



MAY ANNOUNCEMENTS

Community Mother's Day dinner



Celebrate Mother's Day with Us!

Join us on May 7th for a special Mother's Day Dinner. We warmly invite all residents and their families to come together for an evening of good food, love, and celebration.

Memory Care seating begins at 4:00 PM. Please RSVP by calling 984-232-0528 — you may leave a voicemail if needed. Tickets are \$25.00 per person, and all reservations must be submitted by May 3, 2025.

We can't wait to celebrate this special day with you!



Fiona M.
5/13

Dan B.
5/18

Tom K.
Phil R.
5/25



\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FAMILY & FRIENDS REFERRAL PROGRAM!

LAKE BOONE CONNECT

MAY 2025



SINGH

3550 Horton St, Raleigh, NC 27607
www.waltonwood.com | 919-569-5444

Hello May!



A Month of New Life and Blossoms

Dear Residents, Families, and Friends,

The month of May carries rich meaning across history, culture, and symbolism. Named after Maia, the Roman goddess of growth and fertility, May is traditionally associated with warmth, new life, and the blossoming of nature.

Symbolically, it represents renewal, hope, youthfulness, and growth, as the world bursts into full bloom and longer, sunnier days inspire a sense of energy and possibility. Culturally, May is celebrated with traditions like May Day, honoring spring or labor rights, and Mother's Day, recognizing nurturing and care. Spiritually, May is often seen as a time of awakening, love, and abundance—a season to nurture intentions and watch them flourish.

COMMUNITY MANAGEMENT

Jared Dicks
Assistant Executive Director

Mark Alexander
Independent Living Manager

Yvette Evita-Gunter
Business Office Manager

Andre' Vaughn
Environmental Services
Manager

Ben Hollinger
Culinary Services Manager

Niya Stafford-Hooks
Valencia Smith
Marketing Managers

Christina Ryerson
Independent Living Life
Enrichment Manager

Taylor Rountree
Memory Care Life
Enrichment
Manager

ASSOCIATE SPOTLIGHT:

Keasha Johnson

Since joining Waltonwood in March 2019 and helping open the community, I've brought my lifelong passion for healthcare to everything I do. Born in Newark, NJ, I'm a proud mom of two daughters—one about to graduate from Winston-Salem State University with a degree in Healthcare Management, and the other pursuing a career as an Ultrasound Technician. My career began in the hospital setting and has included roles such as recruiter for Maxim Healthcare, where I opened the Wilmington, DE office, and a Med Tech at Brookdale Senior Living. I moved to Wilmington, NC, to care for my mother-in-law after her stroke, putting nursing school on hold to be there for family—a choice I'll always treasure. These days, I find joy in Sunday dinners with my daughters, filled with love and laughter. And I still say—it's never too late to go back for my RN.



APRIL HIGHLIGHTS



FOREVER FIT: FOCUS ON FITNESS

National Senior Health and Fitness Day

On Wednesday May 28th join Waltonwood as we celebrate the 32nd annual National Senior Health and Fitness Day. The yearly celebration highlights the impact that staying active and fit can have on our overall health and wellness as we age. Mirroring the principles of the Waltonwood Forever Fit Program, National Senior Health and Fitness Day promotes the benefits of regular exercise by finding creative ways to incorporate fitness into your daily routine. Whether you're already an avid exerciser or someone new to fitness who's looking to feel their best, NSHFD is the perfect opportunity to get involved with your communities Forever Fit Program.

Memorial Day - May 26, 2025

Memorial Day is a U.S. federal holiday dedicated to honoring and remembering military personnel who died while serving in the United States Armed Forces. It's observed on the last Monday of May each year.

Originally known as Decoration Day, it began after the Civil War as a way to commemorate Union soldiers who had died. Over time, it evolved to honor all Americans who have died in military service.



MAY SPECIAL EVENTS

- 9 Mother's Day brunch
- 16 National Mimosa Day
- 22 Memorial Day craft
- 29 Homemade Trail Mix



EXECUTIVE DIRECTOR CORNER

Dear Residents and Families,

May is a month of growth, celebration, and sunshine—a time when the world feels full of possibility. In our community, it's a wonderful reminder of the joy we find in each other's company and the strength we build together. I'm continually inspired by the kindness, resilience, and warmth that fill our halls. Here's to new adventures, lasting friendships, and the beautiful days ahead.