

The East Troy News

MANOR

APRIL
2025

Skilled Nursing • Respite Care • Rehabilitation Services



Happy Birthday!

Best wishes to our residents and staff celebrating birthdays this month.

Residents

4/6	Raymond
4/19	Ralph
4/22	Susan
4/23	Marilyn

Facility News

We are introducing the "The Heart Award" it will be given out Each Month to a Special CNA. Family, Residents and Staff can Vote for your Special CNA Monthly. VOTE, VOTE, VOTE! HEART Stands For: Helping, Empathy, Accountability, Respect, Teamwork!

PHOTO HIGHLIGHTS



Online Review for Reprint

My mother in law received excellent care at East Troy Manor. The staff was very professional, she was treated like apart of their families. They made sure she was included in all the activities. When it was time to transfer her they sent an extra staff member to sit with her in the wheelchair van as she was getting anxious. When we arrived at assisted living they helped us get her settled into her new room. They went above and beyond.

East Troy
MANOR

3271 North Street, East Troy, WI 53120
262.642.3995

Christie Leadley, Administrator
June Lancour, Director of Nursing
Crystal Hart, Activities

 Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



Wisconsin Illinois
SENIOR HOUSING INC.

EastTroyManor.org

WE ACCEPT CREDIT CARDS

Activity Highlights

**April 9th - 10:00 am -
Live Music By Kory**

**April 17th - 10:00 am -
Cycling Without Age**

**April 22nd - 2:00 pm -
Resident Council**

WISH List – For Activities

**The Resident's Love the Birds!
Our WISH list this Month is a
New Bird Feeder for our Patio.
The Resident's Love to be
Outside Enjoying the Fresh Air
and the Birds! Come Join Us
on the Patio!**

Special Events: **Cycling Without Age is Back!** The Resident's can Enjoy Bike Rides Every 3rd Thursday of each Month. Everyone is invited to Participate including Family and Friends! Sign Up Today!

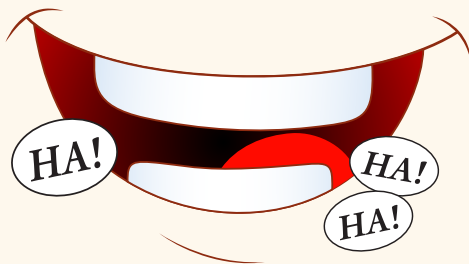
Laughter: A Simple Remedy for Stress

Stress is a part of life, but humor can help lighten the load. While it may not eliminate stress entirely, laughter triggers brain chemicals that boost mood and promote relaxation.

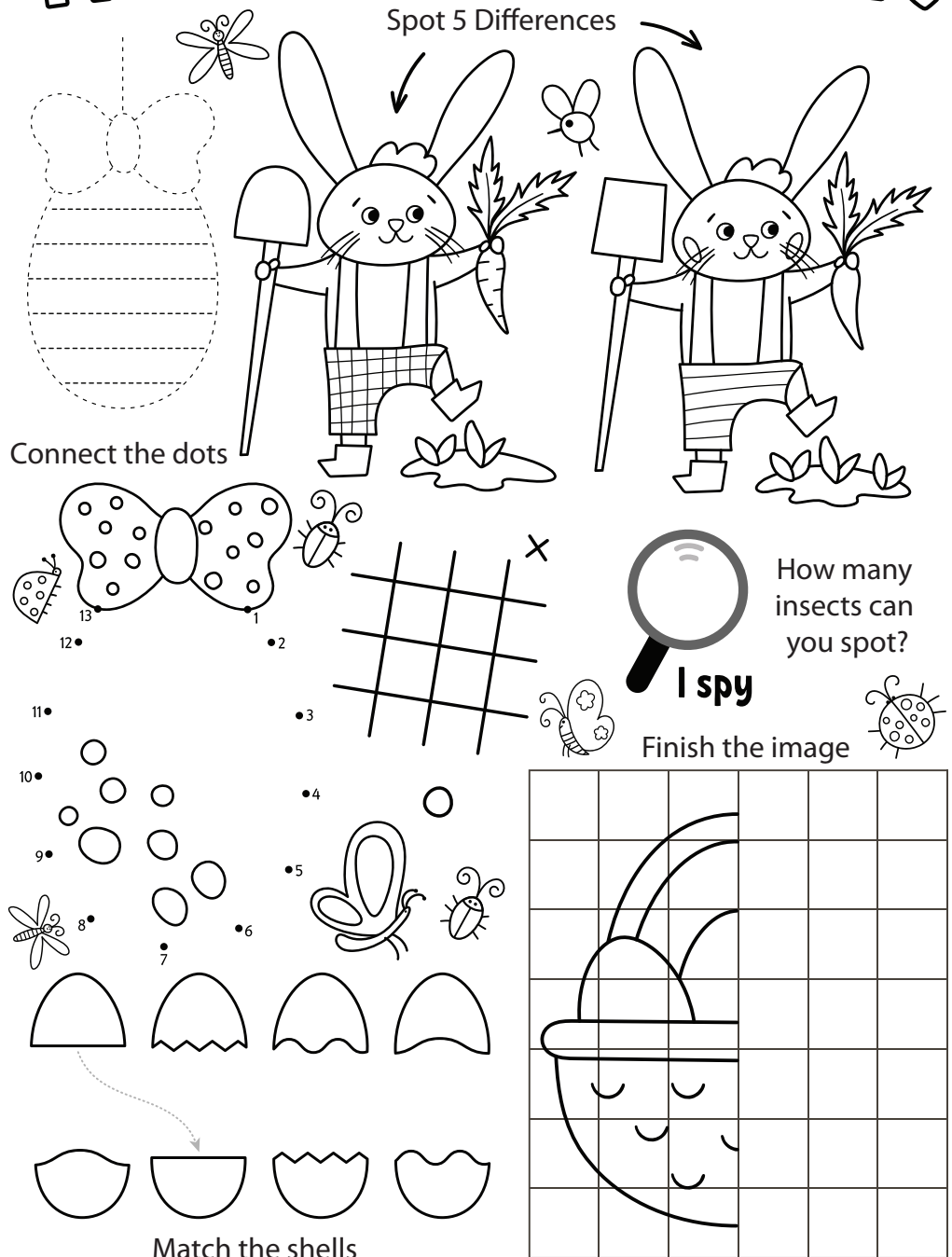
Make it a habit to laugh often—whether through TV, movies, online videos, or jokes. Humor is personal, so find what genuinely makes you laugh, even if others don't share your sense of humor. With endless sources of comedy online, from memes to funny stories, a daily dose of laughter is always within reach.

Surround yourself with things that bring joy, like joke-a-day calendars, funny T-shirts, or lighthearted stickers. Keep a “humor file” filled with comics, memes, and jokes for an instant mood boost—one you can also share with others who might need a lift.

Best of all, laughter requires no prescription and has no side effects. But if stress feels overwhelming, consult a physician to rule out underlying health concerns and explore additional ways to manage it.



HAPPY EASTER



FIND PURPOSE, SHARE JOY!

Volunteer with us and make a difference in the lives of our residents. Whether a few hours a week or more, your time brings friendship, fun, and plenty of smiles.

Contact us today!