

Waltonwood Experience















New Residents

May Birthdays

• Will G. 5/4

Larry R. 5/5 Daisy B. 5/14

Julia W. 5/22

Myra W. 5/25 • Beverly A. 5/30

• Kaylin C. 5/15 Jasmine C. 5/16

Sunday B. 5/18

DaJanae F. 5/20

LaTasha F. 5/22 Gabrielle M. 5/24

Joshua L. 5/25

Resident

<u>Associates</u>

- Judy C.
- Rani U.
- Carol G.



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

Royal Oak connect

Redefining Retirement Living

3450 West 13 Mile Road, Royal Oak, MI 48073 www.waltonwood.com | 248-549-6400 Facebook:/WaltonwoodRoyalOak

MAY 2025



The Wonderful Month of May

May is a pretty special month filled with celebrations and good vibes. It's the time when Cinco de Mayo brings a splash of colorful fun and delicious margaritas, celebrating Mexican heritage. On May 5th, we encourage you to join the Waltonwood Cinco de Mayo fiesta held in the Bistro. Mother's Day shines, giving us a chance to show some extra love to the amazing moms in our lives. On Sunday May 11th we will host a Mother's Day Garden party in the Bisto. All are invited to partake in this special gathering that will be full of surprises including food, fun, and a harpist. Additionally, we will honor the mothers with a family Mother's Day Brunch on May 17th from 11:30-1:30PM, see the front desk for ticket information. Memorial Day kicks off the summer with barbecues, parades, and remembering those who served. Nate Topolewski will be back once again with a little smooth jazz. Plus, May is often seen as a time of blooming flowers and warming weather, making it perfect for outdoor adventures. The Garden Club will host a trip on May 9th at 10:00AM, to the local garden center to select hanging baskets for the back patio. Whether you're enjoying a picnic or just soaking up the sunshine, May has a little something for everyone to enjoy! Come out and get involved!

COMMUNITY MANAGEMENT

Taylor Obomsawin Executive Director

Emily Long Business Office Manager

Donvel Snead Life Enrichment Manager

Tonicka Benefield Resident Care Manager

Rashiele Newkirk Wellness Coordinator

Marketing Manager Gabrielle Maciag

Keywanna Jones Move-In Coordinator

Joshua Lampear **Culinary Services Manager**

Tashila Green **Dining Room Supervisor**

Sharon Boucher **Dining Room Supervisor**

Jorden Swan Environmental Service Manager

Nicholle Williams Housekeeping and Laundry Supervisor

ASSOCIATE SPOTLIGHT

In the spotlight for the month of May is Mary Ann. Since joining us in 2020, Mary Ann has been a valuable team member by picking up extra shifts whenever needed. As the community bus driver, she loves taking the residents on fun outings and ensuring they reach their destinations safely. Mary Ann has a special talent for planning projects and trips. She loves gardening, hiking, paddleboarding, and camping. In 2024 she completed a 20-mile marathon in just 8 hours. A chocolate lover who enjoys Boston coolers, Mary Ann would indulge in a 2-hour nap if she could. Her favorite place is Northern MI. Congrats!



APRIL HIGHLIGHTS

04

07

Detroit Tigers Opening Day

Music with Kelly Miller





15

28

Outing – Holocaust Museum

Superhero Day





FOCUS ON FITNESS National Senior Health and Fitness Day

On Wednesday May 28th join Waltonwood as we celebrate the 32nd annual National Senior Health and Fitness Day. The yearly celebration highlights the impact that staying active and fit can have on our overall health and wellness as we age. Mirroring the principles of the Waltonwood Forever Fit Program, National Senior Health and Fitness Day promotes the benefits of regular exercise by finding creative ways to incorporate fitness into your daily routine. Whether you're already an avid exerciser or someone new to fitness who's looking to feel their best, NSHFD is the perfect opportunity to get involved with your communities Forever Fit Program. Chris Grabowski

A Poppy to Remember

The red poppy, also known as the Remembrance poppy, symbolically honors the sacrifices made by fallen soldiers and veterans. It emerged as a symbol of remembrance following the First World War and remains a tribute to those who sacrificed their lives to protect others. In the United States, artificial poppies are part of the Memorial Day celebration.





MAY SPECIAL EVENTS

02

09

Outing - Fisher Building Garden Club Outing Tour 10:00AM

10AM

17

30

Mother's Day Family Brunch 11:30-1:30PM

Funny Money Auction 1:00PM



Vietnam Veterans Memorial

In Constitution Gardens at the west end of the National Mall is a two-acre site dedicated to Americans who gave their lives in Vietnam. Made of polished black granite and listing over 58,000 names, the construction of the Vietnam Veterans Memorial was due to the tireless work of one wounded veteran, Jan Scruggs. Scruggs worked with Jack Wheeler and Bob Doubek to get approval from Congress, get permits, and raise funds for the first memorial built in Washington, D.C., in 40 years. Called "The Wall," the memorial helped shift national attention away from the divisive nature of the war and toward honoring those who fought. After the Vietnam War ended, many veterans felt disrespected. Rumors of discrimination, ostracization, and even instances of veterans being spat upon led many to hide their service records. To counter this, veterans sought a memorial that would honor their service and help unify a nation deeply divided by the unpopular war. Since 1997, a nonprofit has maintained a virtual version of the memorial at virtualwall.org, where people worldwide can search for names, view tributes, and learn more about those who served.