



RESIDENT BIRTHDAYS

- 4/1: Donna Jones
- 4/1: Bob McMillan
- 4/2: Bob Seiden
- 4/3: Ellen Consaul
- 4/8: Betty Swartz
- 4/11: Chris Dame
- 4/11: Corrie Fraser
- 4/13: Mary McAllister
- 4/16: Joe Aguiar
- 4/16: Caryl Warner
- 4/19: Donna Nixon
- 4/24: Jeanne King
- 4/27: Peter Nazareth
- 4/29: Janet Taliafero
- 4/30: Mary Ann Seiden



New Bulletin Board

Spring is finally here! Thank you so much for your feedback and suggestions, especially for upcoming trips and movies. You have seen some changes to our very busy calendar. If you haven't seen our new bulletin board to the right of the mailboxes, please check it out. This board contains the daily calendar and the next days' calendar so you can plan ahead, special event flyers with details of the activity and a Resident Feature write up, courtesy of resident, Bob Schwartz. If you are interested in being featured, please let Bob or me know. We would like to feature a new resident every month. If there is anything else you think might be beneficial on the bulletin board, please let me know. Please be aware that space is limited.

COMMUNITY COMMUNICATION

4/1	Vocal Harp Concert with Kristen J	4/15	Classical Piano Concert with the Nguyen Brothers
4/2	Art Class with Heather	4/16	History Alive Show: Queen Bess with Mary Ann Jung
4/2	Vocal Instrumental Concert with Davis Bradley	4/16	Intermediate Art Class with Juliet
4/3	Washington Senators Baseball Presentation	4/16	Lunch Out/In: Panera (RSVP)
4/5	Tacy Music Concert	4/16	Piano Concert with Darryl N
4/8	Arts & Crafts: Dog & Cat Toys	4/18	Easter Dinner
4/8	Pet Photo Day Pictures	4/19	Easter Egg Hunt with Generation Union
4/8	Piano Bar with Bob Clark	4/21	Significant Historical Events in April
4/9	Paul Cezzane Presentation with Kimberly Stein	4/22	Rock Ridge High School Science Fair
4/9	Card Making with Kathy McMeekin	4/23	Twiggy Presentation with Juliet G
4/9	Vocal Guitar Concert with Katie M	4/23	Concert with BBSshop Quartet 6'2"
4/10	Caring for Senior Pets Presentation with Henry Emch	4/28	Chesapeake Critters with Marine Biologist Andrew Wilson
4/11	Passover Seder Presentation with Jimmy B	4/28	Vocal Guitar Movies of the 1970s Concert with Jocelyn
4/11	Tour of Italy Happy Hour	4/29	Karaoke Night
4/14	Garden Party	4/30	Violin Concert with Benedict G
4/14	Sing Along with Bix		
4/15	Philosophical Discussion: Carbon Footprints		



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASHBURN CONNECT

APRIL 2025



SINGH

44141 Russell Branch Parkway, Ashburn, VA 20147
www.waltonwood.com | 571 918-4854
Facebook: WaltonwoodAshburn



UPCOMING EVENT HIGHLIGHTS

Spring, also known as the vernal equinox where both days and nights are 12 hours long, is a time of rebirth, rejuvenation, renewal and regrowth. It is a perfect time to participate in our many activities. The Washington Senators are here to help us kick off baseball season. It's raining cats and dogs so be sure to join us for Pet Photo Day. Please bring your donations to help us support Loudoun County area pets in need of love and goodies. Join us for our Garden Party. The Easter Bunny is back and he's hidden eggs for all the kids. We are having a Science Fair for the first time at Waltonwood. If you love to sing, you don't want to miss our new Karaoke Night. This month we also celebrate Passover, Earth Day and Arbor Day with many themed activities. We thank all of our many volunteers always, but especially during the month of April with a Volunteer Appreciation Awards Ceremony and Social. Now that the weather is nice and we have more daylight hours, our courtyard concerts and supper club are back on the calendar. Besides joining our many activities this spring, don't forget to take in the warm sunlight and catch a breath of fresh air too. You may even catch a rainbow after a rainshower. Life is good at Waltonwood.

