

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
9:00 Music Time 4 9:30 Morning Exercise 10:00 Nail Care 10:30 Daily Chronicles 1:00 Snack Break 3:00 Table Games & Puzzles 3:30 Folding Laundry Shelby 4:30 Evening Movie	9:30 Music and Movement 5 10:30 Daily Chronicles 1:00 Color my World 1:30 Music with Larissa, MC 1:30 Snack Break 2:00 Afternoon Walk 3:00 Senory Time 5:00 Evening Movie	9:00 Music and Movement 6 10:00 Sensory Time 10:30 Daily Chronicles 12:30 Color my World, DR 1:30 Snack Break 2:00 Walking Club 3:00 Travel Time 5:00 Evening Movie	9:00 ~ 1:30 Hair Salon 7 9:30 Aromatherapy 10:00 Art Time 10:30 Daily Chronicles 1:00 Afternoon Exercise 1:30 Snack Break 2:00 Molly Time 3:30 Afternoon Stroll 5:00 Evening Movie	9:00 Music and Movement 8 10:00 Catholic Prayers 10:30 Daily Chronicles 1:00 Novari Primary Care 1:00 Sing Along with Shelby 1:30 Snack Break 2:00 Afternoon Walk 5:00 Evening Movie <small>May Day</small>	9:00 Meet n' Greet 2 9:30 Morning Exercise 10:00 Art Time 10:30 Daily Chronicles 1:00 Sensory Time 1:30 Snack Break 2:00 Birthday celebration With Sandra Walker, ALDR 3:00 Afternoon Walk 5:00 Evening Movie	9:00 Music and Movement 3 10:00 Daily Chronicles 10:30 Molly Time 1:00 Balloon Volley Ball 1:30 Snack Break 2:00 Color my World 3:30 Afternoon Walk 4:30 Evening Movie
9:00 Music Time 11 9:30 Morning Exercise 10:00 Nail Care 10:30 Daily Chronicles 1:00 Snack Break 3:00 Table Games & Puzzles 3:30 Folding Laundry Shelby 4:30 Evening Movie <small>Mothers Day</small>	9:00 Music Time 12 9:30 Music and Movement 10:30 Daily Chronicles 1:00 Color my World 1:30 Snack Break 2:00 Afternoon Walk 3:00 Sensory Time 5:00 Evening Movie	9:00 Music and Movement 13 10:00 Sensory Time 10:30 Daily Chronicles 12:30 Color my World, DR 1:30 Music with Randy 1:30 Snack Break 3:00 Travel Time 5:00 Evening Movie	9:00 ~ 1:30 Hair Salon 14 9:30 Aromatherapy 10:00 Art Time 10:30 Daily Chronicles 1:00 Afternoon Exercise 1:30 Snack Break 2:00 Molly Time 3:30 Afternoon Stroll 5:00 Evening Movie	9:00 Music and Movement 15 10:00 Catholic Prayers 10:30 Daily Chronicles 1:00 Novari Primary Care 1:00 Sing Along with Shelby 1:30 Snack Break 2:00 Afternoon Walk 5:00 Evening Movie	9:00 Meet n' Greet 16 9:30 Morning Exercise 10:00 Art Time 10:30 Daily Chronicles 1:00 Sensory Time 1:30 Snack Break 2:00 Happy Hour with Jim & Beth Wulff, ALDR 3:00 Afternoon Walk	9:00 Music and Movement 17 10:00 Daily Chronicles 10:30 Molly Time 1:00 Balloon Volley Ball 1:30 Snack Break 2:00 Color my World 3:30 Afternoon Walk 4:30 Evening Movie <small>Armed Forces Day</small>
9:00 Music Time 18 9:30 Morning Exercise 10:00 Nail Care 10:30 Daily Chronicles 1:00 Snack Break 3:00 Table Games & Puzzles 3:30 Folding Laundry Shelby 4:30 Evening Movie <small>National Skilled Nursing Care Week</small>	9:30 Music and Movement 19 10:30 Daily Chronicles 1:00 Color my World 1:30 Music with Larissa, MC 1:30 Snack Break 2:00 Afternoon Walk 3:00 Senory Time 5:00 Evening Movie	9:00 Music and Movement 20 10:00 Sensory Time 10:30 Daily Chronicles 12:30 Color my World, DR 1:30 Snack Break 2:00 Walking Club 3:00 Travel Time 5:00 Evening Movie	9:00 ~ 1:30 Hair Salon 21 9:30 Aromatherapy 10:00 Art Time 10:30 Daily Chronicles 1:00 Afternoon Exercise 1:30 Snack Break 2:00 Molly Time 3:30 Afternoon Stroll 5:00 Evening Movie	9:00 Music and Movement 22 10:00 Catholic Prayers 10:30 Daily Chronicles 1:00 Novari Primary Care 1: Dr Gory- 1:00 Sing Along with Shelby 1:30 Snack Break 2:00 Afternoon Walk 5:00 Evening Movie	9:00 Meet n' Greet 23 9:30 Morning Exercise 10:00 Art Time 10:30 Daily Chronicles 1:00 Sensory Time 1:30 Snack Break 2:00 Happy Hour with Jon Pressman, ALDR 3:00 Afternoon Walk	9:00 Music and Movement 24 10:00 Daily Chronicles 10:30 Molly Time 1:00 Balloon Volley Ball 1:30 Snack Break 2:00 Color my World 3:30 Afternoon Walk 4:30 Evening Movie
9:00 Music Time 25 9:30 Morning Exercise 10:00 Nail Care 10:30 Daily Chronicles 1:00 Snack Break 1:30 Music with Randy 3:00 Table Games & Puzzles 3:30 Folding Laundry Shelby 4:30 Evening Movie	9:00 Music Time 26 9:30 Music and Movement 10:30 Daily Chronicles 1:00 Color my World 1:30 Snack Break 2:00 Afternoon Walk 3:00 Sensory Time 5:00 Evening Movie <small>Memorial Day</small>	9:00 Music and Movement 27 10:00 Sensory Time 10:30 Daily Chronicles 12:30 Color my World, DR 1:30 Music with Carol 1:30 Snack Break 3:00 Travel Time 5:00 Evening Movie	9:00 ~ 1:30 Hair Salon 28 9:30 Aromatherapy 10:00 Art Time 10:30 Daily Chronicles 1:00 Afternoon Exercise 1:30 Snack Break 2:00 Molly Time 3:30 Afternoon Stroll 5:00 Evening Movie	9:00 Music and Movement 29 10:00 Catholic Prayers 10:30 Daily Chronicles 1:00 Novari Primary Care 1:00 Sing Along with Shelby 1:30 Snack Break 2:00 Afternoon Walk 5:00 Evening Movie	9:00 Meet n' Greet 30 9:30 Morning Exercise 10:00 Art Time 10:30 Daily Chronicles 1:00 Sensory Time 1:30 Snack Break 2:00 Happy Hour with Lindi Moo, ALDR 3:00 Afternoon Walk	9:00 Music and Movement 31 10:00 Daily Chronicles 10:30 Molly Time 1:00 Balloon Volley Ball 1:30 Snack Break 2:00 Color my World 3:30 Afternoon Walk 4:30 Evening Movie

