

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10:00 Coffee and Chronicles 11:00 Range of Motion 1:30 Audio Book: The Wizard of Oz 3:00 Lucynt Table 5:30 Timeslips w/ Holly and Riggs	2 10:00 Coffee and Chronicles 11:00 Chair Aerobics 1:45 Catholic Communion 2:00 Cooking w/ Holly 3:00 Mocktails/Pampering 5:30 Movie Night	3 10:00 Coffee and Chronicles 11:00 Chair Stretching 1:30 Brain Games and Table Activities 3:00 Armchair Travel 5:30 Resident Choice
4 10:00 Coffee and Chronicles 10:30 Eagle Brook Church Online 11:00 Chair Aerobics 1:30 Trivia 3:00 Simon Says 5:30 Music and Coloring	5 9:30 Lutheran Service CH 10:00 Coffee and Chronicles 11:00 Range of Motion 1:30 Audio Book: The Wizard of Oz 2:30 Mocktails and Singing 5:30 4K Travel and Games	6 10:00 Coffee and Chronicles 11:00 Chair Yoga 1:30 Brain Games and Coloring 3:30 Armchair Travel 5:30 Sing Along w/ Suzie Q	7 10:00 Coffee and Chronicles 10:30 Chair Stretching 1:30 Beach Ball Fun 3:00 Mocktails and Conversation 5:30 Masked Singer	8 10:00 Coffee and Chronicles 11:00 Range of Motion 1:30 Audio Book: The Wizard of Oz 3:00 Lucynt Table 5:30 Timeslips with Holly and Riggs	9 10:00 Coffee and Chronicles 11:00 Chair Aerobics 1:45 Catholic Communion 2:00 Cooking w/ Holly 3:00 Mocktails/Pampering 5:30 Movie Night	10 10:00 Coffee and Chronicles 11:00 Chair Stretching 1:30 Brain Games and Table Activities 3:00 Armchair Travel 5:30 Resident Choice
11 10:00 Coffee and Chronicles 10:30 Eagle Brook Church Online 11:00 Chair Aerobics 1:30 Bingo 3:00 Simon Says 5:30 Music and Coloring	12 9:30 Lutheran Service CH 10:00 Coffee and Chronicles 11:00 Range of Motion 1:30 Audio Book: The Wizard of Oz 2:30 Mocktails and Singing 5:30 4K Travel and Games	13 10:00 Coffee and Chronicles 11:00 Chair Yoga 1:30 Brain Games and Coloring 3:30 Armchair Travel 5:30 Sing Along w/ Suzie Q	14 10:00 Coffee and Chronicles 10:30 Chair Stretching 1:30 Bean Bag Golf 3:00 Mocktails and Conversation 5:30 Masked Singer	15 10:00 Coffee and Chronicles 11:00 Range of Motion 1:30 Audio Book: The Wizard of Oz 3:00 Lucynt Table 5:30 Timeslips w/ Holly and Riggs	16 10:00 Coffee and Chronicles 11:00 Chair Aerobics 1:45 Catholic Communion 2:00 Cooking w/ Holly 3:00 Mocktails/Pampering 5:30 Movie Night	17 10:00 Coffee and Chronicles 11:00 Chair Stretching 1:30 Brain Games and Table Activities 3:00 Armchair Travel 5:30 Resident Choice
18 10:00 Coffee and Chronicles 10:30 Eagle Brook Church Online 11:00 Chair Aerobics 1:30 Trivia 3:00 Simon Says 5:30 Music and Coloring	19 9:30 Lutheran Service CH 10:00 Coffee and Chronicles 11:00 Range of Motion 1:30 Audio Book: The Wizard of Oz 2:30 Mocktails and Singing 5:30 4K Travel and Games	20 10:00 Coffee and Chronicles 11:00 Chair Yoga 1:30 Brain Games and Coloring 3:30 Armchair Travel 5:30 Sing Along w/ Suzie Q	21 10:00 Coffee and Chronicles 10:30 Chair Stretching 1:30 Table Tennis 3:00 Mocktails and Conversation 5:30 Masked Singer	22 10:00 Coffee and Chronicles 11:00 Range of Motion 1:30 Audio Book: The Wizard of Oz 3:00 Lucynt Table 5:30 Timeslips with Holly with Holly and Riggs	23 10:00 Coffee and Chronicles 11:00 Chair Aerobics 1:45 Catholic Communion 2:00 Cooking w/ Holly 3:00 Mocktails/Pampering 5:30 Movie Night	24 10:00 Coffee and Chronicles 11:00 Chair Stretching 1:30 Brain Games and Table Activities 3:00 Armchair Travel 5:30 Resident Choice
25 10:00 Coffee and Chronicles 10:30 Eagle Brook Church Online 11:00 Chair Aerobics 1:30 Bingo 3:00 Simon Says 5:30 Music and Coloring	26 9:30 Lutheran Service CH 10:00 Coffee and Chronicles 11:00 Range of Motion 1:30 Audio Book: The Wizard of Oz 2:30 Mocktails and Singing 5:30 4K Travel and Games	27 10:00 Coffee and Chronicles 11:00 Chair Yoga 1:30 Brain Games and Coloring 3:30 Armchair Travel 5:30 Sing Along w/ Suzie Q	28 10:00 Coffee and Chronicles 10:30 Chair Stretching 1:30 Family Feud 3:00 Mocktails and Conversation 5:30 Masked Singer	29 10:00 Coffee and Chronicles 11:00 Range of Motion 1:30 Audio Book: The Wizard of Oz 3:00 Lucynt Table 5:30 Timeslips w/ Holly with Riggs	30 10:00 Coffee and Chronicles 11:00 Chair Aerobics 1:45 Catholic Communion 2:00 Cooking w/ Holly 3:00 Mocktails/Pampering 5:30 Movie Night	31 10:00 Coffee and Chronicles 11:00 Chair Stretching 1:30 Brain Games and Table Activities 3:00 Armchair Travel 5:30 Resident Choice