

April
2025



THE *Stilley House* SENIOR LIVING

Resident Birthdays

Sue M. April 1
Sue B. April 8
Marie B. April 10
Lula P. April 20
Wanda H. April 20
Sandra C. April 21
Betty J. April 27

Employee Birthdays

Caitlyn Y. April 2
Sharon G. April 14

Stilley Anniversaries

Barbara A. 2 years
Diana D. 7 years
Hugh E. 1 year
Fannie F. 1 year
Herman F. 1 year
Eddrie T. 13 years

Letter from our Executive Director

Stilley House residents and families,

Happy April and Happy Spring everyone! I'm so happy to see warmer temperatures and longer days ahead. One of my favorites things is when our residents can get outside and gather on the porch each day. It's so good for our physical and mental health. This is also a time when we can start planning all the fun activities that warmer weather will allow. I look forward to fishing trips, scenic drives, trips for ice cream, and so many other fun things to keep our residents active and engaged. Before we know it, we will be planting flowers, getting to smell freshly cut grass, and sipping on lemonade. Spring is such a time of rejuvenation and I always look forward to the things it brings.

We have welcomed many new residents over the winter months, and they have been such a great addition to our Stilley House family. We look forward to making memories with everyone over the next few months. We have also

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971 Birch St, Benton, Kentucky, 42025



Activities this month in A.L.

Families: Our bus will not be available for taking residents to doctor appointments or activities during an upcoming week in April - it is getting a makeover! We will let you know exact dates when scheduled. April is PACKED with FUN- I hope you will join us!~Paula

Tuesday, Apr. 1st - Reggie LaFaye on the sax, 2:10 p.m.

Wednesday, Apr. 2nd - attend play at Benton Elem. School, 8:30 a.m.

Thursday, Apr. 3rd - Shopping Trip to Walmart, 2:30 p.m.

Friday, Apr. 4th - wear ORANGE for Carrot Day/Party at 2:15 p.m.

Monday, Apr. 7th - Tater Day Parade, 10 a.m.

Tuesday, Apr. 8th - Shopping Trip: New To You, 10:30 a.m. and Lunch Bunch: 4 Pigs

Thursday, Apr. 10th - Richard Cox sings classic country, 1:30 p.m.

Friday, Apr. 11th - wear RED for World Parkinson's Day awareness

Monday, Apr. 14th- Hymn Sing, 2:00 p.m.

Tuesday, Apr. 15th - Shopping Trip: New To You, 10:30 a.m.

Wednesday, Apr. 16th- wear YELLOW for Banana Day

Friday, Apr. 18th - Dr. Brian Doss sings, 2:15 p.m.

Monday, Apr. 21st - Iced Tea on Front Porch, 2:15 p.m.

Tuesday, Apr. 22nd - Funky Monkey Pottery, 10:30 a.m.

Friday, Apr. 25th - Day Trip to Paris, TN for lunch and sight-seeing, leave at 10:00 a.m.

Tuesday, Apr. 29th - annual GLOW PARTY, 2:20 p.m.

**IT'S
GOOD TO
BE A
STILLEY**

Continued from Jennifer

welcomed several new staff members that are doing a fantastic job caring for our residents. I've gotten several compliments lately from residents and families about our staff and how great they all are. Thank you for your kind words, it is always great to hear about the good things you are experiencing at Stilley House.

Speaking of kind words, more and more these days, people are turning to reviews for answers about just about everything they buy. But they are also looking at reviews when deciding where to place their loved ones when they can no longer be at home. If you are pleased with Stilley House, please consider leaving us a google review. When I meet with prospective residents and families, these really do go a long way. We want them to feel confident with their decision to place their loved one in our care and what better way to build that confidence than to hear from residents and families who are already here.

Thank you all for your unwavering support of the Stilley House. We have the BEST residents, families, and staff. It is my goal to lead this team to provide the BEST care and service to each person who calls Stilley House home. It is such a privilege and blessing for me spend my days amongst these wonderful people.

All the best,
Jennifer Brown, Executive Director



Notes on Aging in our Loved Ones

At Stilley House we know that it is difficult to hear that your loved one may be experiencing signs of dementia or Alzheimer's disease. When your loved one is diagnosed, we want you to be as informed as possible.

In the early stage of Alzheimer's disease, an individual is still able to participate in meaningful conversation and engage in social activities. However, he or she may repeat stories, feel overwhelmed by excessive stimulation, or have difficulty finding the right word. Tips for successful communication:

- Don't make assumptions about a person's ability to communicate because of an Alzheimer's diagnosis. The disease affects each person differently.
- Don't exclude the person with the disease from conversations.
- Speak directly to the person rather than to his or her caregiver or companion.
- Take time to listen to the person express his or her thoughts, feelings, and needs.
- Give the person time to respond. Don't interrupt unless help is requested.
- Ask what the person is still comfortable doing and what he or she may need help with.
- It's OK to laugh. Sometimes humor lightens the mood and makes communication easier.
- Don't pull away. Your honesty, friendship and support are important to the person.

Join us for "The Promise"



We will take the bus to Mayfield on Saturday, April 19 to attend the 2:00 p.m. performance of "The Promise" at Trace Creek Baptist Church. This presentation is free, and we have 20 reserved seats. Sign-ups by a resident are required to ensure we have enough seats on the bus. If families/friends would like to follow, meet us there, or drive your resident, please let Paula know! This is a fantastic show for all!

Tater Day Parade

We will once again have a terrific viewing spot for Benton's annual Tater Day parade on Monday, April 7. Family and friends are welcome to join us on the corner of 9th Street and Main at 10:00 a.m. Please bring your chair and a smile!



Your Team

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News to Use

Help us recognize GREAT staff members!
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Concierge for more information!

THE ARCADIAway

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announcements from us!



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Go To: www.StilleyHouse.com

Choose REVIEWS and post your experience
OR use the QR code →



THANK YOU

KNOW YOUR NEIGHBOR

\$500
for You

\$500
for Your Neighbor

Be rewarded for referring others to
The Stilley House. Refer today and receive
\$500 credit off one month's rent* and your
new neighbor will also receive \$500 credit.

971 Birch St., Benton, KY | www.StilleyHouse.com



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*A referring resident receives \$500 credit
after your new neighbor stays for 60 days.

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