

# April Word Scramble

- 1. BGLOONIM \_\_\_\_\_
- 2. NTMELGI WNSO \_\_\_\_\_
- 3. LWRNAEE \_\_\_\_\_
- 4. SEFEUIRTTLB \_\_\_\_\_
- 5. ULCFOOLR \_\_\_\_\_
- 6. AFNAGCRRE \_\_\_\_\_
- 7. IEHRTBR \_\_\_\_\_
- 8. ERCHYR OLMOBSSS \_\_\_\_\_
- 9. SMSBOLOS \_\_\_\_\_
- 10. SSNENUIH \_\_\_\_\_
- 11. ZEERBY \_\_\_\_\_
- 12. RGLEON ASDY \_\_\_\_\_
- 13. IRNADGENG \_\_\_\_\_
- 14. AAENKGWIN \_\_\_\_\_
- 15. IALERVV \_\_\_\_\_
- 16. RNIA SWREOSH \_\_\_\_\_
- 17. RHSFSSNEE \_\_\_\_\_
- 18. YGEERENR \_\_\_\_\_
- 19. YLJOUF \_\_\_\_\_
- 20. VBRTAIN \_\_\_\_\_



## LAKE FOREST LIVING

### Lake Forest at Swift Creek

6050 Harbour Green Drive | Midlothian, VA 23112  
www.lakeforestliving.com | 804.563.2999

**April 2025**



### MEET YOUR TEAM!

<b>Brian Crookshank</b>	Property Manager
<b>Vinny Vincent</b>	Assistant Property Manager
<b>Tay Jones</b>	Program Director
<b>Wayne Penny</b>	Service Supervisor
<b>Will Bolding</b>	Service Technician

**Office Phone Number:** 804.563.2999  
**Emergency Maintenance:** 804.491.9177

### HOURS OF OPERATION:

**Monday-Friday:** 9:00am-6:00pm  
**Saturday:** 10:00am-5:00pm  
**Sunday:** 11:00am-3:00pm

### Hello Lake Forest Residents!

Spring is in full bloom, and April is bringing plenty of opportunities to enjoy the season! From exciting outings and engaging activities to community events and social gatherings, there's something for everyone to enjoy. Be sure to check out all the wonderful happenings we have planned this month — we can't wait to spend it with you! Let's make this April one to remember!



# 5 Cornerstones of Vibrant Living

Each day at Lake Forest, we integrate the Five Cornerstones of Vibrant Living into our Activity Calendar, serving as our wellness philosophy. These cornerstones embody the essential elements we uphold to foster a thriving and dynamic adult lifestyle.



Community Service and Philanthropy



Mind, Body, and Soul



Creative Expressions



Culture and Diversity



Recreation and Entertainment

## ALL ABOUT APRIL

### National Days

- World Health Day – Apr 7
- National Beer Day – Apr 7
- Titanic Remembrance Day – Apr 15
- National Grilled Cheese Day – Apr 12
- National Pretzel Day – Apr 26
- International Jazz Day – Apr 30

### APRIL MOVIE LISTING

**Monday April 7th**– “The Triple Six Eight”  
(Netflix)–**Popcorn at 2:00pm**  
**showing**

**Saturday April 12th**– “Back in Action”  
(Netflix)

**Monday April 14th**– “The Sting”–  
Paul Newman  
(Prime)

**Saturday April 19th**–“Carry On”  
(Netflix)

**Monday April 21st**– “Casablanca”  
(Prime)–**Popcorn at 2:00pm**  
**showing**

**Saturday April 26th**–“Kinda Pregnant”  
(Netflix)

**Monday April 28th**–“Wicked”  
(Peacock)



## BREAKFAST & SOCIAL HOUR



**Continental Breakfast:** Enjoy a delightful selection of pastries, fresh fruit, and coffee. Take this opportunity to read the morning paper, connect with your neighbors, and savor light refreshments–*offered Tuesday-Thursday 9-10am In the Bistro*

**Social Hour:** Enjoy one complimentary drink on us! We also offer a selection of soft drinks and non-alcoholic beverages. Relax and unwind in the afternoon while savoring a beverage with new friends. Feel free to bring your own beverages if you prefer– *offered Monday, Wednesday, Friday 4-5pm In the Resident Lounge*

## SPRING BRUNCH

### WEDNESDAY APRIL 23, 11AM

Join us for a delightful spring brunch featuring our signature drink, refreshing mimosas, and live entertainment in the **resident lounge!** Celebrate the season with delicious bites, vibrant drinks, and great company. Don’t miss out on this perfect springtime gathering!



