

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Medical Transport 9-11am Tuesdays and Thursdays	CPHM = Columbia Pacific Heritage Museum Ilwaco PSAC = Peninsula Senior Activity Center VF = Veteran's Field	LR = Living Room FH = Front Hall DR = Dining Room OF = Out Front OD = Overflow Dining Room Out of Facility		May Day 1 9:00 SAIL Exercise 10:00 Shopping 1:00 Cat Cuddling 3:00 Grief Counseling - PSAC 4:00 May Day Craft	Happy Birthday Kathie! 2 9:30 Chair Yoga 10:30 Brain Yoga 1:00 Brother and Sister Day Cards 2:00 Month Long Activity Bingo 3:30 Social Hour	National Herb Day 3 10:00 Chair Exercise 11:00 National Herb Day 1:00 National Garden Meditation Day 2:30 Library Crafternoon - TRL 4:00 Noodle Ball
	4 9:00 Weekend Craft Kits 10:00 Chair Exercise 11:00 Whiteboard games 1:00 Puzzle Time - LR 2:00 International Firefighters Day – Thank you cards	5 10:00 Chair Exercise 11:00 Cinco de Mayo Activity Packets 1:00 Monday Matinee - LR 3:00 Bible Study 4:00 Noodle Ball	6 9:00 National Nurses Day Cards 10:00 SAIL Exercise 1:00 Craft Time - Oil Pastels 2:00 Men's Club - DR 2:00 Women's Club	7 9:00 Chair Tai Chi 10:00 Shopping 1:00 Craft Time - Jellyfish 2:00 Bingo 3:30 Social Hour	8 Happy Birthday Betty B.! 9:00 Craft Time – Cat Toys 10:00 SAIL Exercise 11:00 Maritime Museum 1:00 Cat cuddling 3:00 Noodle Ball	9 Happy Birthday Marletta! 9:30 Chair Yoga 10:30 Brain Yoga 1:00 Craft time – Group Art 2:00 Gardening 3:30 Social Hour
	11 9:00 Mother's Day Craft Kits 10:00 Chair Exercise 11:00 National Women's Health Week 2:00 Puzzle Time - LR 3:00 Write a Loved One	12 10:00 Chair Exercise 11:00 Activity Packets 1:00 Monday Matinee - LR 3:00 Bible Study 4:00 Noodle Ball	13 Happy Birthday Jim! 9:00 Pet Therapy-Clementine 10:00 SAIL Exercise 1:00 Food Committee 2:00 Men's Club - DR 2:00 Women's Club	14 Happy Birthday Art! 9:00 Chair Tai Chi 10:00 Church 11:00 Craft Time – Ribbon Charm Bookmarks 1:00 Shopping 3:30 Social Hour	15 10:00 SAIL Exercise 11:00 Drawing – Negative Space 1:00 Cat cuddling 2 Men's Club 4:00 Bingo	16 9:30 Chair Yoga 10:30 Brain Yoga 1:00 Noodle Ball 2:00 Mental Health Awareness Month 3:30 Birthday Social
	18 10:00 Chair Exercise 11:00 Whiteboard games 1:00 Puzzle Time – LR 2:00 Board Games 3:00 Noodle Ball	19 9:00 Craft Kits 10:00 Chair Exercise 11:00 Activity Packets 1:00 Monday Matinee – LR 3:00 Bible Study	20 9:00 Pet Therapy-Clementine 10:00 SAIL Exercise 11:00 Bingo 2:00 Men's Club - DR 2:00 Women's Club	21 9:00 Chair Tai Chi 10:00 Shopping 1:00 Craft Time – Mixed Media Art 2:00 Gardening 3:30 Social Hour	22 9:00 Craft Time – Upcycle Group Art 10:00 SAIL Exercise 11:00 Drawing – Comics 1:00 Cat Cuddling 4:00 Game Time - Uno	23 Happy Birthday Dan! 9:30 Chair Yoga 10:30 Brain Yoga 1:00 Mobile Library 3:00 Noodle Ball 3:30 Social Hour
	25 9:00 Weekend Craft Kits 10:00 Chair Exercise 11:00 Whiteboard games 2:00 Puzzle Time - LR 3:00 Board Games	26 Memorial Day 10:00 Chair Exercise 11:00 Memorial Day Activity Packets 1:00 Monday Matinee - LR 3:00 Bible Study 4:00 Noodle Ball	27 9:00 Pet Therapy-Clementine 10:00 SAIL Exercise 1:00 Resident Council 2:00 Men's Club - DR 2:00 Women's Club	28 9:00 Chair Tai Chi 10:00 Church 11:00 Craft Time – Seashell Art 1:30-3 Meal in a Mug - PSAC 3:30 Social Hour	29 Happy Birthday Roy! 10:00 SAIL Exercise 11:00 Drawing - Zendoodle 1:00 Cat cuddling 2:00 Men's Club 3:00 Shopping	30 9:30 Chair Yoga 10:30 Brain Yoga 1:00 Bingo 2:00 Craft Time – Dragon Fly Art 3:00 Sip n Paint
						31 9:00 Craft Time – Felt Coasters 10:00 Chair Exercise 1:00 Music in the Park – VF 3:00 Game Time - Scrabble 4:00 Craft Time – Yarn Art

*Activities subject to change. Please check the activity room board for any changes.