

Activities Updates

- Join Chef Dan for his last Chat with the Chef Tuesday April 1st at 2:00 pm.
- Everyone is invited to Activity and outing planning meeting. Come and share your ideas of upcoming activities you would like to see. If you're unable to make it, Sonja is always open to ideas at any time.
- This month we have outings to restaurants including Scoreboard(4/3), Mill Valley Kitchen (4/17) and Cahill Bistro (4/24). There will also be a men's lunch to Snuffy's Malt Shop (4/10). We will also have outings to Bachman's Flower show at the Galleria (4/4) and Art in Bloom at Minneapolis Institute of Art (4/25).
- Ecumenical Service led by Chaplain Justin will be Thursdays at 11:30am followed by Bible Study focusing on the text from the worship at 2:00 pm.
- Dr. Marc Jaros, Director of Choral Activities at Normandale Community College, will be here Tues. April 8th at 2:00 pm to focus on a piece of music and its composer.
- Highwater Band a duo who sings and plays guitar, keyboard, saxophone, flute, and harmonica . They specialize in country, folk and jazz. And will be here Thurs. April 10th at 2:00 followed by the birthday party at 3:15 pm.
- Come and meet our new chef, Nick, Monday April 14th at 3:15 pm. We'll be wishing Chef Dan well with a farewell happy hour Thursday April 17th at 3:15 pm.
- The Highland Elementary kids club program will be here 3:15 pm April 22nd, Earth Day.
- The Pistachio Singers will be here to perform at 6:30pm Thursday April 24th. Our own Ida Mae is a member of this all women's group.

Alzheimer's and Dementia Resource Library

Available



Did you know there's a dedicated Alzheimer's and Dementia Resource Library available for your use? Robin Pickard, Dimensions Manager, has curated a collection of valuable materials to support caregivers and those affected by dementia.

The library is located at the end of the hallway outside Robin's office in the Willows. To access it, simply ring the doorbell outside the Willows, and someone will assist you.

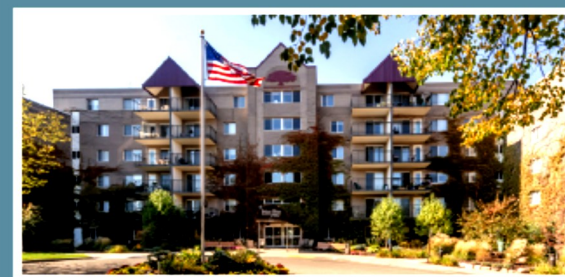
We encourage you to take advantage of this helpful resource whenever needed!

Upcoming Event: Communicating Effectively with Sara Michel

Join us on April 29th for an insightful session with Sara Michel, a certified educator for the Alzheimer's Association, as she presents "Communicating Effectively" -part of her *Empowered Caregiver* series. In this 60 minute class, attendees will learn how dementia affects communication and gain practical tips for engaging effectively with family, friends, and health professionals. Whether you're a caregiver, family member, or simply looking to enhance your communication skills, this session will provide valuable guidance.

Sara will be visiting with the Care Partners Support Group from 4:00pm-5:00 pm in the Fireside Room. Don't miss this opportunity to gain insights and support in your caregiving journey!

For more information, please contact Robin Pickard at robin.pickard@fairview.org or (651)391-6901.



VERNON View

MONTHLY NEWSLETTER

VERNON TERRACE OF EDINA

April 2025



This past month a group of residents enjoyed the St. Paul Chamber Orchestra Concert featuring Piazzolis "The Four Seasons"



We celebrated Fat Tuesday with a Mardi Gras Happy Hour with special appetizers and drinks!



Third-Fifth graders From Highland Elementary Kids Club, an after school program that visits monthly. Last month they came and played games! Their next visit is Tuesday April 22nd at 3:15 pm in the Activity Room



Welcome new interim DHS

During 2024, Mary L served as our interim RN Support Nurse. She has now returned as our interim Director of Health Services! Welcome back Mary!

