What do you know about influential nature photographers 1:15 Catholic Communion-ER 1:30-3:15 Popcorn (Activated Insights Survey) 3:15 Treat Bingo-AR 6:30 Evening Sing Along with Kelly-LB 7:00 Movie-FR	9:30 Van Departs for Dollar Tree, Aldis, Target, TJ Maxx and Kohl's 10:00 Exercise with Sonja-ER 11:30 Worship with Chaplain Justin-ER 2:00 Bible Study with Chaplain Justin -AR 3:00 Needlecrafter's Group-AR	27 10:00 Exercise w/L2BH-ER 10:30 Shopping at Grandview, Jerry's Foods area & Edina Library 11:15 What do you know about Helen Keller ?-AR 1:00 Mahjong-AR 1:00 Van departs for drive around lakes and ice cream 3:15 Popcorn-FR 6:30 Bingo - AR	28 10:00 Cribbage-AR 11:00 Arm chair Travel-ER 12:45 Bridge (sign up needed)-AR 1:15 Balloon Ball 1:30 Movie Matinee-FR
29 1:30 Movie Matinee-FR 11:00 Sing Along- LB	8-12VT Bus to Med/Dental 30 10:00 Exercise w/L2BH-ERd 11:15 This Week in history-AR 1:00 500-AR 1:00 Rummikub-AR 2:00 Group Crossword-ER 3:15 You Be the Judge-AR 6:30 Dice Games-AR	2025		Coffee Available 7am—4pm Everyday FR—Fireside Room LB—Lobby AR—Activity Room ER—Exercise Room DR—Dining Room	FRONT DESK HOURS 8:00am to 8:00 pm Monday–Friday 8:00 am to 5:00 pm Saturday & Sunday	

U of MN Landscape

Arboretum

Everyone is invited to check out the beautiful gardens and see what is blooming now. You can check out the gift shop if that is what you would like to do as well.

> Friday June 20th Departure: 1:00 pm Sign up by Thursday, June 19th

Lunch at Lord Fletcher's

Everyone is invited to lunch at this popular Lake Minnetonka Restaurant featuring salads, wraps, sandwiches and burgers. Tuesday June 24th Departure: 11:30am Sign up by Monday, June 23rd

Drive Around the City Lakes and Stop for lce cream

Everyone is invited for a scenic drive around the city lakes with a stop for ice cream! Come and see the sights of summer! Friday June 27th Departure: 1:00 pm Sign up by Thurs. June 26th

MN Orchestra Concert **Beethoven And Brahms**

Everyone is invited to this concert featuring violin playing Brahm's second symphonyat Orchestra Hall Thursday July 10th Departure: 10:00 am Cost \$30 Checks made payable to Vernon Terrace Sign up by Wed. July 9th

Bible Study with Faith Presbyterian

Our volunteers, Barb and James, from Christ Presbyterian will be here for this monthly time of fellowship and study. **Tuesday June 17th** Time: 10:00am Activity Room

Woodwind Quintet Performs

Everyone is invited to hear this Woodwind guintet which consists of a flute, oboe, clarinet, horn and bassoon. Come and enjoy these musicians as they perform a variety of musical selections. **Tuesday June 17th** Time: 2:00pm Lobby

Birthday Party

Everyone is invited to celebrate our residents with June birthdays Come for cake, coffee and conversation after the entertainment! **Tuesday June 17th** Time: 3:00pm Activity Room

Blood Pressure Check

Come down for this free monthly check by our staff. Wednesday June 18th Time: 11:00am Activity Room

Creative Corner

Everyone is invited to this new program based on the Time Slips concept. Come and write a story based on a picture. There is an option to do it as a group as well. Friday June 6th Time: 2:00 pm AR Wednesday June 18th Time: 11:15 am Activity Room

Music Appreciation with Dr. Marc Jaros

Dr. Marc Jaros, professor of music and choral conductor at Normandale Community College will be returning. He will educate us about another piece of music. After listening to the piece, he will talk about it and the composer. Everyone is invited! Wednesday June 18th Time: 2:00 pm Exercise Room

Dairy Queen Blizzard Bingo

Everyone is invited to this Dairy Queen sponsored Blizzard Bingo! They will provide the cards and prizes including coupons for Dairy Queen! Come and try your luck to win a special treat! Wednesday June 18th

Time: 3:15 pm Activity Room

Poetry Day

Come and celebrate poetry day by bringing your favorite poem and sharing it with the group. If you don't have a favorite, there will be poems to choose from. You can also just sit and listen if you prefer! **Thursday June 19th** Time: 3:15pm Activity Room

