



MAY BIRTHDAYS

MARY K. MAY 28TH
MARY S. MAY 31ST

ZODIAC:
GEMINI May 21st – June 20th

Birthstone – Emerald

Gemini, the third zodiac sign, is symbolized by the twins, Castor and Pollux and are known for having two different sides they can display to the world. Associated with communication, intellect, and adaptability, Geminis are known for their curious, quick-witted, and social nature, often described as the social butterflies of the zodiac. They love to talk, share information, and engage in conversations. They are known for their sharp minds and intellectual curiosity.



FRIENDS & FAMILY
REFERRAL PROGRAM

Celebrating MOM!



A Mom-entous Occasion Celebrated with great enthusiasm in the United States, Mother’s Day falls on Sunday, May 11. And why shouldn’t it be celebrated so enthusiastically? Where would we be without our mothers? The fact is we would not be at all. Anna Jarvis is known as the mother of Mother’s Day, for she so adored her mom that she campaigned for a holiday to celebrate all mothers. Jarvis herself never married nor had children, but this didn’t stop her from lobbying those in power to set aside a day to honor mothers. By 1911, almost every state in America was celebrating Mother’s Day, and on May 9, 1914, U.S. President Woodrow Wilson declared the second Sunday in May to be Mother’s Day. In the United Kingdom, a holiday honoring motherhood dates back much further than 1914. In the 1600s, the fourth Sunday of Lent was dedicated as Mothering Sunday. Church services were devoted to the Virgin Mary, and families were encouraged to attend services not at their local parish but to return to their larger “mother” church, or cathedral. Also, in a time when many servants worked in the homes of the rich away from their own families, these servants were allowed time to return home and visit their mothers. The tradition of Mothering Sunday largely died out in the 19th century, but when American servicemen flooded Europe during World War II—bringing their American Mother’s Day holiday with them—Mothering Sunday became popular once again. Whatever the month and whatever the country, many cultures have understood the importance of honoring motherhood. Whether you give the mothers in your life a carnation, a greeting card, or a special simnel cake loaded with fruit, what matters is thanking and honoring all mothers for the miraculous gift of birth.

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CARRIAGE PARK
CONNECT

MAY 2025



UPCOMING EVENTS

May is finally here! It’s nature’s way of saying “Let’s Party”. We are ready to get the party started and head out-doors for some much-needed sun and fun. The first of May kicks off with May Day and then on to The Running of the Roses. We will be donning our Derby Day Hats and drinking Mint Juleps while we watch the race. Also, on the 3rd of May our Mother’s Day Luncheon will be held at noon in the dining room. Cinco de Mayo on the 5th will have us enjoying Mexican music, games, treats, and of course Margaritas. Be sure to check your calendars for all the times and activities. Mother’s Day on May 11th brings a day of family, and many thanks for all that mother’s do. This month we will be going out to Red Robin for Lunch on the 14th since we were unable to do so last month. Our big trip out is May 28th to Stahl’s Museum. This is a not to be missed event so sign up early as seating on the bus is limited. This is a private tour set up strictly for our residents. Lastly, we celebrate Memorial Day with a service in the morning and activities and trivia throughout the day. Thank you to all our Veterans for the freedom we enjoy because of your service.



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Congratulations WWCP National Bowling Champs - Pinsetters

Congratulations go out to our assisted living bowling league, The Pinsetters, who took first place nationally in the Waltonwood Winter Bowling League. Also competing, our other league team, The Lucky Strikes, took 3rd place. Both teams competed nationally against 14 other teams from Michigan to North Carolina. All the bowlers were treated to a bowling banquet where each bowler received a trophy and Championship ring. Our MVP was Bob Sabo with his high score of 285. As a special treat, Detroit Bowling Hall of Famer, Eddie Mintz, made a visit to Waltonwood to congratulate the teams on their achievements and share his secret to his bowling success along with interesting information about how bowling has evolved over the years. A friendly competition was held and Bob Sabo was victorious against Mintz. (albeit, the hall of famer had never bowled virtually). This Fall each of our teams look forward to competing again and holding on to their title.



FOREVER FIT / WELLNESS Chris Grabowski, MS

National Senior Health and Fitness Day

On Wednesday May 28th join Waltonwood as we celebrate the 32nd annual National Senior Health and Fitness Day. The yearly celebration highlights the impact that staying active and fit can have on our overall health and wellness as we age. Mirroring the principles of the Waltonwood Forever Fit Program, National Senior Health and Fitness Day promotes the benefits of regular exercise by finding creative ways to incorporate fitness into your daily routine. Whether you're already an avid exerciser or someone new to fitness who's looking to feel their best, NSHFD is the perfect opportunity to get involved with your communities Forever Fit Program.

APRIL ACTIVITIES



EXECUTIVE DIRECTOR CORNER

I am happy to announce that our customer survey results are in and we have received the “Community Choice Award” in both of our Independent and Assisted Living Communities. This is a national recognition described by the President of Holleran as a prestigious recognition that highlights the incredible work being done to cultivate strong, meaningful connections, within the communities. I am very proud of the service provided at Waltonwood Carriage Park. The management team will be working together on action plans to continue to elevate services to the next level. Wishing all Mother’s a joyous and peaceful holiday.