To Do Item: Get Renters Insurance

Why is this important? Renters insurance can cover the loss of your personal property from many risks including water damage, fire, electrical surges, and so on...Your policy can protect you from loss for liability resulting from personal injury or property damage to a third party whether the incident occurred within your rented residence or elsewhere. If a guest in your residence slips and falls and is injured in your apartment, or your negligence (such as forgetting a pan on the stove or letting your sink run and overflow) causes smoke or fire damage or water damage in the building, renter's insurance may protect you from liability and cover the ensuing damages. Renter's insurance is relatively inexpensive and readily available from most insurance companies. Just because your status changes from being a homeowner to a renter doesn't mean you have less to lose. Renters insurance has a place in protecting your personal assets.

We strongly encourage you to get Renters Insurance today!

New "Recycled Cards" Card Rack



We now have a new card rack in the Activity Room! The "recycled cards" are for sale for \$.50. The card craft group accepts all kinds of greeting cards that people have received and remake them into cards. They are always looking for cards and people to help! Please contact Rebecca (612-636-01237) if you are interested in participating.



April Birthdays

4/2 Roberta K. #520
4/3 Linda M. #319
4/5 Christina S. #606
4/8 Dawn S. #503
4/9 Ann S. #220
4/9 Kathy P # 230
4/9 Betty R. #308
4/11 Eva L. #427
4/12 Wally N. #206
4/13 Mary A. #519
4/14 Mary L. #607
4/22 Mary K #416
4/23 Richard S #401
4/24 Gary L. #417
4/27 Chuck H. #226
4/28 Ruth V. #331

In Memory

Ruth K.

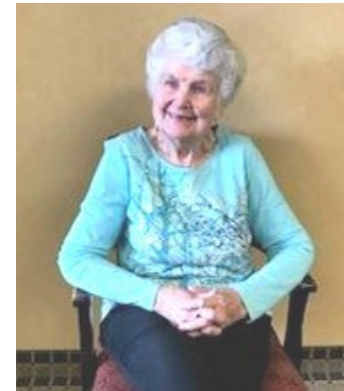
Welcome New Residents

Joann #209
Lee P. #408
Cliff & Mary K. #205
Judy F. #222
Vera #225

Welcome New Employees

Jane-Dining
Jeremiah-Dining
Vynne-Resident Assistant
Katja-Resident Assistant/Front Desk

Resident Spotlight



Barb R. has been a resident here on second floor since 2019.

Barb grew up in Moorhead MN. She attended college at Moorhead State. After college she met her future husband, Jack, in Colorado. After getting married, they moved to Edina where they lived in their home for 55 years!

Barb and Jack raised three children: 2 sons and a daughter. She now is the proud grandmother of 12 grandkids including spouses and 3 great grandkids with the 4th one on the way!

Barb worked at Hennepin Technical college for 21 years as a head of Financial Aid.

She loves travelling and all sports. Barb says "the only thing better than sports is the great grands!" She says she's blessed to travel many places with Switzerland being her favorite.

Barb is on the Vernon Terrace Advisory Council and is the Second Floor Ambassador. She is involved in cribbage, Tuesday night Bridge and Bingo.

When asked what the best thing is about living here, Barb says "the wonderful opportunity to meet people and appreciate each person's circumstances." She is also pleased with the staff.

Meet our Chaplain!



Greetings,
As a missionary kid, I grew up travelling and living around the world.
Over the last 20 years I've been serving as a Chaplain/Pastor in local parish, hospital/healthcare, and military communities.
My wife and I have been married 17 years, journeying as parents for the last 12 to our 3 kids. Our family loves to explore the globe and local coffee shops. I tend to collect guitars.
I will be leading worship at 11:30 am in the Exercise room and Bible study at 2:00 in the Fireside Room every Thursday.
If you would like to meet with me 1:1 please let the front desk know and they will let me know.
I look forward to meeting all of you!
-Chaplain Justin

New books in the Library

We All Live Here by JoJo Moyles
Three Days in June by Anne Tyler
City of Secrets: A Mystery by P.J. Tracy
Triangle by Danielle Steel