

MAY RESIDENT BIRTHDAYS

- 1st- Lee B.
- 6th- Leota H.
- 8th- Doretha H.
- 10th- Ann P.
- Ken R
- 15th- Fred K.
- 28th- Fred M.
- 31st- Margie H.

MAY ASSOCIATE BIRTHDAYS

- 2nd- Madeley F.
- Paola L.
- 6th- Hannah J.
- 7th- Portia P.
- 12th-Estela C.B.
- 14th-Lauren R.
- 17th -Lisa C.B.
- 19th-Paulette A.
- 23rd-Mia S.
- 15th-Asha C.
- 28th-Dustin K.
- Jlokendy T.
- 29th- Jenine P.

Thursday with Fred on the piano

- 1st- Ethan Uslan
- 5th- John Lewis
- 7th- Belly Dancing with Jevah
- 8TH-David Shoff
- 13th- Joey Santo
- 14th-Brian McCarn20
- 20th- Theresa the Vintage Singer
- 21st-Patrick Hudson
- 26th-Jim Ruth
- 27th-Nicoleta
- 31st- John Lewis



OUTING SCHEDULE

- Mondays @ 9:30am- Bank/Pharmacy
- Mondays @ 10:30am- Grocery Store
- Sundays @ 10:30am-Weddington Methodist Church
- 2nd-8:30 am Bus service to St. Matthews Catholic church
- 11:30am- Lunch at Jim and Nick’s BBQ
- 2:00pm-World Market
- 5th-2:00pm Dollar Tree/Popshelf
- 9th-11:30am-Lunch at Emmet’s Social House
- 2:00pm- Dillard’s
- 12th –2:00pm-Walmart
- 16th- 11:30pm-Lunch at Vera’s Kitchen
- 2:00pm- Patterson’s Strawberry Farm
- 19thⁱ-2:00pm- Library and Trader Joe’s
- 23rd- 11:30am- Picnic in the park
- 2:00pm- TJ Maxx
- 26th- 2:00pm- Walmart

PROVIDENCE CONNECT MAY 2025



WHAT’S HAPPENING THIS MONTH

- May is going to be a busy month!
- Hold on to your fascinators and bowlers because we will be having Mint Juleps and Benedictine sandwiches for the Kentucky Derby on the 3rd.
- We will celebrate Cinco de Mayo with a Latin meal on the 5th
- Jevah will be here to give us a demonstration and a few pointers on Belly Dancing on the 7th.
- Happy Mother’s Day to all women who nurture, mentor and show the way for the next generation in hope, resilience and love. We at Waltonwood hope you have a wonderful day and enjoy Brunch with us on May 4th. Please RSVP at the desk if family members plan to attend.
- Wear red on May 16th for our Strawberry Day. We will have jam tasting, trivia, a visit to the strawberry farm and lots more.
- The 26th is Memorial Day. We will commemorate all who serve and have served and enjoy a cookout and ice cream.
- The 28th is National Senior Health and Fitness Day. We will have Yoga in the courtyard with Dominic and The Weston Group is having a Field Day for us with games and prizes. Register at the front desk.
- On the 31st we will be off to Parr theater for a South Charlotte Ballet production of Sleeping Beauty.
- Camp Waltonwood is coming! June 28th we will have a beach themed Camp.



Redefining Retirement Living

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- Vicki Shotwell
Business Office Manager
- Edgar Castro
Culinary Manager
- Ashley Jensen
Independent Living
Manager
- Matt Swaney
Marketing Manager
- Cara Nirenberg
Marketing Manager
- Cathy Hill
Life Enrichment Manager
- Isaac Harris
Environmental Services
Manager

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



ASSOCIATE SPOTLIGHT

Congratulations to Jamie Rice, she is Associate of the Month! Jamie is from Port Austin, Michigan. She joined our Culinary team in October. Her favorite thing about working at Waltonwood Providence is making a difference in people's lives. Jamie enjoys the personal touches she can add in her role as the Pastry Chef. A fun fact about Jamie is that she is a former sheep farmer. Her favorite food is dumplings. One item on her bucket list is skydiving! Congratulations Jamie, we are pleased to have you at Waltonwood Providence.



APRIL HIGHLIGHTS

13th	18th	22nd	30th
Easter Brunch	Easter Egg Hunt	Earth Day Garden Party	Poetry Collective Showcase

National Senior Health and Fitness Day

On Wednesday May 28th join Waltonwood as we celebrate the 32nd annual National Senior Health and Fitness Day. The yearly celebration highlights the impact that staying active and fit can have on our overall health and wellness as we age. Mirroring the principles of the Waltonwood Forever Fit Program, National Senior Health and Fitness Day promotes the benefits of regular exercise by finding creative ways to incorporate fitness into your daily routine. Whether you're already an avid exerciser or someone new to fitness who's looking to feel their best, NSHFD is the perfect opportunity to get involved with your communities Forever Fit Program.

TRANSPORTATION INFORMATION

Waltonwood offers transportation for medical appointments on Tuesdays, Wednesdays, and Thursdays. Please notify the Concierge of your appointment 24-48 hours in advance with the time, date & location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of 8:30 am and 3:30pm, within a 10-mile radius. A Waltonwood driver will drop off & pick up residents in as timely a manner as possible. Please note appointments that are beyond a 10-mile radius will acquire a \$2.00 charge per mile for every additional mile.

In order to ensure the health and safety of our residents and bus drivers, residents must sanitize their hands before and after boarding the transportation vehicle for their appointment.

Each month we have outings to banks, shopping centers, pharmacies, restaurants, grocery stores, and other places. Please see the calendar for specific dates and times and sign up at the table by the mail boxes.

MAY HIGHLIGHTS

3rd	16th
Kentucky Derby	Strawberry Day and a trip to the farm
26 th	28 th
Memorial Day Cookout	National Senior Health and Fitness Day



EXECUTIVE DIRECTOR CORNER

As we enter May we have several great events planned. I would like to wish all of the mother's out there a Happy Mother's Day. I often say that it's a son's job to take care of his mother and a mother's job to pretend that she needs it. We will have several events recognizing moms. Thanks for all you do and have done.

We will start our annual pressure washing of the building on the May 12. We will help and assist if you need anything moved off of your balcony or porches. Please let us know.

New flowers should be coming in soon. I look forward to all of the bright colors. Please take advantage of this good weather to get outside and enjoy. Along with this please make sure to stay hydrated. We have wonderful infused water at all entrances.

Our last big event of May will be Monday the 26th. We will have cookout and take time to honor all those who sacrificed their lives for our country.