

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025



1
9:00 Morning Music & Movement
10:00 PERK/ active recreation
10:30 Snack/Hydration & snowman craft
11:30 **walking club**
1:00 parachute game
2:00 Hymn Sing W/Phoebe
3:00 Snack/Hydration& alphabet game
4:00 Trivia /Talk Time
6:00 classics rewind
7:00 Snack & Hydration
7:30 Classic Rewinds

2
9:00 Morning Music & Movement
10:00 morning chat & the Perk
10:30 Snack & Hydration/
11:30 walking club
1:00 Ball toss
2:00 men's group
2:30 Snack/Hydration & hymns
3:00 white board word games
4:00 Quiz blitz
6:00 movie time
7:00 Snack & Hydration
7:30 Creative Coloring & Word Puzzles

3
9:00 Morning Music & Movement
10:00 perk/active recreation
10:30 Snack & Hydrate/ rainbow craft
11:30 walking club
1:00 **Noodle-cise with Fox**
2:30 Snack& Hydration/Sewing Club
3:00 jewelry class
4:00 whiteboard games
6:00 Sing a Long & Creative Coloring
7:00 Snack & Hydration
7:30 Wheel of Fortune

4
9:00 Morning Music & Movement
10:00 **PERK/ mardi Gras craft w/ Rachel**
10:30 **Sing a Long w/Phoebe &Hydration**
11:30 walking club
1:00 **Fox therapy- Sit-N-Fit**
2:00 **hand/nail care**
2:30 **Snack/Hydration & Music**
4:00 **noodle ball**
6:00 **Classic Rewind Hour**
7:00 **Snack/Hydration & Jeopardy**
7:30 **Wheel of Fortune**

5
9:00 Morning Music & Movement
10:00 Parachute fun & the Perk
10:30 Snack & Hydration
11:30 **Walking Club and funnies**
1:15 **Core Classic with Fox -**
2:00 Sing a Long w/Lisa Jokiel
2:30 snack and hydrate
3:00 Balloon Volley Ball
4:00 Sing a Long Time
6:00 Word Games/Trivia Time
7:00 Snack/Hydration & Jeopardy
7:30 Wheel of Fortune

6
9:00 Morning Music & Movement
10:00 PERK and **Balloon volleyball**
10:30 snack/hydrate+ umbrella craft
11:30 walking club or weather discussion
1:30 **Thursday Classic with FOX**
1:30 Scenic drive w/ Brian
2:00 scratch art boards
2:30 snack/hydrate+ kickball
4:00 **Harp music with Cindy**
6:00 Movie Night
7:00 Snack & Hydration

7
9:00 Morning Music & Motivation
10:00 **Balloon Fun with Fox**
10:30 Snack & Hydrate/ coloring
11:00 Seated Zumba w/Joanne
1:00 parachute games
2:00 Jewelry Class
3:00 Snack/Hydration & "What am i?"
4:00 **mind joggers**
6:00 Creative Coloring
7:00 Snack & Hydration & Jeopardy
7:30 Wheel of Fortune

8
9:00 Morning Music & Motivation
10:00 PERK/ balloon volleyball
10:30 Snack+ creative time with Rachel
11:30 **word games on whiteboard**
1:30 Ladderball with tunes
2:00 Hymn Sing W/Phoebe
3:00 Snack/Hydration& quiz blitz
4:00 golden oldies sing along
6:00 **basketball toss**
7:00 Snack & Hydration
7:30 Classic Rewinds

9
9:00 Morning Music & Movement
10:00 Kickball toss+ The Perk
10:30 sing along music + snack
11:30 walk or bowling time
1:00 Noodle ball
2:00 jenga!
3:00 snack+ dance party w/ Rachel
4:00 creative coloring
6:00 classics rewind hour

Daylight Saving Time Begins

10
9:00 Morning Music & Movement
10:00 perk/active recreation
10:30 Snack & Hydration+ **jewelry class**
11:30 walking club
1:00 **Noodle-cise with Fox**
2:30 boardgame time
3:00 Snack& Hydration & balloon volleyball
4:00 Movie Time
6:00 Sing a Long & Creative Coloring
7:00 Snack & Hydration
7:30 Wheel of Fortune

