



INGLESIDE COMMUNITIES

NEWS

MAY
2025

REHAB THERAPY • SKILLED NURSING • ASSISTED LIVING • RESIDENTIAL CARE APARTMENTS

Happy Birthday!

Staff:	
Elisa S.	05/03
Lynne S.	05/04
Taya A.	05/05
Annah B.	05/12
Tori H.	05/14
Nancy M.	05/18
Elizabeth K.	05/20
Sean B.	05/24
Jasmine C.	05/24
Karen H.	05/30
Karen R.	05/30

Residents:	
Steven R.	05/01
Sybille D.	05/07
Rosemary K.	05/13
Ruth R.	05/17
Marilyn S.	05/21
Kathryn V.	05/24
Dawn C.	05/29
Robert G.	05/30



Tapestry of Life

NATIONAL SKILLED NURSING
CARE WEEK® | MAY 11 - 17, 2025

Upcoming Events

May 16th Our 50th
Anniversary Party
(Everyone is invited)

Other Fun Days we'll be doing:

May 1	May day: flowers and candy
May 3	Kentucky derby day
May 4	Star Wars day
May 5	Cinco de mayo
May 6	National Nurses Day
May 10	Hanging flower baskets day/ national windmill day
May 12-16	National Nursing Home Week
May 18	National visit your relatives' day
May 26	blueberry cheesecake day
May 28	National hamburger day
May 30	National flip lop day/ International jazz day

Ingleside Communities

Check out our Facebook
& Instagram by scanning
the QR Code



Wish List

Check out our Amazon Wish
List! If you would like to
donate, just scan the QR Code,
add to cart, and ship to:

Sean Barningham
407 N. 8th Street
Mount Horeb, WI 53572.



407 North 8th Street, Mount Horeb, WI 53572
608-437-5511

Matthew Paszcak, Administrator

Sean Barningham, Activities

Like Us On Facebook

TODAY'S SENIOR LIVING

As a non-profit 501c3 community, we thank
you for supporting our mission of service to
seniors through tax-deductible donations of
cash or useful items. Please call our office.

Newsletter Production by PorterOneDesign.com



Wisconsin Illinois
SENIOR HOUSING INC.

InglesideCommunities.org

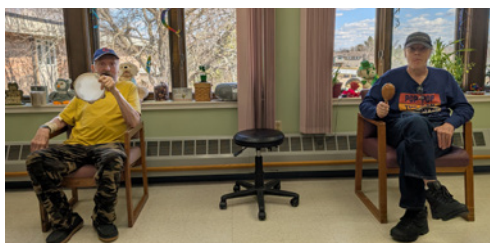
Activity Highlights

Our weeks have been filled with laughter and joy! Starting off the warm weather with walks, picnics and Garden Club! Dyeing eggs, hunting for eggs, and testing how much it takes to protect an egg in our Science Lab activity the Egg Drop. Then we ended April with Prom! Some of our favorite activities were Rock Band, Silly Games (For April Fools), and Carnival Games! May will bring flowers and joy as well! We have a busy week for National Nursing Home Week and that Friday, in our parking lot we will have live music, a petting zoo, sample stands, and other fun activity stations for the community to join us in!



Laundry Reminder:

If you purchase clothing for a loved one, it is especially important that laundry staff labels the clothing with the resident's name. PLEASE bag the added items up and put a tag on it to be labeled with the resident's name. Give the bag to the receptionist and she will place it in the bin. Any questions, please ask a staff member.



Job Postings

Under each of these departments, you will see some amazing career opportunities that are open **RIGHT NOW!** Learn more and apply online at our website, under careers.

- CBRF
- Dietary
- General and Administrative
- Nursing
- Occupational Therapy



Short Term Therapy Success Story



When Jeanne arrived at our Skilled Nursing Facility, she faced significant challenges. After suffering a fracture, she was unable to put weight on her affected leg and required assistance to get in and out of bed. However, Jeanne's determination to regain her independence was evident from the very start. While awaiting her doctor's permission to bear weight on her injured leg, Jeanne dedicated herself to a rigorous therapy program. She worked closely with our physical therapy team to strengthen her good leg and arms, focusing on building the strength she would need for the next steps in her recovery. Her commitment to improving every day laid the foundation for her success in the weeks that followed. Jeanne also put in the hard

