

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>May 2025</div> 						
<b>** Check the wall calendars for schedule changes 😊</b>	<b>**Make sure to check the <u>NEW SHOPPING LIST DAY AND SCHEDULE</u> Thank you 😊</b>			<div>1</div> 10:00 <del>Golden Girls</del> 10:30 Music & Puzzles 2:00 <del>Bingo</del> 3:00 <u>Trivia Masters</u>	<div>2</div> 10:00 Resident Shopping # 1 1:30 Funky Friday Music 3:30 <i>Social Hour</i>	<div>3</div> Independent Activities Residents Choice Puzzles/Coloring Television Activity Table
<div>4</div> 10:00 Puzzles 11:30 Bored Board 1:30 Activity Table 3:00 <u>Music w/ Mike &amp; Kathleen</u>	<div>5</div> 10:00 Puzzles/Coloring 10:30 <u>Charades!</u> 1:30 Movie & Popcorn 3:00 Music Appreciation	<div>6</div> 10:00 Sit and Be Fit 10:30 Music and Puzzles 2:00 <del>Bingo</del> 3:00 Penny Ante	<div>7</div> <u>10:00 WISE GUY'S CLUB WITH LAVELLE</u> 11:00 Shopping Lists 2:00 Nerf Target Shooting 3:00 Card Games	<div>8</div> 10:00 Morning Stretch 10:30 <i>Pictionary</i> 1:15 <b><u>RESIDENT COUNCIL</u></b> 2:00 <del>Bingo</del> 3:00 Music & Puzzles	<div>9</div> 10:00 Resident Shopping # 2 2:00 <del>Funky Friday Mother's Day Edition - Family Welcome!!!</del> 3:30 <i>Social Hour</i>	<div>10</div> Independent Activities Bored Board Residents Choice Puzzles/Coloring Television Activity Table
<div>11</div> 10:00 Puzzles 11:30 Bored Board 1:00 Coloring 2:00 <u>Okanogan Gospel Singers</u> <b>HAPPY MOTHER'S DAY 😊</b>	<div>12</div> 10:00 Puzzles/Coloring 10:30 <b>TRIVIA</b> 1:30 Movie & Popcorn 3:00 Music Appreciation <b>NURSING HOME WEEK</b>	<div>13</div> 10:00 Chair Dancing 10:30 <b>Wally's Barber Shoppe</b> 11:00 Coloring & Puzzles 2:00 <del>Bingo</del> 3:00 Vantage Card Game	<div>14</div> 10:00 Music & Coloring 11:00 Shopping Lists 2:00 <i>Paint Party</i> 3:00 Music & Coloring	<div>15</div> 10:00 <del>Golden Girls</del> 10:30 Music & Coloring 2:00 <del>Bingo</del> 3:00 Penny Ante	<div>16</div> 10:00 Resident Shopping # 3 1:30 <i>Funky Friday Music</i> 4:00 <i>Social Hour</i> <b>NHW Ends 😞</b>	<div>17</div> Independent Activities Bored Board Residents Choice Puzzles/Coloring Television Activity Table
<div>18</div> 10:00 Puzzles 11:30 Bored Board 1:00 Independent Activities 3:00 <i>Christina &amp; Michael Oliver : Flute &amp; Scripture</i>	<div>19</div> 10:00 Puzzles/Coloring 10:30 <u>Checkers</u> 1:30 Movie & Popcorn 3:00 Music Appreciation	<div>20</div> 10:00 Sit and Be Fit 10:30 Coloring & Puzzles 2:00 <del>Bingo</del> 3:00 <b>Yahtzee</b>	<div>21</div> <u>10:00 WISE GUY'S CLUB WITH LAVELLE</u> 11:00 Shopping Lists 2:00 Bean Bag Toss w/ Twister 3:00 Music & Puzzles	<div>22</div> 10:00 Morning Stretch 10:30 <b>ACTIVITY PLANNING</b> 2:00 <del>Bingo</del> 3:00 <i>Shoot the Breeze</i>	<div>23</div> 10:00 Resident Shopping #4 1:30 Funky Friday Music 4:00 <i>Social Hour</i>	<div>24</div> Independent Activities Bored Board Residents Choice Puzzles/Coloring Television Activity Table