11
9:00 Morning Music & Movement
10:00 perk/active recreation
10:30 **Sing a Long w/Phoebe &Hydration**
11:30 walking club
1:00 **fox therapy- Sit-N-Fit**
2:00Guitar Hits w/ Rinny and snack/hydrate
3:00 Snack/Hydration & Leprechaun craft
4:00 fun with modeling clay
6:00 jeopardy or family feud
7:00 snack and hydrate
7:30 Wheel of Fortune

12
9:00 Morning Music & Motivation
10:00 Hymns & the Perk
10:30 Snack & Hydration
11:30 **walking club**
1:15 **Core Classic with Fox**
2:00 "what am I?"
2:30 Snack & Hydration & parachute game
4:00 white board word games
6:00 basketball toss
7:00 Snack/Hydration & Jeopardy
7:30 Wheel of Fortune

13
9am music and movement
10am Balloon Toss + PERK
10:30 snack+ hydration & creative time
11:30 walking club or sing a long
1:30 **Thursday Classic with FOX**
1:30 Scenic Drive w/ Brian
2:00 whiteboard word game
2:30 snack+ hydrate w/ kickball
4:00 JENGA!
6:00 hand massages
7:00 snack & hydration and jeopardy
7:30 Wheel of Fortune

14
9:00 Morning Music & Motivation
10:00**Balloon Fun with Fox**
10:30 Snack & Hydration & sing a long
11:30 **walking club**
1:30 balloon volleyball
2:00 mind joggers
2:30 Snack & Hydration & bowling
4:00 **Color Art with Music****
6:00 Clean /Clip Nails & Hand Massage
7:00 Snack & Hydrate

15
9:00 Morning Music & Movement
10:00 active recreation & the Perk
10:30 Snack/Hydration & sorting activity
11:30 **walking club**
1:30 nailcare+ hand massages
2:00 Hymn Sing W/Phoebe
2:30 Snack/Hydration& noodle ball
4:00 Trivia /Talk Time
6:00 Parachute Fun
7:00 Snack & Hydration
7:30 Classic Rewinds

16
9:00 Morning Music & Movement
10:00 active recreation & the Perk
10:30 Snack & Hydration & hymns
11:30 walking club
1:00 kickball
2:00 men's group
3:00 Snack & Hydration & bowling
4:00 Movie Time
6:00 Sing a Long Time
7:00 Snack & Hydration & Music

17
9:00 Morning Music & Movement
10:00 active recreation & the Perk
10:30 Snack & Hydration+ poetry corner
11:30 walking club
1:00 **Noodle-cise with Fox**
2:00 **Music with Bill Minnich**
3:00 Snack& Hydration & whiteboard game
4:00 Movie Time
6:00 Sing a Long & Creative Coloring
7:00 Snack & Hydration
7:30 Wheel of Fortun

18
9:00 Morning Music & Movement
10:00 active recreation & the Perk
10:30 **Sing a Long w/Phoebe &Hydration**
11:30 walking club
1:00 **Fox Therapy- Sit-N-Fit**
2:00 Go Fish Card Game
2:30 Snack/Hydration & mind joggers
4:00 **Hand Massages**
6:00 Classic Rewind Hour
7:00 Snack/Hydration& Jeopardy
7:30 Wheel of Fortune

19
9:00 Morning Music & Movement
10:00 active recreation & the Perk
10:30 Snack & Hydration & Parachute Fun
11:30 **walking club**
1:15 **Core Classic with Fox**
2:00 Sing a Long w/Lisa Jokiel
2:30 Snack & Hydration& ladder Ball
4:00 whiteboard word games
6:00 Word Games/Trivia
7:00 Snack & Hydration & Jeopardy
7:30 Wheel of Fortune

20
9:00 Morning Music & Movement
10:00 active recreation & the Perk
10:30 Snack & Hydration & scrapbooking
11:30 Walking Club
1:30 **Thursday Classic with FOX &Scenic Drive**
2:30 snack and jewelry making
4:00 whiteboard word games
6:00 Movie Night
7:00 Snack & Hydration & Jeopardy
7:30 Wheel of Fortune

