



APRIL BIRTHDAYS!

- Sally D. 4/ 3
- Tom P. 4/11
- Ann C. 4/29

Massage Therapy
Call 1-301-614-6158
to make appointments
or reach out to
massages222@outlook
.com

SALON
Call 1-301-543-9140
to make appointments
or reach out to
wwashburn@southernl
uxesalons.com



FAMILY & FRIENDS REFERRAL PROGRAM!

Getting to Know Our Neighbor, June!

June was born in Washington DC, then moved to Fairfax, Virginia when she was three. She is the oldest of four siblings: brothers, Steve and Mark, and Sister Lisa. With the exception of a year spent in Brooklyn, June, has lived in northern Virginia for her adult life. Junes father always looked for opportunities for his children to learn new things and to grow, which led to June's involvement with the Civil Air Patrol while she was in high school. This gave June the opportunity to fly in many different types of aircraft. She even got to fly in a two-seater training jet, flown by an Airforce pilot who was a member of the Thunderbirds, the official aerobatic team of the U.S. Air Force! June started college at Mary Washington, then transferred to George Washington University, where she got her bachelor's degree in psychology. In her third year at college, she was introduced to a man named Paul by mutual friends. They went on a blind date and hit it off. Paul was from Brooklyn Heights, NY, which is where June and Paul moved after they were married.

Initially June worked as a substitute teacher in grade schools in Brooklyn and later, in Fairfax VA. She and Paul had two children, Robin and Shawn, four grandchildren: Claire, Clay, Candice, and Ian, and a great-grandchild: Jackson. After teaching, June secured a job with United Airlines, where she worked for 13 years as an international Reservations Agent. Working for the airlines enabled June and Paul to indulge in their love of travel. June has traveled to at least 42 different countries! Travel enabled June to indulge her love of art, music, culture and people. June is grateful to be living at Waltonwood and enjoys getting to know people here. She considers her neighbors to be her second family.



ASHBURN CONNECT - AL APRIL 2025



April

April brings new enrichment programming here at Waltonwood. This month we will travel to Italy. We'll learn more about the sights, music, culture, and cuisine. Join us on April 8th 2-4pm for our communitywide pet Pawlooza party! Open to all pets, you and your furry friend can have your picture taken together at our pet photoshoot. Stop by our Pet Cafe to grab a treat for yourself and your furry friend. We will be collecting pet items to donate to the local shelter. We will also have a communitywide Easter celebration on April 19th from 2-4pm. Bring your little one in for our egg hunt and meet the Easter bunny, guaranteed to be a hopping good time for all. This month also brings volunteer appreciation week. We are thankful for those that volunteer here at Waltonwood helping to enrich the lives of our residents! With live music concerts from new performers and a crafting class to get creativity flowing, there is more fabulous fun to come this month!



SINGH
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www.waltonwood.com | 571-918-4854
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COMMUNITY MANAGEMENT

Christopher Leinauer Executive
Director

Audrey Wilson
Business Office Manager

Chelsea Gray
Marketing Manager

Victor Ast
Marketing Manager

Eduardo Villasmil
Culinary Services Manager

Dwayne Johnson Maintenance
Manager

Tracy Philemon
Independent Living
Manager

Sharon Prior
Resident Care Manager

Kesha Sampson
AL Wellness Coordinator

Sheryl Warren-Graham
MC Wellness Coordinator

Jocelyn Jackson
IL Life Enrichment Manager

Brandy Alexander
AL Life Enrichment Manager

Desiree Gilbert
MC Life Enrichment Manager

\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

Congratulations Jin Oh on being April Employee of the Month!

Jin was chosen because she goes above and beyond! Jin has worked as a caregiver at Waltonwood for almost 2 years. She works in assisted living and memory care. Jin originally wanted to be a pharmacist or a kindergarten teacher but always thought that she should do something that allowed her to show physical and mental love instead. It was then that she decided to be a caregiver. Jin makes the residents feel safe. She truly loves the residents and what she does. To calm residents, Jin offers hand and foot massages. Jin can even be found playing the piano for the residents whenever she is working. She feels classical music heals the heart and soul. Jin also plays the flute and ocarina. Jin received a Masters in English Literature from Suncheon National University in Korea. Her favorite author is Robert Frost. She especially loves his poem “The Road Not Taken” because it makes her think about choices people make in life. Jin came to the US in 1995 to attend University of California Riverside. After working as an English and special education teacher in various countries, she moved to Virginia in 2014. Jin was a Boy Scout leader for over 20 years. In her spare time, Jin enjoys travelling and hiking twice a week in Bull Run and Lawrence Park. She feels hiking gives her strength and healing. Jin loves making, drinking and sharing her own tea. She also enjoys spending time with her 2 sons and playing golf with her husband.



March HIGHLIGHTS



FOREVER FIT: The Perfect Pair

A strong body starts from the ground up and choosing the right shoes is key part of keeping our feet healthy. Correctly fitting shoes can help to reduce foot, knee, hip and back pain and promote healthy circulation. Shoes with low-padded heel drops, proper arch support and wide bases with good traction can also drastically help to reduce the risk of falls. As we age it’s not uncommon for our feet to also get wider and flatter. Nearly 1/3 of seniors will suffer from chronic foot pain much of which is caused by ill fitted footwear. Having your feet accurately measured by professionals who specialize in shoes for seniors can help to ensure a well fitted shoes and feet that will feel the difference.

TRANSPORTATION INFORMATION

If you would like to book a Mon or Wed medical appointment, please see concierge for a Transportation Request Form. Prior notice of 2 business days is needed.

Here’s where we’re headed this month!

Sign up with Life Enrichment Manager Brandy Alexander.

- 4/1: Scenic Ride 1:30pm
- 4/8: Shopping Harris Teeter 11:00am (rsvp by 4/6)
- 4/15: Dukin Donuts 1:30pm (rsvp by: 4/14)
- 4/22: Scavenger Hunt Scenic Ride 1:30pm

April SPECIAL EVENTS

- 4/1: Scenic Ride 1:30pm
- 4/3: Resident Council/ Town Hall 10:30am
- 4/4: Concert: Ron Howard 4:00pm
- 4/8 Pet palooza 2-4pm
- 4/8: Shopping Harris Teeter 11:00am
- 4/10 Concert Lee Jones 4:00pm
- 4/15: Dukin Donuts 1:30pm
- 4/18: Concert Mo Better Blues
- 4/18: Easter Dinner 5:00pm
- 4/19: Easter Bunny & Egg Hunt 2-4pm
- 4/22: Scavenger Hunt Scenic Ride 1:30pm



*In Loving Memory of
Spencer Hough*

EXECUTIVE DIRECTOR CORNER

Spring is upon us. The weather is warmer and the days are getting longer. In April, we begin to revive our outdoor areas. The fountains will be turned on, the exterior and courtyard areas will be landscaped and the trees, shrubs and plants will begin to blossom. This spring, make an effort to get outside to enjoy our beautiful property. We have many new residents joining us as well. Please reach out and introduce yourself to our new neighbors and friends. Help acclimate them to community life and welcome them to the Waltonwood family.

