

Rosella W - 9th

Betty C - 9th

Laura L - 10th

Rose D - 11th

Hermina R - 22nd

Christa C - 23rd

Mary C - 24th

Conrad B - 24th

Christine G - 24th

Arlene P - 25th

Mark P - 29th



Save the Date! Friday, June 20th

COMMUNITY COMMUNICATION

Your April Calendar is included with this Newsletter. While we try our best not to make changes, it does happen from time to time. Remember: The most up-to-date programs are always posted in the elevator, in front of the Hobby Room and dining room, on the TV screens & now you can access on your phone. If you have any questions, please reach out to the Life Enrichment Team.









\$3500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to our community, they'll thank you for it - and then we'll thank you for it too!

If they sign a one-year lease with us, you'll receive a \$3500 Referral Bonus* in the form of a check, rent credit or donation to a charity of your choice! Ask for details!

LAKESIDE CONNECT

APRIL 2025



Redefining Retirement Living
SINGH

14750 Lakeside Circle, Sterling Heights, MI 48313

www.waltonwood.com | 586-532-6200

Facebook: /WaltonwoodLakeside



April ~ the month of possibilities where dreams blossom like spring flowers.

Welcome to April, everyone! As the days lengthen and the promise of warmer weater fills the air, we're excited to share all the wonderful programs and events planned for this vibrant month.

While we know Michigan's April can be a bit of a mixed bag - sunshine one day, a gentle (or not-so-gentle) spring shower the next - we're prepared to embrace it all. Inside, we'll be celebrating the season with our family Easter Buffet and several spring related activities. When the sun does peek out, we'll be getting our patio and courtyard ready for all to enjoy and venturing out more with our outings.

This month, we'll also be honoring our volunteers during National Volunteer Week (April 20-26). Please be sure to share your thanks (or give a few extra pets) to all our human and furry volunteers. Let's welcome the fresh air, blooming flowers and the renewed sense of energy that April brings!

Rene Ruhlman / Life Enrichment Manager

COMMMUNITY MANAGEMENT

Gina Conway *Executive Director*

Allison Neal *IL Manager*

Lisa Kendrick *Business Office Manager*

Rene Ruhlman IL Life Enrichment Manager

Melissa Wright
Lead Marketing Manager

Aaron Rodino *Marketing Manager*

Nick St OngeCulinary Services Manager

Les Hicks *Environmental Services Manager*

Marcia Combs

MC Life Enrichment Manager

Moriah Dean *AL Life Enrichment Manager*



ASSOCIATE OF THE MONTH - CRAIG C.

Congratulations to our Sous Chef Craig for being selected as our Associate of the Month! Even though he works back of the house, you're sure to have seen him interacting with our residents (always with a big smile). He's been with us for almost 7 years and is one of the most kind, caring and reliable people you'll meet. Craig always goes above and beyond to make sure our residents are happy with the culinary offerings. When he's not at work, he loves playing with his three cats. Craig is also planning a wedding to his bride-to-be Krystal.

If you would like to nominate an employee (culinary, housekeeping, life enrichment, care team, concierge or maintenance) for exemplary service, forms are available at the Front Desk.



MARCH HIGHLIGHTS

3rd

Mike and Janet Z visited Shawnee Elementary School and read to 100 Fourth Graders - the kids loved it as much as we did!

18th

Author Karen Dybis gave a presentation from her book - Detroit Style Pizza: A Doughtown History while residents enjoyed Buddy's Pizza.

13th

Always a resident favorite, Vanessa Carr visited and performed a selection of Irish songs (and serenaded Jim H)

27th

Donnie Rod returned with his popular Rod Stewart tribute act!







FOREVER FIT: THE PERFECT PAIR

A strong body starts from the ground up and choosing the right shoes is key part of keeping our feet healthy. Correctly fitting shoes can help to reduce foot, knee, hip and back pain and promote healthy circulation. Shoes with low-padded heal drops, proper arch support and wide bases with good traction can also drastically help to reduce the risk of falls. As we age it's not uncommon for our feet to also get wider and flatter. Nearly 1/3 of seniors will suffer from chronic foot pain much of which is caused by ill fitted footwear. Having your feet accurately measured by professionals who specialize in shoes for seniors can help to ensure a well fitted shoes and feet that will feel the difference.

TRANSPORTATION INFORMATION

Transportation is offered for Independent Living residents Monday-Thursday between 8:30am and 3pm for appointments based on availability. Residents are asked to fill out a transportation request form at least two weeks in advance so our drivers can create their schedule. Slips are located in the library or at the front desk. We will do our best to accommodate last minute ride requests based on schedule availability. **Medical appointments will take precedence over leisure ride requests**. We encourage family and friends to remain involved with transportation to medical appointments. All rides outside of our 10 mile radius will be charged at \$2 per mile.

Outings and community events sign-up sheets are in the Outings binder. Please keep in mind all events are first come - first serve. We request that if you sign up for an outing and end up not being able to attend, you cross your name off the list. If the bus is full and you have your own car, you are welcome to add your name to the right side of the sign-up form and join us at the destination. **Drivers are not available on Fridays as they are supporting our Assisted Living & Memory Care communities.**

APRIL HAPPENINGS

2nd - Senior SCAM presentation with Robert Haig

3rd - Musical performance by Suzi Marsh

4th - Detroit Tigers Home Opener Watch Party

9th - Palm Weaving Workshop

10th - Entertainment by Neil Diamond Tribute Artist

11th - Family Easter Buffet Dinner

14th - Welcome Committee Meeting

17th - Outing to MCC for Leading Ladies of MI exhibit

17th - Musical performance by Marco Floyd

20th - Easter Sunday

21st - Tea & Table Talk

 22^{nd} - 1950's themed mixer with Assisted Living

24th - Entertainment with the D & A Duo

24th - Veterans Luncheon

25th - Friends & Flowers

29th - Line Dancing Class









GINA CONWAY, EXECUTIVE DIRECTOR

Last month, Paul Carlson, Regional Director of Operations, resigned from his position with Waltonwood to further his professional endeavors in another industry. However, we are pleased to welcome Ellen Byrne, CDP as our new Regional Director of Waltonwood Lakeside. She has over 25 years' experience in senior living and we are excited to welcome her to he Waltonwood family. Ellen is scheduled to start in early April, and will be touring the community shortly after. Please join us in welcoming Ellen!