

Bringing independence to living and quality to life

Regency on Whidbey — Celebrating Valentine's Day

On February 14th, Residents, Staff, Family and Friends gathered for Regency's first Valentine's Dance in almost five years. The Activity Room was decked out in pinks and reds for the occasion, along with our colorful dragon for Chinese New Year. The Regency Dietary Staff prepared savory hors d'oeuvres, while Activity Staff created sweet treats for all in attendance to enjoy. Music was provided by local DJ Moose Moran, who always plays a great mix of music for our Residents.

By the start time of 3:00 the Activity Room was filled with Residents eagerly awaiting the festivities, and when the dancing began, the room lit-up with smiles and laughter. Some danced in chairs, others took their walkers for a spin around the dance floor and some relied on the support of a partner, one way or another, the dance floor was full. From the Hokey Pokey, to YMCA, and Mambo #5 our Residents and Staff sure know how to cut-a-rug.

March
2025



Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Anelyn Ronquillo LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Bonnie Patterson
Business Office Manager

Teri Mendiola
Community Relations
Director

Lanida Brophy
AL Life Enrichment Director

Shawwna Hodges
MC Life Enrichment Director

Annette Krugel
Dietary Manager

Anne Hofferth
Payroll/HR Director

Jeff Lujan
Maintenance Director

Rizaleen "Riza" Tito
MC Resident Care Coordinator

Rebecca Letendre
AL Resident Care Coordinator



Residents

- **Betty Eidsmoe—3/10**
- **Joan Adams—3/11**
- **Wendy Busch—3/13**
- **Dennis Oeth—3/13**
- **Susan Swanson—3/14**
- **Linda Kane—3/17**
- **Robert Erikson—3/18**
- **David Stoddard—3/18**
- **Jane Johnston—3/21**
- **Lois Ewing—3/28**



After Hour Calls

**It is best to call during
normal business hours,
8:30am—5:00pm**

**While we apologize for
any inconvenience, after
5 o'clock Staff are
working to care for your
loved one, and are not
always able to take calls.**

**We appreciate your
understanding!!**



Are available on

**Tuesdays and Thursdays
by appointment ONLY**

11:00am—3:00pm

Congratulations

Rizaleen "Riza" Tito was born and raised in Manilla, Philippines. For several years, she worked with a cruise line as an Administrative Assistant, which offered her the opportunity to travel throughout Europe, the Caribbean, and parts of the United States.

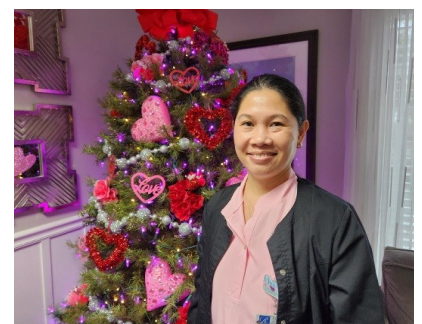
In 2007, Riza came to Norfolk, Virginia to visit her cousin. While there, she met her future husband, a Navy-man. They would marry in Norfolk and Riza would move to the States. In addition to Norfolk, the couple has been stationed in Japan, Indiana and Guam.

Last year the Navy brought them to NAS Whidbey Island in Oak Harbor. Riza and her husband love the weather on Whidbey and plan to remain here after this, his final tour.

Riza began working at Regency on Whidbey as a Caregiver in Memory Care last year. When the MC Resident Care Coordinator position became available, she applied. Her enthusiasm for the position, along with her organization skills and connections to the Residents made her an ideal candidate.

Riza said of the RCC position that she enjoys working between the Caregivers and the Residents, it is the "best of both worlds, to help with the needs of both groups."

Please join us in Congratulating Riza on her new position as MC Resident Care Coordinator!!



on facebook



Staff

- Maekaila Divinagracia—3/3
- Rose Kolden—3/3
- Lyle LaPierre—3/14
- Kathleen Pendleton—3/19
- Rebecca Letendre—3/19
- Autumn Bellamy—3/21
- Haven Rice—3/25
- Anne Hofferth—3/29
- Catherine Scott—3/31



When you have a doctors appointment, please be sure to take your paperwork from the Med Room.

The paperwork should be returned to the Med Room after your appointment.

This insures that we can update your information correctly—including medications and vaccinations.



Regency's Beauty Salons

Jennifer Stinson

Memory Care

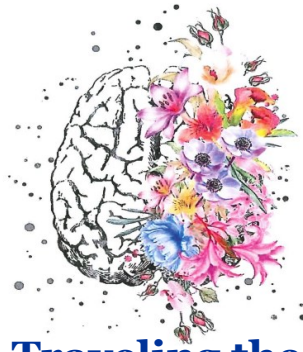
Thursday 9:00-1:00

Assisted Living

Thursday 1:00-5:00

Schedule an appointment by calling...

564-209-8212



Traveling the Dementia Journey Together

Regency on Whidbey invites you to join our Memory Care Support Group

The 2nd Thursday of the Month

2:00pm—3:30pm

Regency Assisted Living Building
3rd Floor Day Room



Door Hours

Regency on Whidbey's Front door is unlocked from 8:30am—5:00pm Daily

Please schedule visits appropriately.

If you will be visiting or returning to the building after 5:00pm, please contact the front desk for the door code.

Thank you!!

RESPECT

Show it, give it, grow it, live it!

Congratulations January RESPECT Winner— Olivia Umaguing

Olivia was born and raised in the Philippines. She attended college there majoring in Computer Information Systems. For two years, Olivia worked in Taiwan as a factory worker. She also worked as an office assistant in the Philippines.

A year ago, Olivia and her parents came to Oak Harbor, sponsored by her sister, whose husband is stationed at NAS Whidbey Island. Shortly after her arrival, Olivia began working at Regency on Whidbey in the Dietary Department.

Olivia has been an excellent employee. She quietly goes about her work, waiting on Residents, who adore her. She is respectful of her peers, her supervisors, and Residents. She is always willing to work, covering shifts when needed due to sickness and vacations. Olivia says that her favorite part of the job is simply being here to serve the Residents.

Thank you, Olivia, for all you do! Congratulations!!!



More Valentine's Dance



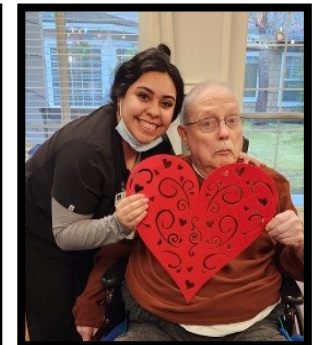
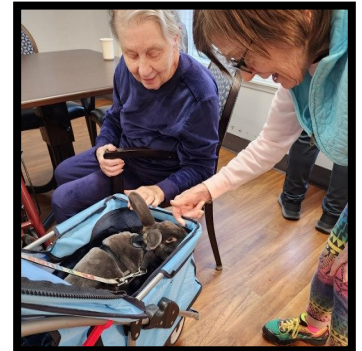
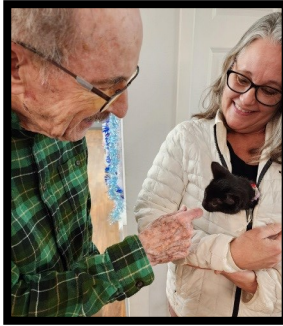
Super Bowl LIX



2nd Annual Soup Cook-Off



Memory Care Moments





REGENCY
ON WHIDBEY
RETIREMENT & ASSISTED LIVING
A Regency Pacific Community

Bringing independence to living and quality to life

1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933