Spring Begins

21
9:00 morning music and movement
10:00**Balloon Fun with Fox**
10:30 Snack & Hydration+ poetry corner
11:00 Seated Zumba w/Joanne
1:30 parachute fun
2:00 **mind joggers**
3:00 Snack/Hydration & Music
4:00 **Washer Toss Table Toss Game****
6:00 Word Games & Creative Coloring
7:00 Snack & Hydration & Jeopardy
7:30 Wheel of Fortune

22
9:00 Morning Music & Movement
10:00 active rec & the Perk
10:30 Snack/Hydration & scratch art
11:30 **walking club**
1:30 parachute game
2:00 Hymn Sing W/Phoebe
2:30 Snack/Hydration& what am i?
3PM KICKBALL
4:00 Trivia /Talk Time
6:00 Noodle Ball
7:00 Snack & Hydration
7:30 Classic Rewinds'

23
9:00 Morning Music & Movement
10:00 active recreation & the Perk
10:30 Snack/ Hydration & sticker boards
11:30 walking club
1:30 balloon games
2:00 scratch art w/ Rachel
2:30 Snack & Hydration & hymns
4:00 Movie Time
6:00 Sing a Long w/ Susie Q
7:00 Snack & Hydration
7:30 Creative Coloring & Word Puzzles

24
9:00 Morning Music & Movement
10:00 active recreation & the Perk
10:30 Snack & Hydration+ **jewelry class**
11:30 walking club
1:00 **Noodle-cise with Fox**
2:00 **modeling clay art**
2:30 Snack & Hydration & washer toss
4:00 word games whiteboard
6:00 Sing a Long & Creative Coloring
7:00 Snack & Hydration
7:30 Wheel of Fortune

25
9:00 Morning Music & Movement
10:00 active recreation & the Perk
10:30 **Sing a Long w/Phoebe &Hydration**
11:30 walking club
1:00 **Fox Therapy- Sit- N-Fit**
2:00 Scrap Booking Time *
2:30 Snack/Hydration & basketball game
4:00 Funnies w/Sarah
6:00 Classic Rewind Hour
7:00 Snack/Hydration & Jeopardy
7:30 Wheel of Fortune

26
9:00 Morning Music & Movement
100 Parachute Fun & the Perk
10:30 Snack/Hydration /hot potato game
11:30 **walking club**
1:15 **Core Classic with Fox**
2:00 sewing club
2:30 Snack/Hydration Time & ladder ball
4:00 whiteboard word games
6:00 trivia blitz
7:00 Snack/Hydration & Jeopardy
7:30 Wheel of Fortune

27
9:00 Morning Music & Movement
10:00 active recreation + the Perk
10:30 Snack & Hydration& snow shovel game
11:30 Walking Club
1:30**Thursday Classic with FOX**
1:30 scenic drive w/ Brian
2:00 **Hand Massages**
3:00 Snack & Hydration & bowling
4:00 mind joggers
6:00 Movie Night
7:00 Snack & Hydration & Jeopardy
7:30 Wheel of Fortune

28
9:00 morning music and movement
10:00**Balloon Fun with Fox**
10:30 snack/hydrate+ Craft time
11:30 **walking club**
1:30 Beach Ball Fun**
2:00 Dice Game
2:30 Snack/Hydration & karaoke
4:00 whiteboard word games**
6:00 Word Games & Creative Coloring
7:00 Snack & Hydration & Jeopardy
7:30 Wheel of Fortune

29
9am music+ movement
10am perk and scratch art
10:30 snack and discussion time
1130 walking club or kickball
1:30 balloon volleyball
2:00 **Hymn Sing W/Phoebe**
2:30 snack and hydrate/ finish the picture
3:30 whiteboard word games
4:00 noodle ball
6:00 basketball toss
7pm snack and wheel of fortune

30
9am music and movement
10am perk and sing a long
1030 jenga and snack time
11:30 group walk or scratch art
1:30 parachute games
2:30 snack and hydrate with quiz blitz
4pm movie time or coloring
6pm sorting activity
7pm snack and hydrate with wheel of fortune

31
9am music and movement
10am perk and ball toss
10:30 Snack & Hydration- mad libs with Sarah
11:30 group walk or noodle ball
1:00 **Noodle-Cise with Fox**
2:00 modeling clay class
3:00 beach ball volleyball
4:00 whiteboard word games
6:00 movie
7:00 snack and hydrate and jeopardy