Book Club

Our volunteer, Marybeth, a former college librarian, will be here to lead the discussion of the book. The book is available in the Activity Room after the May meeting. Even if you haven't read the book, you are invited to come. **Tuesday June 24th** Time: 2:00 pm Activity Room

Chef Demo

Everyone is invited to join Chef Nick as he shows you some fun techniques and information about a certain food and the preparation of it! Samples provided! **Tuesday June 24th** Time: 2:00 pm Activity Room

Evening Sing Along with Kelly

Everyone is invited to come to this sing along after dinner. You are welcome to sing or just come and listen to the music. Enjoy some of your old time favorites. Wednesday June 25th Time:6:30 Lobby

Needle Crafter's Group

Everyone is invited to bring any hand craft including knitting, crocheting, needlepoint, or anything artistic. Join our Outreach and Sales Director, Karen, for creating and conversing. **Thursday June 26th** Time: 3:00 pm Activity Room



Ebenezer Art Show Everyone is invited to

attend this resident art show featuring art by residents of Ebenezer facilities including our own Charlie D! 25 artworks were selected from 90 submissions! **Tuesday June 3rd** Departure: 1:00 pm Sign up by Mon. June 2nd

Tour the Normandale Japanese Gardens

Everyone is invited to take a guided group tour of these gardens at Normandale College. There are more then 300 plants, shrubs and trees as well as colorful koi to see in these beautiful gardens. **Thursday June 5th** Departure: 1:00 pm Sign up by Wed. June 4th

Lunch at the Block

Everyone is invited to eat at this St Louis Park Restaurant which serves sandwiches, broasted chicken and also has lunch specials! **Thursday June 12** Departure: 12:00 pm Sign up by Wed, June 11th

Lunch at Longfellow Grill

Everyone is invited to this Mpls Restaurant that "serves comfort food with a twist." Breakfast and Lunch entrees are available including sandwiches, eggs and pasta **Tuesday June 17th** Departure: 11:30 am Sign up by Monday June 16th

Food Committee

All are invited to come and give their input to Chef Nick about the food and also hear what's upcoming in the Dining Room. Wednesday June 4th Time:2:00pm Activity Room

Resident Advisorv Council

Everyone is encouraged to attend the annual meeting of the Advisory Council to elect officers . Wednesday June 4th Time:7:00pm Activity Room

Ecumenical Church Service with

Chaplain Justin Landsdowne All are invited to come and join Chaplain, Justin, for his weekly service. Thursdays in June Time:11:30am Exercise Room

Bible Study with Chaplain Justin

All are invited to come to a Bible study led by our chaplain. He will be delving into the Biblical text that was used for the 11:30 am service. Thursdays in June Time:2:00 pm Activity Room

Sharing Best Practices with **Resident Ambassadors**

An Ambassador is a person who welcomes new residents and shares our community with prospective residents. This will be a time for current ambassadors to share what works for them and introduce new ambassadors to the program. Everyone is welcome! **Thursday June 5th** Time: 3:15 pm Activity Room

Monthly Resident Meeting

All are invited to this monthly meeting led by our Executive Director Vicki Tobroxen. Come and learn what is new in the community as well as upcoming events. Updates from all of the departments will be given. **Tuesday June 10th** Time: 2:00 pm Dining Room

Ice Cream Flavor of the Month

Everyone is invited to come and have a dish of a special flavor of ice cream. Tuesday, June 10th Time: 3:00 pm Fireside Room

2nd Floor Coffee

All 2nd floor residents are welcome to come for a pastry and coffee and to get to know their neighbors better. Wednesday, June 11th Time: 10:00 am Activity Room

Garden Party

Everyone is invited to this annual summer event to enjoy our back gardens. There will be food, drink and entertainment by Brad Carlin and Susan Thompson. Come and enjoy this beautiful back drop for a party! Wednesday, June 11th Time: 4:00-6:00 pm Back Gardens

Activity & Outing Planning Meeting

Everyone is welcome to come with your ideas and give input to the outings and activities for the June calendar. **Thursday June 12th** Time: 3:15 pm Activity Room

Men's Barbecue

All men are invited to a barbecue on the back patio. Chef Nick will be grilling hamburgers and brats. It will be a good time for the men to get to know each other! Fridav June 13th Time: 12:00 pm Back Patio

Black Cows

Everyone is invited to come down for a "sip of summer", a black cow or also known as a root beer float! Come down and enjoy a float and some conversation! Friday June 13th Time: 3:15pm Fireside Room

Sunday Sing Along with Kelly

Everyone is invited to join Kelly, our Life Enrichment Assistant, as she plays the guitar and leads a sing along of some of the old time favorite songs. Sundays June 15th and 29th Time: 11:00am Lobby