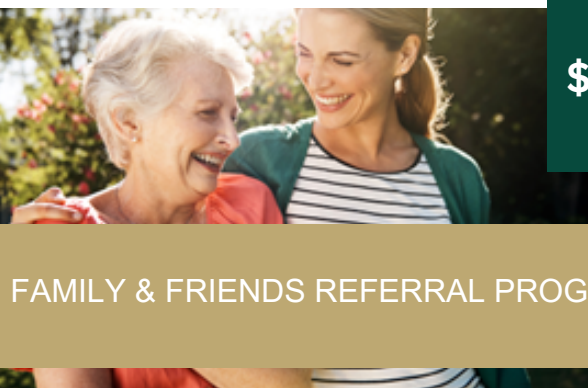




APRIL
BIRTHDAYS!

LYNNE P.
GINNY N.
JOYCE R.
JOANN M.
LEO C.
RICHARD W.
MINA G.
DAVID C.



FAMILY & FRIENDS REFERRAL PROGRAM!

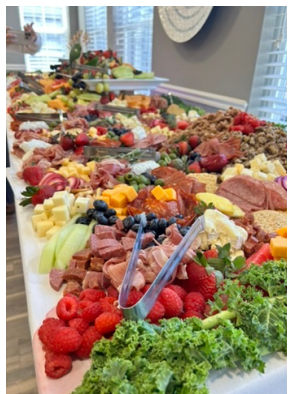
READ ACROSS AMERICA

Celebrating Read Across America at Rochester Caring Steps Pre-School! Residents delighted in reading to the children, and each child received a book, donated by WaltonWood.



TASTE OF WALTONWOOD

Another Taste of Waltonwood is in the books! Met some new faces, enjoyed delicious food, crafted beautiful focaccia, and soaked in the stunning spring décor. Already counting down to next year's tasting!



\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

MAIN CONNECT

April 2025



March Reflection

March was a month full of meaningful connections and delicious experiences at our community! In celebration of Reading Month and the Read Across America initiative, our residents visited the preschool classroom at Rochester Caring Steps to share stories and smiles with the children. This heartwarming intergenerational experience was a joy for all, and we sent the little ones home with carrot planting kits to continue the fun. Additionally, we hosted our much-anticipated annual Taste of Waltonwood event, where our talented culinary team showcased their skills with an array of delicious dishes. It was a wonderful opportunity for residents, families, and guests to come together and enjoy the flavors of our community!

Beyond these highlights, we enjoyed many other exciting activities, including festive celebrations for Mardi Gras and St. Patrick's Day, kicking off the excitement of March Madness, and taking an "Armchair Vacation" to Egypt, exploring its rich history and culture from the comfort of our community. We're looking forward to all the fun and memorable events coming up in April!



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Facebook: /WaltonwoodMain

COMMUNITY MANAGEMENT

Jonathan Hills
Executive Director

Paul Gilleran
Culinary Services Manager

Derek Hill
Environmental Services Manager

Alex Dalga
AL Life Enrichment Manager

Kristin Newton
MC Life Enrichment Manager

Kate McAuley
Marketing Manager

Wendy Schneider
Resident Care Manager

Alicia Hardville
Wellness Coordinator, 1st Floor

Megan Misch
Wellness Coordinator, 2nd Floor

FOREVER FIT: THE PERFECT PAIR

A strong body starts from the ground up and choosing the right shoes is key part of keeping our feet healthy. Correctly fitting shoes can help to reduce foot, knee, hip and back pain and promote healthy circulation. Shoes with low-padded heel drops, proper arch support and wide bases with good traction can also drastically help to reduce the risk of falls. As we age it's not uncommon for our feet to also get wider and flatter. Nearly 1/3 of seniors will suffer from chronic foot pain much of which is caused by ill fitted footwear. Having your feet accurately measured by professionals who specialize in shoes for seniors can help to ensure a well fitted shoes and feet that will feel the difference.

Employee of the Month



Getting to know...
Jason Jones, Housekeeping

- Jason was born in Ypsilanti, Michigan
- He has worked at Waltonwood Main since September 2024
- Loves Peanut Butter M&Ms
- Prides himself on never saying “no”!
- His favorite part of his job is building relationships with residents



March Highlights

4 Cheers to another unforgettable Mardi Gras parade! From vibrant beads to mouthwatering paczkis, it was a celebration to remember

8 We cleared the floor for North Oakland Dance performances—enjoyed the smiles, moves, and sweet cards!



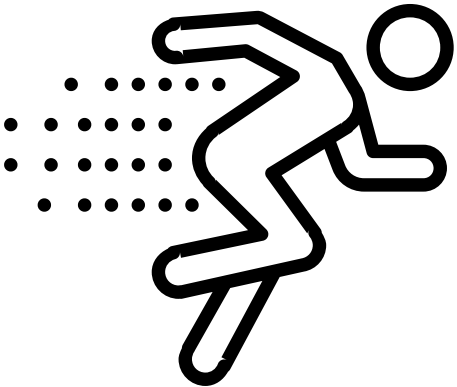
14 Our baking club celebrated Pi Day by crafting a few dozen delicious hand pies, each with a different filling for every taste!

17 Celebrated St. Patrick's Day in style with an Irish singalong, a treasure hunt full of luck, and plenty of shamrock shakes to keep the spirit alive!



Walking Club 5k!

This April, we're kicking off our 5K Walking Club, encouraging residents to stay active and enjoy the fresh spring air! We'll be distributing pedometers and teaching everyone how to use them as we work together to walk a collective 5K throughout the month. Every step counts, and whether you stroll a little or a lot, you're making progress toward a healthier you. Let's lace up our shoes and get moving—one step at a time!



April Special Events

7 National Beer Day! We will be celebrating by indulging a beer tasting paired with a classic-pretzels and beer cheese!

12 Join us for a delightful Easter Brunch Buffet, where residents, family, and friends can gather to enjoy a delicious feast and celebrate the holiday together. RSVP with the front desk to reserve your spot for this special springtime tradition!

10 We're teeing off the Masters Tournament with a special kickoff party, bringing the excitement of Augusta right to our community! Residents will enjoy classic pimento cheese sandwiches and refreshing sweet tea as we celebrate this iconic golf tradition together.

16 Join us for another Armchair Travel adventure! We will be exploring the rich history and stunning landscapes of Greece while sampling delicious cuisine. From Mediterranean dishes to fascinating cultural discoveries—no passport required!



EXECUTIVE DIRECTOR CORNER

Happy April to all as we welcome our rain showers to bring us our beautiful May flowers! As we experienced a chilly end of March, we look for the sun to shine and bring some warmth to our spring season. As we look ahead into this month, our plan is to start our outdoor grooming of the campus grounds so the community will show better than ever! Over the next few weeks, our seasonal flowers and plants will be planted throughout the entrances and around the courtyards. We will also look to open our courtyard seating! These projects are what make the community really stand out and show its amazing features. The community also looks to utilize our raised flower beds. We had such a great turnout from our gardening groups last year, we can't wait to see what's in store this year!

Jon Hills