THE MONTHLY GAZETTE

May 2025

*"Spring is nature's way
of saying, 'Let's party!'"*

~ Comedian Robin Williams



Plant of the Month – Lily of the Valley

Lily of the valley is a fragrant, sweet-smelling plant with delicate, white, bell-shaped flowers and oval-shaped leaves. The plant is highly prized for making perfume. Lily of the valley water was once considered so precious that it was kept in gold or silver containers. In folklore, it is believed that the scent of this flower in the spring air is the signal for nightingales to begin their seasonal singing and choose a mate. These blooms are associated with luck in love, which is why they're often used in wedding bouquets. In the language of flowers, the lily of the valley



means sweetness, humility, and perfect purity. It also signifies the return of happiness. Lily of the valley is native to Europe and Asia. It got its name from early Christian monks. The flower's Latin name, *Convallaria majalis*, means "valley" (*Convallaria*) and "the month of May" (*majalis*), which refers to where it thrives and when it blooms.

Special Days

May Day
May 1

Cinco de Mayo
May 5

Mother's Day
May 11

Limerick Day
May 12

Armed Forces Day
May 17

Victoria Day (Canada)
May 19

Memorial Day
May 26

Flower – Hawthorn



Hawthorn is a lovely family of small trees and thorny shrubs often cultivated for their decorative qualities. The sturdy plant has beautiful flowers that bloom in white, red, or pink. Its edible, apple-like fruit comes in a variety of colors, and it ranges in flavor and texture. They are sometimes used as an herbal medicine supplement, which some people believe helps with heart disease, high blood pressure, and high cholesterol.

Birthstone – Emerald



Emeralds have long been a favorite of royalty; Cleopatra had them mined extensively in Egypt during her reign. Shah Jahan, builder of the Taj Mahal, wore an emerald talisman for luck and protection. Emeralds can grow very large, and giant ones have been found at Kagem, one of the world's largest emerald mines, in Zambia. A 5,655-carat emerald was unearthed there in October 2018. The Kagem emeralds are believed to have formed more than 450 million years ago, which contributes to their size.



Memory Care

A Great Place to Call Home

Hair Salon

Wednesdays

9:00 AM—1:30 PM

Stylist—Oanh

Sign Up at the Front Desk

Special Activities

Sing Along with Shelby ~ May 1st @ 1:00 PM

Music with Larissa ~ May 5th @ 1:30 PM

Color my World ~ May 10th @ 12:30 PM

Music with Randy ~ May 13th @ 1:30 PM

Art Fun ~ May 14th @ 10:00 AM

Music with Larissa ~ May 19th @ 1:30 PM

Sing Along with Shelby ~ May 22nd @ 1:00 PM

Sensory Time ~ May 23rd @ 1:00 PM

Music with Randy Rogers ~ May 25th @ 1:30 PM

Music with Carol ~ May 27th @ 1:30 PM

Balloon Volleyball ~ May 31st @ 1:00 PM