

CONNECTIONS

FULL SENIOR CARE: REHAB THERAPY, SENIOR CARE & ASSISTED LIVING NEWSLETTER | MAY 2025



Celebrating the Power of Nurses!

During National Nurses Week, May 6-12, we celebrate **The Power of Nurses** for their unwavering dedication to healing, comforting, uplifting, and caring for our residents. Their impact is truly invaluable.

A simple thank you, a kind word, or a small gesture of appreciation can mean so much. Join us in recognizing these incredible caregivers who enhance our community every day.

Thank You Nurses!



Tapestry of Life

NATIONAL SKILLED NURSING CARE WEEK® | MAY 11 - 17, 2025

The 2025 theme for National Skilled Nursing Care Week (NSNCW), Tapestry of Life, honors the rich and diverse stories that come together in skilled nursing care.

These stories are threaded together by each resident, family member, caregiver, and staff member that are intricately woven into a fabric of resilience, connection, and compassion. This theme celebrates the meaningful bonds formed within skilled nursing care centers—places where experiences are shared, memories are cherished, and lives are forever connected.

Now and through May 11–17, families, residents, and staff

are encouraged to collaborate and participate in activities that reflect the theme of weaving together traditions, experiences, and shared moments.

- **Write short memories on paper strips and post them on a shared display or bulletin board.**
- **Ask one person to write one of their favorite memories (one or two sentences) to start a story and keep passing it along as have others add to the story with memories of their own.**
- **Share favorite songs and their meanings, then enjoy a group listening session.**

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Happy Mother's Day: Sunday, May 11!

Be sure to celebrate your mom, grandmother, aunt, or the special mother-figure in your life by letting her know just how much she is loved and how much she means to you. Whether it's sharing a meal, giving card or beautiful flowers, gifting a grandchild's drawing, or simply spending time together, let her know she's appreciated—not just today, but every day of the year.

MAY THE FOURTH BE WITH YOU!

"May the Fourth," also known as Star Wars Day, has become a global celebration of the beloved franchise. This date gained popularity in recent years, thanks to the resurgence of the *Star Wars* saga. The release of the latest trilogy, starting with *The Force Awakens*, and the success of the *Mandalorian* TV series—featuring the adorable and heroic Grogu—have sparked new and renewed fandom. George Lucas introduced the Star Wars Universe in 1977, with the aim of putting a fresh spin on the sci-fi genre by blending action, adventure, and romance.

Here are some out-of-this-world factoids:

- Darth Vader was a team effort: **David Prowse (body)**, **James Earl Jones (voice)**, and **Sebastian Shaw (face)**.
- Carrie Fisher was just 19 years old when she began her iconic role as Princess Leia.
- Harrison Ford, known for playing the adventurous Han Solo and captain of the Millennium Falcon, is also a pilot in real life.

Whether you're planning a movie marathon, sharing some galactic trivia, or attending a local event or exhibit, don't forget to say, "**May the Fourth Be With You!**" on Star Wars Day, and "**Beware! Revenge of the Fifth**"—a playful nod to May 5th, the day that follows, where fans continue the celebration of all things *Star Wars*!



Honoring Military Appreciation Month

May is Military Appreciation Month, a time to recognize and express gratitude for the sacrifices made by service members and their families.

This month includes several important observances, such as **Military Spouse Appreciation Day (9th)**, **Armed Forces Day (17th)**, and **Memorial Day (26th)**, each highlighting different aspects of military service and dedication.

This month serves as a reminder of the courage, commitment, and resilience of those who have served and continue to serve. It is an opportunity for communities to come together in support and appreciation of the military and their loved ones.

There are many ways to show your gratitude:

- **Wear clothing or accessories that show support for the military.**
- **Donate to organizations that assist veterans and active-duty service members.**



- **Display an American flag or a flag representing a specific military branch.**
- **Treat a service member to a coffee or meal.**
- **Reach out to a veteran or active-duty member with a call or text.**
- **Send a letter, card, or care package to deployed troops.**
- **Visit a military memorial or cemetery to pay your respects.**

Taking time to honor those who serve is a meaningful way to show appreciation and ensure their sacrifices are never forgotten.

WISH CELEBRATES
SKILLED NURSING CARE WEEK: MAY 11-17

Radiant Moments: A Tapestry of Care

To our staff: Thank you for your compassion, care and dedication.

To our residents: Thank you for your stories and strength.

To our families: Thank you for your trust and partnership.

Together, we weave threads of joy and radiant moments every day.

