



**April
2025**

Arcadia
SENIOR LIVING
Clarksville

Letter from the Executive Director

Resident Birthdays

Julia Goodlett 4-6

James Harper 4-15

Betsy Williams 4-15

Elizabeth "Mae" VanSteenis 4-16

Yvonne Brimmer 4-18

Employee Birthdays

Shelly Thomas 4-1

Sharon Holman 4-3

Karla Bernard 4-3

Ainsley Roberts 4-24

Wayne Darke 4-26

Anniversary

Noel Tyson 4-26 1 Year

*"Where flowers bloom so
does hope."*

We have reached Spring! Let the warmth begin. Easter is the most important holiday in the Christian calendar and celebrated on April 20th this year. It represents hope, renewal, and new life. It emphasized the promise of eternal life for believers. The significance of Easter extends beyond religious observance though. It has influenced various cultural and social traditions worldwide with many cultures celebrating the holiday with festive meals, egg hunts, and parades. The Easter egg, a symbol of new life and resurrection, has become a common feature of these celebrations. The egg's hard shell represents the sealed tomb of Jesus, and cracking the shell symbolizes his resurrection. We had Ash Wednesday in March with Palm Sunday and Good Friday yet to come before Easter.

We were excited to announce that Jailah Townsel-Siefert was chosen as a 4th Quarter Ambassador. Of all the 2024 Ambassadors, we then chose our 2024 Ambassador of the Year for our Clarksville community, Emma Jeffreys. Emma was then automatically in the running for Arcadia's 2024 Ambassador of the Year Company Wide. A summary detailing how Emma has been as an Arcadia employee was then submitted to the Home Office and they chose the overall winner. We were pleasantly surprised on March 19th with the announcement that Emma had won company wide. Brian Durbin, President, Kristie Kronk, COO, and Justin Vetter, CFO of Arcadia Communities came unannounced to Clarksville to surprise Emma and presented her with flowers, cake, a certificate, and oh so important a check for \$3,000. We are so proud of Emma for being chosen. It is well deserved.

We have welcomed a few new residents and have more to come, and you always make them feel welcomed. Thank you for being a part of our Arcadia home. Your kindness and love go a long way with all of us. I am celebrating my 5th year at Arcadia Clarksville and couldn't feel more blessed or happy.

Sheila Dickmann Executive Director

"There will come a time when you believe everything is finished. That will be the beginning" Louis Amour

March Activities Captured



We let the shenanigans commence all month long here in Clarksville. We let the good times roll with our yearly Mardi Gras Social followed by our week long celebration of St. Patrick's Day enjoying Irish inspired dishes, drinks, crafts, and music!

Make sure you check out our Facebook page for more photos and details.



Resident Highlight

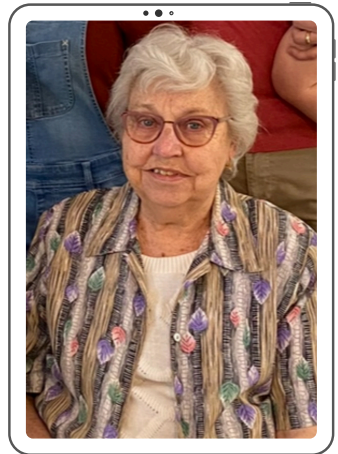
Barbara Bearden was brought up in Dickson County where she lived until her senior year of high school. Barbara and her late husband, Benjamin (Bennie), of 63 years have two children, four grandchildren, and six great grandchildren with another baby coming later this Summer.

Barbara worked for Bell South (AT&T) in the business office in the Clarksville and Nashville area for many years. Due to Barbara's parents becoming ill, she had to take early retirement to tend to both parents until their passing.

Barbara and Benjamin were able to travel to all 50 states including traveling outside the country to Germany, Belgium, Italy, and The Netherlands.

Barbara enjoys watching tv, entertainment, scenic drives, and socializing.

Welcome to Arcadia!



Barbara Bearden

Employee Highlight

Emma Jeffreys was presented with the Community Ambassador of the Year Award for 2024, as well as Company-Wide Ambassador of the Year!

Emma is a Resident Care Specialist in Memory Care Open Arms. She has worked for Arcadia for almost six years and is committed to enhancing the lives of her residents and co-workers. Emma exemplifies the qualities and values of the Arcadia Way.

Once again congratulations Emma Jeffrey!

Thank you for making Arcadia a great place to work!



Emma Jeffreys

Save the Date

April 7th Bill Sleeter Performance at 9:45 am

April 11th Logan Moore Performance at 2:30 pm

April 12th Cumberland Winds Sax Quartet Performance at 1:30 pm

April 13th Sunnyview Baptist Church Performance at 3:15 pm

April 14th Sons of Mary Performance at 2:15 pm

April 19th Annual Easter Egg Hunt at 1:30 pm

April 20th Easter Buffet at 11:00 am-1:00 pm

April 25th Star Berry Performance 2:30 pm



Your Team

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A Few More Things!

KNOW YOUR NEIGHBOR

\$1000

for You

\$1000

for Your
Neighbor



SEE AMBER FOR MORE DETAILS!!

Arcadia's Way!

Don't forget to stop by the front desk and nominate a staff member who exemplifies the qualities and values of teamwork, accountability, integrity, respect, and safety. Our 1st Quarter Ambassador nominations are still underway!

Like and follow us on **Facebook** for more photos and updates at Arcadia Clarksville!



Download the Spectrio Share app and use the pin code 175AL to get up-to-date info on what is going on at Arcadia Clarksville.