COMMUNITY MANAGEMENT

- Christopher Leinauer
Executive Director
- Audrey Wilson
Business Office Manager
- Eduardo Villasmil
Culinary Services Manager
- Dwayne Johnson
Environmental Services Manager
- Tracy Philemon
Independent Living Manager
- Chelsea Gray
Marketing Manager
- Victor Ast
Marketing Manager
- Sharon Prior
Resident Care Manager
- Kesha Sampson
AL Wellness Coordinator
- Sheryl Warren-Graham
MC Wellness Coordinator
- Brandy Alexander
AL Life Enrichment Manager
- Jocelyn Jackson
IL Life Enrichment Manager
- Desiree Gilbert
MC Life Enrichment Manager

ASSOCIATE SPOTLIGHT

Congratulations to Jin Oh for being selected Employee of the Month! Jin was chosen because she goes above and beyond.

Jin has worked as a caregiver at Waltonwood for almost 2 years. She works in assisted living and memory care. Jin originally wanted to be a pharmacist or a kindergarten teacher but always thought that she should do something that allowed her to show physical and mental love instead. It was then that she decided to become a caregiver. Jin makes the residents feel safe. She truly loves the residents and what she does. To calm residents, Jin offers hand and foot massages. Jin can even be found playing the piano for the residents whenever she is working. She feels classical music heals the heart and soul. Jin also plays the flute and ocarina.

Jin received a Masters in English Literature from Suncheon National University in Korea. Her favorite author is Robert Frost. She especially loves his poem “The Road Not Taken” because it makes her think about the choices people make in life. Jin came to the US in 1995 to attend University of California Riverside. After working as an English and special education teacher in various countries, she moved to Virginia in 2014.

Jin was a Boy Scout leader for over 20 years. In her spare time, Jin enjoys travelling and hiking twice a week in Bull Run and Lawrence Park. She feels hiking gives her strength and healing. Jin loves making, drinking and sharing her own tea. She also enjoys spending time with her 2 sons and playing golf with her husband.



MARCH HIGHLIGHTS



FOREVER FIT: The Perfect Pair

A strong body starts from the ground up and choosing the right shoes is a key part of keeping our feet healthy. Correctly fitting shoes can help to reduce foot, knee, hip and back pain and promote healthy circulation. Shoes with low-padded heel drops, proper arch support and wide bases with good traction can also drastically help to reduce the risk of falls. As we age it’s not uncommon for our feet to also get wider and flatter. Nearly 1/3 of seniors will suffer from chronic foot pain much of which is caused by ill-fitted footwear. Having your feet accurately measured by professionals who specialize in shoes for seniors can help to ensure well fitted shoes. Your feet will feel the difference.

TRANSPORTATION INFORMATION

MEDICAL APPOINTMENTS

Medical transportation is available on Mondays & Wednesdays from 8:30-4:00. Appointments must be made using the “Transportation Request Form” located at the front desk and requested no less than 2 business days (Mon-Fri) in advance by 4pm. We do not process requests over the weekend.

TRIPS

Please sign up at the front desk if you are interested in participating in any of the below trips as seats are limited. Sometimes we are not able to accomodate residents at the last minute as there is a cost for some trips and they need to be planned in advance.

PLEASE NOTE THAT WE ARE ALTERNATING SHOPPING PLAZAS & TIMES.

Sundays at 9am & 12:15pm: Shopping – see calendar for stores of the day
Sundays 10am St. David’s & St. Theresa Church Services

- 4/4 11am Lunch Bunch: Opa – Cost for food, taxes & tip – RSVP by 4/1
- 4/11 10am Charlestown Casino Trip – Cost for games & purchases – RSVP by 4/4
- 4/18 9:30am Spring Cruise on the Spirit of Washington - \$70.00 – RSVP by 4/4
- 4/25 10am Barns at Rose Hill Art Exhibit – Cost for purchases – RSVP by 4/18
- 4/30 Supper Club: Bungalow Lakehouse – Cost for meal, taxes & tip – RSVP by 4/23

MARCH SPECIAL EVENTS

4/8

Pet Photo Day Pictures
& Donations

4/16

Lunch Out/In: Panera

4/22

Rock Ridge National
Honor Society Science
Fair

4/29

Karaoke Night



EXECUTIVE DIRECTOR CORNER

Spring is upon us. The weather is warmer and the days are getting longer. In April, we begin to revive our outdoor areas. The fountains will be turned on, the exterior and courtyard areas will be landscaped and the trees, shrubs and plants will begin to blossom. This spring, make an effort to get outside to enjoy our beautiful property. We have many new residents joining us as well. Please reach out and introduce yourself to our new neighbors and friends. Help acclimate them to community life and welcome them to the Waltonwood family.