## NATIONAL JAZZ DAY

### WEDNESDAY APRIL 30, 4PM

Join us in the **Courtyard** as we celebrate National Jazz Day with live music from the Trio Band during happy hour! Sip, relax, and enjoy the smooth sounds of jazz in great company. Don’t miss this soulful celebration!



## **RESIDENT REFERRAL PROGRAM**

**\$1,000 credit for residents AND NEW RESIDENT** who refer a friend! Friend must mention resident's name during tour or on application. Resident will receive a credit 60 days after referral move-in. Friend must be a new lead and not currently in our system.

## **FRIDAY UPDATE EMAIL**

If you'd like to receive the "Friday Update Email," please make sure we have your correct email. Simply send a request to [Info@lakeforestliving.com](mailto:Info@lakeforestliving.com), and we'll add you to the distribution list.

## **DON'T FORGET TO RSVP FOR ALL ACTIVITIES AND EVENTS!!**

\*RSVP Binder is in the Mail Room\*

## **NEW RESIDENT ORIENTATION**

Welcome to Lake Forest! Join us for an informative session where you'll get all the essential details about your new community. Meet the Lake Forest team, connect with your neighbors, and get answers to any questions you may have. We're here to help make your transition smooth and enjoyable- *offered Tuesday, April 29th at 3:00 PM In the Movie Theater.*

## **\*Group Outing for April**

Hop aboard on the minibus for a fun outing to the Fine Arts Museum on Friday, April 25th! We'll depart at 11 AM and enjoy 2 hours exploring the museum's exhibits.

**Cost:** \$16 per person (includes transportation)

**Capacity:** 13 people — First come, first served

**Accessibility:** Please note that wheelchair seating is not available at this time.

**Return:** Expected arrival back at the facility by 2 PM

Reserve your spot soon — we look forward to a wonderful day of art and culture!

## **THE AREA**

### **Grocery Stores:**

Publix, Kroger, Target, and Walmart

### **Restaurants:**

Bonefish, Charred, Mission BBQ, CAVA, First Watch, The Boathouse

### **Coffee:**

Starbucks, Harbour Cafe

### **Library:**

Clover Hill Library

### **Pharmacy:**

CVS Pharmacy, Kroger, Walmart

### **Post Office:**

1201 Sycamore Square Drive

### **Urgent Care:**

CareNow Urgent Care

### **Banks:**

Bank of America, Wells Fargo, C&F Bank, Union First Market

# **Activity & Event Descriptions**

## **Ice Cream Bar**

Join us in the Resident Lounge on **Thursday, April 3rd at 1 PM** for a build-your-own ice cream bar. We've got all the sweet essentials — creamy scoops of your favorite flavors, a rainbow of toppings, gooey sauces, and plenty of whipped cream! Whether you're a classic chocolate lover, a sprinkle enthusiast, or a caramel drizzle connoisseur, there's a perfect combo waiting just for you. Gather your neighbors, enjoy the sweet vibes, and create your ultimate sundae masterpiece!

## **Wine Pairing Class**

Pop the cork and raise your glass! You're invited to a fabulous wine pairing class on **Thursday, April 17th at 1 PM** in the resident lounge. Discover the perfect pairings, sip on exquisite wines, and savor every delicious bite. Don't miss out on an afternoon of flavor and fun — see you there!

## **Ceramic Painting for Earth Day**

Let your creativity bloom this Earth Day! Join us on Monday, **April 22nd at 1 PM** in the art room for a flower pot painting class with Just Ceramics LLC. Celebrate the beauty of nature as you design your own ceramic masterpiece — the perfect way to add a little green to your space. Paint, plant, and enjoy a pot-astic afternoon!

## **Monthly Birthday Social**

Let's celebrate! Join us for our Resident Monthly Birthday Social on **Wednesday, April 24th** in the resident lounge! Whether it's your special month or you're just in the mood for cake and good company, come enjoy sweet treats, laughter, and festive vibes. Mark your calendars — we'll be keeping the party going every 4th Thursday of the month. See you there for the birthday fun!