Sunday	Monday	T <mark>ues</mark> day	Wednesday	Thursday	Friday	Saturday
Indepe Assiste 8:20 Shuttle to St. Frances Cabrini	ndent & Calendar and the content & Calendar and the content & Calendar and the content and the calendar and	9:30 Cardio/Strength Fitness	10:00 McChord BX/Commissary 10:30 Agua Activities	9:30 Cardio/Strength Fitness 10:30 Yahtzee with Kim 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Activity Corner – Discuss Activities & Outings Come with your ideas 4:30 Thirsty Thursday Social 6:15 Mexican Train 6:30 Resident Run Card Games Transportation: APPT. Day 9:30 Cardio/Strength Fitness	10:30 Muckleshoot Bingo & Casino	6:30 Resident Run Card Games 7:00 Movie Night 7:00 Bar Trivia Night w/Steve D 1 9:30 Exercise 10:00 Trader Joe's, UP
9:30 Church @ Patriots Landing 12:00 Chair Yoga 1:00 Ft Lewis PX/Commissary 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	10:30 Aqua Activities 12:00 Noon Cribbage 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 3:00 Ron Rosenbloom Wine Social 6:15 Mexican Train	10:30 Playing 8-ball & Darts 10:30 Tech Tuesday – Phone Help 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 1:30 St Frances Cabrini 3 rd Graders Visit & Games 3:00 Needle Group 3:00 Cards: Bridge 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo	10:30 Yahtzee with Kim 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Garden Seed Share & Spring Meeting 2:00-2:30 Blood Pressure Clinic 4:30 Thirsty Thursday Social 6:15 Mexican Train 6:30 Resident Run Card Games	10:15 Bible Study 10:30 Aqua Activities 10:30 Zack the Therapy Dog Visit 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 1:00 Stations of the Cross (2 nd fl) 2:00 Bingo 3:15 We Care Support Group 6:15 Triominos 7:00 Movie Night	10:30 Wii Bowling Teams 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
8:20 Shuttle to St. Frances Cabrini 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing Palm Sunday Service 12:00 Chair Yoga 1:00 McChord BX/Commissary 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	9:30 SAIL Fitness 10:30 Aqua Activities 12:00 Noon Cribbage 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bean Bag Toss 3:15 Bar Bingo 6:15 Mexican Train 7:00 Tara Chugh Piano Social	9:30 Cardio/Strength Fitness 10:00 ACU Banking for Residents 10:30 Playing 8-ball & Darts 11:30 Spring Luncheon w/City "Birds of a Feather" theme 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	10:00 Hess Bakery 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 RAPL 3:00 Needle Group 3:00 Cards: Bridge 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo	9:30 Cardio/Strength Fitness 10:30 Yahtzee with Kim 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Crafter Corner Spring Pots 4:30 Thirsty Thursday Social 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 History Stories w/Steve D (AROWs)	9:30 SAIL Fitness 10:30 Church @ Patriots Landing Good Friday Service 10:30 Aqua Activities 11:00 DuPont Historical Museum & Lunch at Viva Rest. 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 3:30 Bar Trivia with Iris 6:15 Triominos 7:00 Movie Night	9:30 Exercise 10:00 Walmart, Lacey 10:30 Wii Bowling Teams 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
9:30 Shuttle to St. John Bosco 9:00 Church @ Patriots Landing Easter Communion Service 10:00 Easter Egg Hunt Start in Lobby Easter Buffet 11:00am & 2:00pm Seating Piano by Alan Z (Reservations for head count can be made with a server) 6:15 Triominos 7:00 Movie Night Easter Sunday	9:30 SAIL Fitness 10:30 Aqua Activities 12:00 Noon Cribbage 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Songbirds 6:15 Mexican Train	9:30 Cardio/Strength Fitness 10:00 Patriots Landing Book Club 10:30 Playing 8-ball & Darts 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 6:15 Triominos 6:30 Cub Scout Pack 472 Racing the Raingutter Regatta	9:30 SAIL Fitness 10:00 Ft Lewis PX/Commissary 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Catholic Mass 11:30 Cheryl Zabel - Harp 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 7 Town Hall 3:00 Needle Group 3:00 Cards: Bridge 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo Administrative Professionals Day	9:30 Cardio/Strength Fitness 10:30 Yahtzee with Kim 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Resident Birthday Party Lakewood Senior Players 4:30 Thirsty Thursday Social 6:15 Mexican Train 6:30 Resident Run Card Games	9:30 SAIL Fitness 10:00 Costco, Lacey 10:15 Bible Study 10:30 Aqua Activities 10:30 Zack the Therapy Dog Visit 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	NATIONAL PRETZEL DAY 9:30 Exercise 10: 00 Great Wall Shopping Mall In Kent w/lunch 10:30 Wii Bowling Teams 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 3:00 Rod Koon Wine Social 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:00 Chair Yoga 1:00 Ft Lewis PX/Commissary 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night (MOAA)	9:30 SAIL Fitness 10:30 Aqua Activities 12:00 Noon Cribbage 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Songbirds 3:15 Bar Bingo 6:15 Mexican Train	10:30 Playing 8-ball & Darts 10:30 Scrabble in Bistro 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	9:30 SAIL Fitness 10:00 Lakewood Towne Center 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 3:00 Needle Group 3:00 Cards: Bridge 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo	Ap Patriots Lan	ril 2 ding Retiremen	t Community
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