



“No winter lasts forever; no spring skips its turn. April is a promise that May is bound to keep, and we know it.”

— Hal Borland

APRIL ANNOUNCEMENTS

Community Wide Egg Hunt

Join us on April 17th for our annual community Easter egg hunt! We'll have light refreshments, fun family games, and of course candy filled eggs!



March Madness Picnic

On April 23 we will hold our annual championship picnic with the Waltonwood Cary location! The March Madness teams come together for food and fellowship to celebrate the champions! This year the Picnic is held in our very own Trunk Club!



LAKE BOONE CONNECT

APRIL 2025



Redefining Retirement Living

SINGH

3550 Horton St, Raleigh, NC 27607
www.waltonwood.com | 919-569-5444

Hello April!



A Month of New Beginnings & Growth

Dear Residents, Families, and Friends,

April is the fourth month of the year in the Gregorian calendar and has 30 days. It marks the transition from the chilly days of winter to the more temperate, vibrant days of spring in the Northern Hemisphere. The month is often associated with new beginnings, growth, and renewal as flowers bloom and trees begin to regain their foliage.

The name "April" is believed to come from the Latin word *aperire*, which means "to open," possibly referencing the opening or blossoming of flowers and trees. Another theory suggests that April is named after the Greek goddess Aphrodite, whose Roman counterpart is Venus, symbolizing love and beauty.

COMMUNITY MANAGEMENT

Jared Dicks
Assistant Executive Director

Mark Alexander
Independent Living Manager

Yvette Evita-Gunter
Business Office Manager

Christina Ryerson
Independent Living Life Enrichment Manager

Andre' Vaughn
Environmental Services Manager

Ben Hollinger
Culinary Services Manager

Niya Stafford-Hooks
Valencia Smith
Marketing Managers

Willette Bailey
Assisted Living Wellness Coordinator

Ashley Renfrow
Memory Care Wellness Coordinator

Taylor Rountree
Memory Care Life Enrichment Manager

Maria Iadonisi
Assisted Living Life Enrichment Manager

\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FAMILY & FRIENDS REFERRAL PROGRAM!



ASSOCIATE SPOTLIGHT:
Rachel Walters

Rachel is a MedTech/Resident Caregiver here at Waltonwood Lake Boone! She has been with us now for over 4 years and takes such pride in her job and caring for our residents. Her favorite thing about working at Waltonwood is that every day is a new adventure! Rachel has one daughter and a grandson whom she loves dearly! Some of Rachels favorite things include reading & watching horror movies, and crime documentaries. We are so blessed to have Rachel on our team here at Waltonwood Lake Boone!



MARCH HIGHLIGHTS



FOREVER FIT: FOCUS ON FITNESS

The Perfect Pair

A strong body starts from the ground up and choosing the right shoes is key part of keeping our feet healthy. Correctly fitting shoes can help to reduce foot, knee, hip and back pain and promote healthy circulation. Shoes with low-padded heel drops, proper arch support and wide bases with good traction can also drastically help to reduce the risk of falls. As we age it's not uncommon for our feet to also get wider and flatter. Nearly 1/3 of seniors will suffer from chronic foot pain much of which is caused by ill fitted footwear. Having your feet accurately measured by professionals who specialize in shoes for seniors can help to ensure a well fitted shoes and feet that will feel the difference.

Happy Easter!

Easter is a significant holiday in the Christian faith, celebrating the resurrection of Jesus Christ, which is described in the New Testament. But its observance can vary widely depending on denomination and tradition.

It's a time of both spiritual reflection and celebration.



APRIL SPECIAL EVENTS

1

April Fool's Day!

8

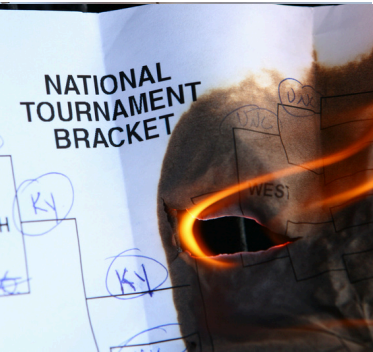
Read Across America at Exploris School

17

Community Easter Egg Hunt

23

March Madness picnic with Cary



EXECUTIVE DIRECTOR CORNER

Dear Residents and Families,

April brings the beauty of spring—a time of renewal, hope, and fresh beginnings. In our community, it's a reminder of the joy found in simple moments and the strength we share together. I'm continually inspired by the kindness, resilience, and warmth that fill our halls. Here's to blooming friendships and brighter days ahead.