

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Easter</p> <p>10:00 Mount Olivet Worship Livestream (T)</p> <p>10:00 Danish Delight & Coffee (T)</p> <p>12:00 Our Lady of Grace Church Service (C29)</p> <p>1:00 Westminster Presbyterian Service (C29)</p> <p>2:00 Contemporary Lutheran Worship St. Andrews Church (C29)</p>	<p>20 Happy Birthday Marilyn L!</p> <p>10:00 Yoga Therapeutic Stretch Class w/Laurie (TR)</p> <p>11:00 Upper Body Stretching (C3)</p> <p>11:15 Group Exercise: Weights (TR)</p> <p>1:00 Walking group w/MC (L)</p> <p>1:30 MacPhail Hour: Pianist (CR)</p> <p>2:00 Resident Snacks (T)</p> <p>2:45 Bingo (B)</p> <p>3:45 Bingo (CR)</p> <p>4:00 Care Giver Support Group (CR)</p>	<p>21 Happy Birthday Inna H!</p> <p>9:30 Brain Training (C3)</p> <p>10:00 Donut Dash & Coffee (B)</p> <p>10:30 Leg Exercises (C3)</p> <p>1:30 Flower Bouquets (CR)</p> <p>2:00 Grocery Outing: Cub Foods (L)</p> <p>3:00 Mahjong Club (B)</p> <p>3:15 Goat Shine Visit (Skyview Memory Care Patio) (MC)</p> <p>6:15 Evening Movie (T)</p>	<p>22</p> <p>10:00 Full Body Exercise (C3)</p> <p>10:15 Games/Technology Help/Social Hour w/ Student Volunteers Breck Highschool (L)</p> <p>11:15 Group Exercise: Weights (TR)</p> <p>2:00 Live Entertainment: Steve Roehm Vibraphonist (CR)</p> <p>2:00 Healing Touch (By Appointment w/Carrie)</p> <p>2:00 Resident Snacks (T)</p> <p>3:30 Christian Worship (CR)</p>	<p>23 Happy Birthday Vincent W!</p> <p>9:30 Brain Training (C3)</p> <p>10:00 Bagel Break & Coffee (B)</p> <p>10:00 Tai Chi (C3)</p> <p>11:15 Group Exercise: Balance (TR)</p> <p>2:00 Group Outing: Mama Mia at Jefferson Theatre *RSVP Required* (L)</p> <p>6:00 Living-Room Symphony (C3)</p>	<p>24</p> <p>10:00 Catholic Service & Communion (CR)</p> <p>10:00 Chair Yoga (C3)</p> <p>10:00 Clover Ride Transportation 10am-3pm Optional Ride Service *Must Call to setup* (L)</p> <p>11:15 Group Exercise: Medicine Balls (TR)</p> <p>1:00 Movie Matinee: Life in our Universe (Educational Great Courses) (1h) (T)</p> <p>2:00 Resident Snacks (T)</p> <p>3:00 Happy Hour 3-4pm (B)</p>	<p>25 Happy Birthday Edna Joan and Maxine W!</p> <p>9:00 Sitting or Standing Tai Chi (C3)</p> <p>10:00 Chair Yoga (C3)</p> <p>11:00 Livingroom Concert (C3)</p> <p>2:00 Independent Games/Puzzles/Cards Group (GR)</p> <p>3:00 Classic Film or Musical (C3)</p>
<p>10:00 Mount Olivet Worship Livestream (T)</p> <p>10:00 Danish Delight & Coffee (T)</p> <p>12:00 Our Lady of Grace Church Service (C29)</p> <p>1:00 Westminster Presbyterian Service (C29)</p> <p>2:00 Contemporary Lutheran Worship St. Andrews Church (C29)</p>	<p>27</p> <p>10:00 Yoga Therapeutic Stretch Class w/Laurie (TR)</p> <p>11:00 Upper Body Stretching (C3)</p> <p>11:15 Group Exercise: Weights (TR)</p> <p>1:00 Vocal Lessons w/Katrina (CR)</p> <p>2:00 Resident Snacks (T)</p> <p>3:45 Bingo (CR)</p>	<p>28</p> <p>9:30 Brain Training (C3)</p> <p>10:00 Donut Dash & Coffee (B)</p> <p>10:30 Leg Exercises (C3)</p> <p>12:00 Resident Birthday Lunch! *RSVP Front Desk*</p> <p>1:30 Flower Bouquets (CR)</p> <p>2:00 Grocery Outing: Lund's & Byerly's (L)</p> <p>3:00 Mahjong Club (B)</p> <p>6:00 Bingo Night Alzheimers Fundraiser (Family & Friends Welcomed)! (CR)</p>	<p>29</p> <p>10:00 Full Body Exercise (C3)</p> <p>10:15 Games/Technology Help/Social Hour w/ Student Volunteers Breck Highschool (L)</p> <p>11:15 Group Exercise: Weights (TR)</p> <p>2:00 Live Entertainment: Niny Salem Vocalist & Pianist (CR)</p> <p>2:00 Healing Touch (By Appointment w/Carrie)</p> <p>2:00 Resident Snacks (T)</p> <p>3:30 Christian Worship (CR)</p>	<p>30</p> <p>Please contact the Life Enrichment Director Brooke Moser at 952-848-8883 with any questions or suggestions.</p>		