\*\*ANY CALENDAR CHANGES OR ADDITIONS WILL BE POSTED ON THE CALENDAR BOARDS.\*\*

# May 2025 Activities - Continued

25	26	27	28	29	30	31
Independent Activities Puzzles/Coloring Bored Board Activity Table Television Socials	10:00 Puzzles/Coloring 10:30 Phase 10 1:30 Movie & Popcorn 3:00 Music Appreciation	10:00 Tai Chi 10:30 Wally's Barber Shop 2:00 Bingo 3:00 Coffee Trivia	10:00 Music & Visiting 11:00 Shopping Lists 2:00 Reminiscing 3:00 Puzzles/Coloring	10:00 Golden Girls 10:30 Music & Puzzles 2:00 Bingo 3:00 Card Games	10:00 <u>Resident</u> <u>Shopping # 1</u> 11:00 Music w/ Mike & Kathleen 1:30 Funky Friday 3:30 Social Hour	Independent Activities Puzzles/Coloring Board Bored Activity Table Television Socials

Make sure to check the wall calendars daily for any schedule changes.

The Activity Table in the Activity Den has activities for Saturday and Sunday.

The Bored Board always has word games and activities.

Shopping Days have been updated - PLEASE check the calendar for your day.

# May 2025

## In the Columbia Day Room:

Also called the Pear Room, this room offers a big screen television, cards, and games (as requested). This room is often used for meetings, but is open to everyone.

## In the Activities Room:

A large room for arts and crafts, coloring, movies on a big screen television, lively music, puzzles, fun games and help with WIFI and electronic devices.

## In the Fireside Room:

This is a great place to meet and have a conversation with family and friends. There is room to start a game at the table and a large screen television for group viewing.

## The Courtyard:

**The Courtyard offers a safe outside place to enjoy the seasons, fresh air and nature. For those nice sunshine days to sit on the bench and read a book or visit with friends.**

### The Beauty Shop:

Wally's Barber Shop is available by appointment. Contact Jennifer in Activities. Every other Tuesday.

Hair Cuts: Men-\$20

Women-\$25, Wash, Dry & Set-\$25, Women's

Wash/Cut/Dry/Set \$50 and more!!!

## ~Meal Times~


BREAKFAST	<u>Service Starts</u> 7:30 am	<u>Service Ends</u> 8:30 am
LUNCH	<u>Service Starts</u> 11:30 am	<u>Service Ends</u> 12:30 pm
DINNER	<u>Service Starts</u> 4:30 pm	<u>Service Ends</u> 5:30 pm

Snacks are available 24 hours a Day

## WELCOME TO REGENCY OMAK Activities Calendar

WIFI: RPGuest Password: guest3326

Here is your Television Channel Line Up:

2	GUIDE CHANNEL	20	FREEFORM	38	TV LAND
3	COMMUNITY CHANNEL	21	HALLMARK MOVIES	39	TNT
4	ABC	22	AMC	40	USA
5	CBS	23	TURNER CLASSIC MOVIES	41	A&E
6	NBC	24	SUNDANCE	42	EWTN
7	FOX	25	NATIONAL GEOGRAPHIC	43	TBN
8	PBS	26	FX	44	BRAVO
9	CW	27	HALLMARK	45	COMEDY CENTRAL
10	ION	28	TRUTV	46	NICK AT NITE
11	INVESTIGATION DISCOVERY	29	FOX NEWS	47	DISCOVERY CHANNEL
12	AMERICAN HEROES	30	CNN	48	E!
13	RFD TV	31	MSNBC	49	ACCUWEATHER
14	FOX SPORTS 1	32	LIFETIME TELEVISION	<div>Brought to you by:</div> <div>Regency Omak Rehabilitation &amp; Nursing Center <small>A REGENCY PACIFIC COMMUNITY</small></div>	
15	PARAMOUNT	33	HGTV		
16	FETV	34	FOOD NETWORK		
17	INSP	35	SYFY		
18	ANIMAL PLANET	36	TBS		
19	HISTORY	37	TLC		

## Activities Always Available:

- ✧ TV & Movies
- ✧ Music
- ✧ Crosswords & Word Searches
- ✧ Books & Newspapers
- ✧ Puzzles
- ✧ Paper and Writing Materials
- ✧ Coloring pages

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