

## In Loving Memory



With heavy hearts, we announce the passing of Anna Krueger, a beloved resident of Bell Tower, who left this world on March 20th. A soul as vibrant as the music she cherished, Anna lived life with an open heart embracing each day as a gift. Anna made a large impact on us all, and she will be deeply missed here at Bell Tower.

Vera, a beloved resident of Bell Tower Residence passed away on March 20th at the remarkable age of one hundred and one. Vera lived more than a century with joy in her heart, music in her soul, and an unshakable love for family, dogs and the simple, beautiful moments that make life worth living. Vera will be dearly missed here at Bell Tower.



### Bell Tower Residence NEWSLETTER

 [www.belltowerresidence.org](http://www.belltowerresidence.org)

 715-536-5575

 [info@belltowerresidence.com](mailto:info@belltowerresidence.com)  
or Find us on Facebook



Set on 12 beautifully landscaped acres with over 68,000 square feet of living and common spaces, Bell Tower is a friendly assisted living community where residents feel at home and live life well with purpose and dignity. We offer private apartments, religious services, activities, outings, delicious home-cooked meals and our caring and compassionate staff are always nearby to help.

For more information or to schedule a tour, please reach out to our Admissions Coordinator, Mikaela Meier at [mmeier@carriagehealthcare.com](mailto:mmeier@carriagehealthcare.com)

A Newsletter for Residents and Friends,  
about *Life* at Bell Tower  
- April 2025 -

## Bell Tower Residence

### Spring is Coming!

#### Take a Hike!

April is here! We know that means that sooner or later we will be done with snow for the season and the warm weather will return once again. As the weather warms up, it's a perfect time to think about "taking a hike."

We know that walking is good exercise, and there are so many benefits that come with a regular walking routine.

Taking a hike is great for your physical health! Walking can help improve cardiac health by improving circulation and blood pressure. Walking also helps to control blood sugar levels. Walking helps keep the bones, muscles, and joints in your legs strong, and if you pump your arms when you walk, it helps your upper body too!

Regular walking is also good for your mental and emotional health. Walking may improve your cognitive health by slowing memory decline. Exercise helps release endorphins that improve your mood as well. When you walk with other people, it's a great opportunity to socialize, learn new things and improve your mood.

Bell Tower Residence has beautiful grounds for enjoying walks outdoors. Inside, our long hallways are also a fantastic opportunity for taking a hike and saying hi to the other residents. We look forward to starting our walking club with fun activities this spring as well. Let's make 2025 the year when we invest in our health by taking time to walk regularly and enjoy the outdoors. That fresh air? Breathe it in—and then take a walk!

-Kris Mcgarigle

### Celebrating April

1st– April Fools Day

3rd– Have Fun at  
Work Day

5th– Do it Yourself  
Day

8th– Fire Safety  
Awareness Day

9th– Green Bay  
Packers Day

11th– National Pet  
Day

13th– Palm Sunday

15th– Sinking of the  
Titanic Day

17th– Maundy  
Thursday

18th– Good Friday

20th– Easter Sunday  
and Appreciate a  
Volunteer Day

22nd– Earth Day

23rd– Administrative  
Professionals Day

27th– Tell a Story Day

29th– World Wish  
Day

30th– Laugh till you  
cry day

### Staff Birthdays

4th– Mckenna B  
6th– Janie A  
8th– Susanne P  
9th– Makayla M  
10th– Addison D  
18th– Journey B  
22nd– Emma S  
30th– Audrey S

### Staff Anniversaries

1 year– Sandra R  
1 year– Deborah G  
1 year– Addison S  
3 years– Sierra M  
3 years– Vicki S  
5 years– Lisa R  
5 years– Mckenna B  
6 years– Mylene J  
7 years– Audrey S  
9 years– Kristine M  
24 years– Michele S  
28 years– Dawn I

### Resident Birthdays

4th– Ed C  
5th– Marilyn F  
10th– Charlette S  
11th– Jean F  
13th– Marlene S  
23rd– Ellie B  
26th– Donna G  
27th– Gwen O

### Resident Anniversaries

1 year– Goldie B  
2 years– Janice D  
6 years– Carol H  
7 years– Mary Ann B

## Welcome to Bell Tower!

| 3rd East     | 1 East        | 3rd West     | 1 East        |
|--------------|---------------|--------------|---------------|
| Neighborhood | Neighborhood  | Neighborhood | Neighborhood  |
| Gladys Zima  | Gerald Kamark | Edward Cohen | Wilhelm Rusch |



### Staff Spotlight

Congratulations to **Ivan Amador** on being selected to be Bell Towers Employee of the Month for April. This was well deserved, and we are glad to have you apart of our team!

### Volunteer Spotlight

Danette has been a wonderful addition to our Bell Tower team by volunteering each and every Wednesday to teach Zumba class! We are so lucky to have such a bright and bubbly soul volunteer for us!



**Are you interested in joining our team at Bell Tower Residence?**  
**Bell Tower has multiple job and volunteer opportunities available. If you are interested in applying, you can pick up a job and volunteer application at Bell Tower Residence, find us on Indeed, or call Dawn at (715)-536-5575!**



Michele Steger  
24 Year Anniversary

Bell Tower would like to congratulate two of our employees for their astonishing dedication, hard work and unwavering commitment.



Dawn Ives  
28 Year Anniversary

Belltowerresidence.org  
(715)-536-5575

Call today to schedule a tour with  
our Admissions Coordinator

### Bell Tower Wish List:

- New Bingo Cards
- Roku for each neighborhood
- Sponsor a Zumba Class
- 300 Piece Puzzles
- Sponsor a Birthday Cake
- Natural Color Nail Polish
- Donations towards a new Gas Grill
- Sponsor Live Music
- Purchased Bingo Prizes
- Sensory Games



## Staff and Resident Social

On May 14th, from 4:00-5:00 pm Bell Tower is hosting a resident and staff social gathering! We will provide adult/kid friendly games, popcorn and beverages to all who join us! We hope to see you all there.

### A message from our Chaplains:

Spring is a time when the visions of hope. The snow melts away, comes back, then melts away again only to our surprise to see little sprouts of flowers coming up from out of the ground. Or even the sound of songbirds singing, something that was not very prevalent during the winter months. Christians will gather this month to celebrate Easter. A time to gather around scripture and celebrate the resurrection of Jesus. Up from the grave he arose! Through this the focus is on new life and particularly new life in Jesus Christ.

Seeing the signs of Spring and new life can give us hope, maybe even a smile. It warms my heart, and it feels like I have a little more pep in my step. Maybe you do too? We all want to harvest this feeling of hope, this good news. And I think we can. Hope is contagious. If we are inspired by the hopeful things we see, then we too can turn around and inspire others. With the Good News, the signs of Spring at every corner, how will you be inspired? Who will you be an inspiration to? I will leave you with this quote I read not too long ago, “A kind word is like a Spring Day.” Happy Spring! Blessed Easter!

### Thrive in 2025!

Have you had the pleasure to see our wonderful staff care for your loved one in need? Do you have any fun memories and experiences you want to share? Bell Tower would love for you to leave us a Google Review . You can access this direct link to provide us with feedback, or to share a positive experience! Please contact Allison Blaubach if you have any questions!

<http://bit.ly/go-btr>