



RESIDENT BIRTHDAYS

Audrey F. – April 13
Fred M. – April 15
Diana E. – April 16
Mary S. – April 17
Mary H. – April 24
Jean B. – April 30

ASSOCIATE BIRTHDAYS

Donna H. – April 3
Giselle M. – April 13
Paige C. – April 16
Jessica S. – April 21
Sandra S. – April 25



FRIENDS & FAMILY REFERRAL PROGRAM!

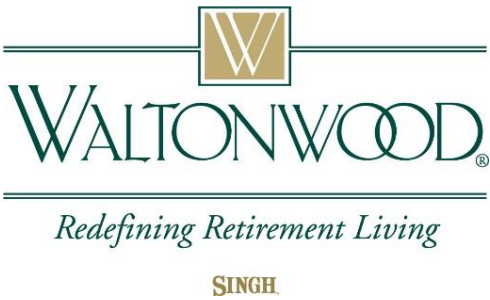
\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

WALTONWOOD UNIVERSITY

APRIL 2025

3250 Walton Boulevard, MI 48309
www.waltonwood.com | (248) 375-2500



DeZwaan Windmill in Holland, MI



MICHIGAN DATES IN HISTORY: APRIL

April 3, 1940 Isle Royale National Park, Michigan's only National Park, was established.

April 5, 1947 Over the course of a week, the combination of melting snow and heavy spring thunderstorms caused devastating flooding and the evacuation of 10,000 people in Flint.

April 9, 2017 The Detroit Red Wings play their last game at Joe Louis Arena; they won 4-1 against the New Jersey Devils.

April 15, 1911 The Detroit Tigers have a memorable Opening Day against the Chicago White Sox, as the teams play through a raging snowstorm; the game was eventually called due to the players being unable to see the pitcher as they stepped up to the plate.

April 25, 1865 Detroit holds a solemn parade and ceremony in honor of Abraham Lincoln following his assassination; an estimated 30,000 people attended.

April 30, 1954 The first passenger flight from Detroit Metropolitan Airport takes off.

COMMUNITY MANAGEMENT

Tammy Collins
Business Office Manager

Celeste Roth
Marketing Manager

Aaron Nash
Culinary Services Manager

Taylor Crowe
Environmental Services Manager

Brennen Bollinger
Independent Living Manager

Lauren Carbonara
Life Enrichment Manager

Donna Donakowski
AL Life Enrichment Manager

Amber Williams
Resident Care Manager

Kristie Campbell-Small
Wellness Coordinator

ASSOCIATE SPOTLIGHT: ALONZO

You might not see him often, but Alonzo, our April Employee of the Month, is an essential part of keeping our kitchen and dining room functioning every day. Alonzo has been working in the kitchen as a Dishwasher at Waltonwood for 9 months, and just this month, he was promoted to Prep Cook (make sure you tell him congratulations the next time you order lunch at the bistro!). What he enjoys most about working at Waltonwood is engaging with the residents on Assisted Living. When not at work, Alonzo enjoys sleeping (who doesn't?!), shopping, and getting dressed up. He is extremely close with his grandmother. His favorite movie is *A Million Ways to Die in the West*, a western comedy featuring Liam Neeson, and his favorite type of music is hip-hop. You may be surprised to learn that Alonzo also loves to watch Bob Ross and that he started a clothing brand called Young Rich Stars when he was in high school!

"Alonzo is such a respectful and funny guy. He is outgoing, goofy, and a great presence to have in the kitchen," Chef Aaron commented. We are grateful for Alonzo's hard work every day, positive attitude, and his willingness to help his team.



FEBRUARY HIGHLIGHTS

9	12
Evelyn's St. Patrick's Day Craft	Read Across America
17	20
St. Patrick's Day Bar Crawl	Resident Show and Tell



FOREVER FIT: THE PERFECT PAIR

A strong body starts from the ground up and choosing the right shoes is a key part of keeping our feet healthy. Correctly fitting shoes can help to reduce foot, knee, hip, and back pain, while promoting healthy circulation. Shoes with low-padded heel drops, proper arch support, and wide bases with good traction can also drastically help to reduce the risk of falls. As we age, it's not uncommon for our feet to also get wider and flatter. Nearly 1/3 of seniors will suffer from chronic foot pain, much of which is caused by ill-fitted footwear. Having your feet accurately measured by professionals who specialize in shoes for seniors can help to ensure well fitted shoes and feet that will feel the difference.

SPRING CLEANING GIVEAWAY "SALE"

As the sun comes out and the weather warms up, I'm sure many of us will find ourselves doing quite a bit of spring cleaning. You may begin a "donation pile" in the corner of your apartment, overflowing with things you no longer have a need for (or the space for!). Before you head to Salvation Army or the dumpster with your pile of giveaways, why don't you bring them to our Spring-Cleaning Giveaway "Sale"?

On Wednesday, April 23rd, we will be hosting a giveaway sale in the Private Dining Room. Residents are encouraged to donate items that they no longer want, so other residents that may have a use for them can take them. **All items will be free**, and anything that does not get taken by the end of the sale will be donated to Salvation Army.

If you have donations for the sale, please bring them to the Private Dining Room on Wednesday, April 23rd from 8:00am-12:00pm. The sale will then begin at 12:00pm and go until 3:00pm. If you have a large object that you need assistance bringing down, please let Lauren in Life Enrichment know ahead of time, and we can make arrangements to bring it down for you.

Items you can donate: gently used clothing, jewelry, electronics, kitchenware, accessories, books, etc.

Items you cannot donate: undergarments, clothing with holes or stains, broken items, etc.

Happy spring cleaning!

EVENTS TO ADD TO YOUR CALENDAR

12	19
11:00/12:30 Easter Brunch (RSVP)	11:30-1:30 Easter Party and Egg Hunt
23	30
12:00-3:00 Spring-Cleaning Giveaway "Sale"	3:00 April Birthday Party with Entertainment: Chet Penkala



EXECUTIVE DIRECTOR CORNER: APRIL

As we welcome the month of April, we embrace the beauty and renewal that spring brings. The flowers are blooming, the days are getting longer, and it's the perfect time for fresh starts and new beginnings. At Waltonwood, we're excited to celebrate this vibrant season with you all, offering a variety of activities to bring our community together.

We're especially looking forward to our upcoming Easter Brunch Buffet, a special gathering for residents and their families to enjoy delicious food and create lasting memories. With warmer weather approaching, we look forward to spending more time outdoors, enjoying the fresh air, and soaking in the beauty of the season. Whether it's a peaceful stroll through the courtyards or a lively social event, spring gives us all the perfect opportunity to connect and make the most of the sunshine.