work with our occupational therapy team, developing the necessary skills to perform her daily self-care tasks with more independence. Through perseverance and consistency, she was able to reduce the assistance she needed in these essential activities, a crucial milestone on her road to recovery. In addition to physical and occupational therapy, Jeanne also worked diligently in speech therapy. She focused on improving her attention, memory, and executive function, all vital skills for adapting to life after her rehabilitation and succeeding in her next environment. Jeanne's attitude throughout her therapy was nothing short of inspiring. She was always up for participating in her sessions, eager to try new things, and committed to pushing herself in every way. She never shied away from a challenge, and her hard work and positive mindset paid off. Today, Jeanne is walking with a boot and a walker, able to bear weight on her affected leg. She has regained much of her independence, completing her self-care tasks with minimal assistance. Her success is a testament to her dedication, her perseverance, and the collaborative efforts of our therapy team. Jeanne's story is a shining example of what can be achieved when you commit to your rehabilitation journey and embrace the support available. We are incredibly proud of her progress and look forward to seeing her continue to thrive in her next chapter.

Quotes of the Month

Hannah King – Nurse

"Your visions will become clear only when you can look into your own heart. Who looks outside, dreams; who looks inside, awakes."

This quote helped me decide to go back to school to finish my dream of becoming a psychotherapist. I'm an older student, and a mom of three, and the thought of going back to school terrified me! But last year I decided to enroll at UW Superior and entered into their behavioral health program. This quote helped me understand that my dreams come true.

Sybill D. – Resident

"Don't always follow what others do."

I was a teenager at this time. My friends and I decided we wanted to go swimming one night and the pool was closed. They decided we could sneak in and have the whole pool to ourselves! So, we all went to the pool and we had a great time! But not long after, the Dodgeville Police pulled up and caught us. The police brought us home and we all heard an ear full from our families. I learned to think twice about following others into bad ideas. BUT you also need to have fun! Just live your life!

Celebrating the Power of Nurses!

During National Nurses Week, May 6-12, we celebrate ***The Power of Nurses*** for their unwavering dedication to healing, comforting, uplifting, and caring for our residents. Their impact is truly invaluable.

A simple thank you, a kind word, or a small gesture of appreciation can mean so much. Join us in recognizing these incredible caregivers who enhance our community every day. **Thank You Nurses!**



MAY THE FOURTH BE WITH YOU!

"May the Fourth," also known as Star Wars Day, has become a global celebration of the beloved franchise. This date gained popularity in recent years, thanks to the resurgence of the *Star Wars* saga. The release of the latest trilogy, starting with *The Force Awakens*, and the success of the *Mandalorian* TV series—featuring the adorable and heroic Grogu—have sparked new and renewed fandom. George Lucas introduced the Star Wars Universe in 1977, with the aim of putting a fresh spin on the sci-fi genre by blending action, adventure, and romance.

Here are some out-of-this-world factoids:

- Darth Vader was a team effort: **David Prowse (body)**, **James Earl Jones (voice)**, and **Sebastian Shaw (face)**.
- Carrie Fisher was just 19 years old when she began her iconic role as Princess Leia.
- Harrison Ford, known for playing the adventurous Han Solo and captain of the Millennium Falcon, is also a pilot in real life.

Whether you're planning a movie marathon, sharing some galactic trivia, or attending a local event or exhibit, don't forget to say, "**May the Fourth Be With You!**" on Star Wars Day, and "**Beware! Revenge of the Fifth!**"—a playful nod to May 5th, the day that follows, where fans continue the celebration of all things *Star Wars*!



Honoring Military Appreciation Month

May is Military Appreciation Month, a time to recognize and express gratitude for the sacrifices made by service members and their families.

This month includes several important observances, such as **Military Spouse Appreciation Day (9th)**, **Armed Forces Day (17th)**, and **Memorial Day (26th)**, each highlighting different aspects of military service and dedication.

This month serves as a reminder of the courage, commitment, and resilience of those who have served and continue to serve. It is an opportunity for communities to come together in support and appreciation of the military and their loved ones.

There are many ways to show your gratitude:

- **Wear clothing or accessories that show support for the military.**
- **Donate to organizations that assist veterans and active-duty service members.**



- **Display an American flag or a flag representing a specific military branch.**
- **Treat a service member to a coffee or meal.**
- **Reach out to a veteran or active-duty member with a call or text.**
- **Send a letter, card, or care package to deployed troops.**
- **Visit a military memorial or cemetery to pay your respects.**

Taking time to honor those who serve is a meaningful way to show appreciation and ensure their sacrifices are never forgotten.

WISH CELEBRATES
SKILLED NURSING CARE WEEK: MAY 11-17

Radiant Moments: A Tapestry of Care

To our staff: Thank you for your compassion, care and dedication.
To our residents: Thank you for your stories and strength.
To our families: Thank you for your trust and partnership.
Together, we weave threads of joy and radiant moments every day.