

ASSOCIATE OF THE MONTH - JALENE P.

I've been here at Waltonwood for 5 months now and I love to get to know my residents. I am currently in school to be a Medical Assistant. In my spare time I like to go out to eat and do nice things for myself and others.



MARCH HIGHLIGHTS

11th Poker Game! Spontaneous game of Poker led by our lovely Andrea!

17th Happy St. Patty's Day! The scavenger hunt for the pot of gold was so much fun!

19th Read Across America went so well! Thank you to Ms. Burtwell and her kindergartners

21st Taste of Waltonwood! So many smiles and savory goodies! Thank you Chef Nick for all the hard work you put into our food!



FOREVER FIT:



A strong body starts from the ground up and choosing the right shoes is key part of keeping our feet healthy. Correctly fitting shoes can help to reduce foot, knee, hip and back pain and promote healthy circulation. Shoes with low-padded heel drops, proper arch support and wide bases with good traction can also drastically help to reduce the risk of falls. As we age it's not uncommon for our feet to also get wider and flatter. Nearly 1/3 of seniors will suffer from chronic foot pain much of which is caused by ill fitted footwear. Having your feet accurately measured by professionals who specialize in shoes for seniors can help to ensure a well fitted shoes and feet that will feel the difference.

TRANSPORTATION INFORMATION

Transportation is offered for Assisted Living residents on Fridays for outings and appointments based on availability. The bus is used on Monday, Tuesday and Thursday in Independent Living and Wednesdays in Memory Care. Limited rides on the bus may be available on those days, and residents who are able to transfer into the Cadillac have that option as well. **Transportation request slips are available at the front desk.** Please give as much notice as possible so our drivers can create their schedule. We will try our best to accommodate last minute requests but cannot guarantee availability.

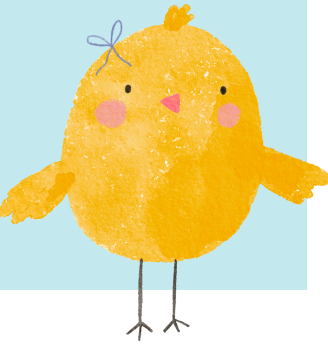
APRIL HAPPENINGS

- 4/1: April Fool's Day
- 4/3: Entertainment: Suzi Marsh
- 4/7: Resident Council
- 4/8: Mosaic Tile designs. Meet in Hobby Room
- 4/10: Entertainment: Neil Diamond Tribute
- 4/11: Outing: Debbie's Dollar
- 4/14: Kindness Council
- 4/17: Entertainment: Marco Floyd
- 4/18: Outing: Aquarium
- 4/22: 1950's Themed Mixer with Vintage Vocals and Matt's Moblie Bar from 1:30-3pm
- 4/24: Entertainment: D &A Duo
- 4/25: Outing: Imperial Lanes
- 4/30: Family Night at 6pm



Moriah Dean, Life Enrichment

How Many Gumballs?
Answer: 481
Winner: Kylah



GINA CONWAY, EXECUTIVE DIRECTOR

Last month, Paul Carlson, Regional Director of Operations, resigned from his position with Waltonwood to further his professional endeavors in another industry. However, we are pleased to welcome Ellen Byrne, CDP as our new Regional Director of Waltonwood Lakeside. She has over 25 years' experience in senior living and we are excited to welcome her to the Waltonwood family. Ellen is scheduled to start in early April, and will be touring the community shortly after. Please join us in welcoming Ellen!



April Birthdays

Janet F. - 4/12

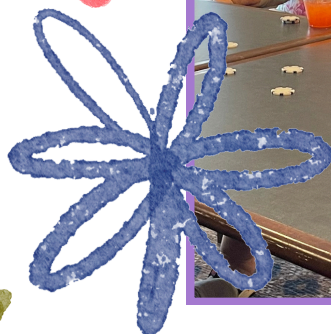
Shelia M. - 4/20

Reva R. - 4/22



COMMUNITY COMMUNICATION

Your April Calendar is included with this Newsletter. While we try our best not to make changes, it does happen from time to time. Remember: The most up-to-date programs are always posted in the elevator, in front of the Hobby Room, on the TV screens & **now accessible on your phone**. If you have any questions on how to get started, please reach out to the Life Enrichment Team.



\$3500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to our community, they'll thank you for it - and then we'll thank you for it too!

If they sign a one-year lease with us, you'll receive a \$3500 Referral Bonus* in the form of a check, rent credit or donation to a charity of your choice! Ask for details!

FAMILY & FRIENDS REFERRAL PROGRAM!



LAKESIDE CONNECT

April 2025



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www.waltonwood.com | 586-532-6200
Facebook: /WaltonwoodLakeside

COMMUNITY MANAGEMENT

Gina Conway
Executive Director

Allison Neal
IL Manager

Lisa Kendrick
Business Office Manager

Tracy Chamberlain
Wellness Coordinator

Rebecca Adams
Wellness Coordinator

Moriah Dean
AL Life Enrichment Manager

Rene Ruhlman
IL Life Enrichment Manager

Melissa Wright
Lead Marketing Manager

Aaron Rodino
Marketing Manager

Nick St Onge
Culinary Services Manager

Les Hicks
Environmental Services Manager

Marcia Combs
MC Life Enrichment



"Spring is far more than just a changing of seasons; it's a rebirth of the spirit." —Toni Sorenson

They say April showers bring May flowers. I like to reflect on that sentiment. We must have the rain for things to grow or perhaps more poetic, we must go through the stormy days to see the light at the end of the tunnel. I personally love April because it shows the growth and the strength of nature. The persistence of Mother Nature and how she is always reliable. The winter can be a dark and heavy coat that you wish would lighten up. And isn't it wonderful that it always does? The light, sweet smell of Spring is here finally, and I truly hope you can enjoy the beginning of a new year.

Wishing you sweet blossoms,
Your Life Enrichment Team

