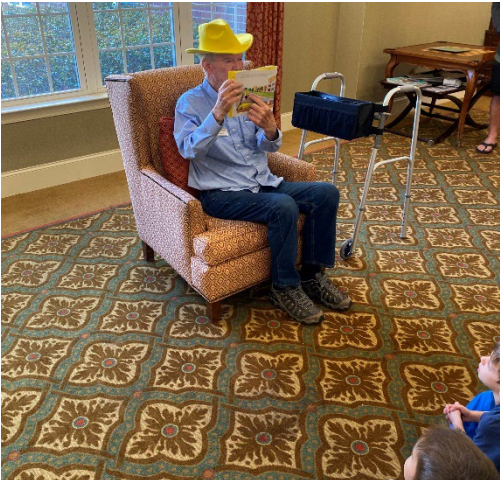




LIFE AT PROVIDENCE

Read Across America

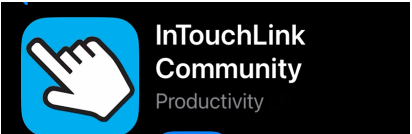


A very special thank you to our own man in the yellow hat, Robert D.!



Thank you Cranfield Academy students!

Download the InTouchLink app today! Stay connected to Waltonwood from the comfort and convenience of your smart device. The code to connect is 113573.



Do you have questions about how to download the app? Please see Blair, Life Enrichment Manager.

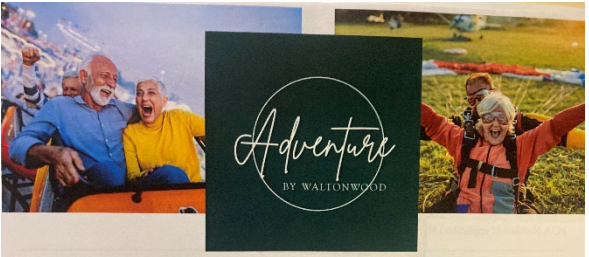


Banana and monkey shaped cookies from our fabulous pastry chef Jamie!

PROVIDENCE CONNECT

APRIL 2025

As we step into April, the season of renewal and growth is upon us. This month brings fresh opportunities, exciting updates, and a chance to reflect on the progress we’ve made so far this year. Whether you are looking forward to springtime activities, upcoming events and holidays, or new initiatives, there is something for everyone! This month Waltonwood Providence is recognizing April Fools Day, Passover, Easter, and Earth Day. We will enjoy Happy Hour every Friday with delicious appetizers from our Culinary team, as well as many other exciting events!



Adventure by Waltonwood

At Waltonwood, we pride ourselves in providing residents with exceptional life experiences. Adventure by Waltonwood is a company sponsored program encouraging Waltonwood residents to pursue their life’s desire. Whether meeting their great grandchild for the first time, riding in a hot air balloon, hiking a national park, riding in a Corvette or reuniting with their best friend from college, Adventure by Waltonwood is available to support resident ambitions. Contact Blair McCotter for more information.



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MANAGEMENT

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Vicki Shotwell  
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Matt Swaney  
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Cara Nirenberg  
Marketing Manager

Blair McCotter  
Life Enrichment Manager

Brittany Hardy  
Wellness Coordinator

Chandra Mills  
Resident Care Manager

Issac Harris  
Environmental Service Manager



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!



Meet Khadijah, your associate of the month! Khadijah has worked at Waltonwood Providence for 2 years. Her favorite part about working here is her role in our Memory Care community. She loves the laughter, care and compassion of our Waltonwood family. Her favorite food is pepperoni and sausage pizza! A fun fact about Khadijah is that she enjoys sketching animals. A trip to beautiful Switzerland is an item on her bucket list. Khadijah is a wonderful caregiver but growing up she dreamed of being a deep sea diver because of her love of seashells. Congratulations Khadijah!



MARCH HIGHLIGHTS

- 4

Mardi Gras  
Full of fun  
and tasty  
treats!
- 17

St. Patrick’s  
Day! It was  
certainly our  
lucky day!
- 20

First Day of  
Spring. We  
are in full  
bloom!
- 27

Baseball’s  
Official Opening  
Day. Play ball!



April Entertainers

- 11<sup>th</sup> Piano w/ Patrick
- 15<sup>th</sup> Music w/ Theresa
- 16<sup>th</sup> Piano w/ Ethan
- 21<sup>st</sup> Music w/ Brian
- 25<sup>th</sup> Music w/ Jim
- 23<sup>rd</sup> Music w/ John Lewis

The Perfect Pair

A strong body starts from the ground up and choosing the right shoes is key part of keeping our feet healthy. Correctly fitting shoes can help to reduce foot, knee, hip and back pain and promote healthy circulation. Shoes with low-padded heel drops, proper arch support and wide bases with good traction can also drastically help to reduce the risk of falls. As we age it's not uncommon for our feet to also get wider and flatter. Nearly 1/3 of seniors will suffer from chronic foot pain much of which is caused by ill fitted footwear. Having your feet accurately measured by professionals who specialize in shoes for seniors can help to ensure a well fitted shoes and feet that will feel the difference.

TRANSPORTATION INFORMATION

Waltonwood will provide transportation for medical appointments on Tuesdays, Wednesdays, and Thursdays. Please notify the Concierge of your appointment as far in advance as possible with the time, date and location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. We will continue our activities outings on Fridays. Sign up at the table across from the Concierge desk.

- 4

Pop Shelf
- 11

Brixx Pizza
- 25

Harris Teeter



APRIL SPECIAL EVENTS

- 08

Empanada Day  
What is an  
empanada?
- 10

Master’s  
Tournament  
Let’s putt  
around
- 18

Easter Egg Hunt  
A hunt for the  
golden egg!
- 22

Earth Day  
Protect our  
planet



Lots of excitement as we enter Spring, 2025! March Madness is carrying into April and my Gators are still in The Dance! We have the games being shown on our common TV's. The finals will be on the 7<sup>th</sup>! Several folks have expressed interest in gardening. We have small areas in the courtyard and gardening boxes being ordered. Please see your community's Life Enrichment Manager if interested. I only charge a couple of tomatoes for a plot! Hard to believe it's been 10 years but we will be celebrating our Assisted Living Community's 10-year anniversary on April the 14<sup>th</sup> with an Italian celebration. We will have appetizer's, wine, and a pasta station and be serenaded with Italian music throughout the evening. We have several staff members who have been with us from the beginning. We will make a point to recognize them as well. On April the 25th we will have our annual car show. Burger's, dog's and an ice cream truck will all be outside to help us celebrate. Looking forward to warmer weather, long and not so long walks, and smiles as we continue through 2025! John