



COOKING DEMONSTRATIONS

- 05

Strawberry Brownies at 10:30am
- 12

St. Patrick Rice Krispy Treats at 10:30am
- 19

Mint Chocolate Chip Cookies at 10:30am
- 26

Chocolate Covered Pretzels at 10:30am

LIFE ENRICHMENT CORNER: February Photo Album

RESIDENT BIRTHDAYS

- Margaret Ann 03/07



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

MARCH 2025



SINGH
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COMMUNITY MANAGEMENT

- Tiffany Tucker

Executive Director
- Kristal Wilson

Business Office Manager
- Joel Vassallo

Culinary Services Manager
- Jamaal Saleh

Environmental Services Manager
- Krystal Sidibe

Independent Living Manager
- Logan Winton

IL Life Enrichment Manager
- Rebecca Wilson

AL Life Enrichment Manager
- Mallory Bryant

MC Life Enrichment Manager
- Renee Ralsky

Marketing Manager
- Stacey Sautural

Resident Care Manager

Tanya Hall
MC Wellness Coordinator
AL Wellness Coordinator

UPCOMING EVENT HIGHLIGHT

March is here, bringing with it the first signs of spring and a calendar full of exciting events that celebrate joy, reflection, and togetherness. From festive gatherings to moments of remembrance, there's something for everyone to look forward to this month.

We'll start the month by celebrating **Mardi Gras** with mask making and a fun filled social! Up next is **Ash Wednesday**, Dennis will be here to provide ashes and say a prayer. Later in the month, we will gather for a **Community Wide Memorial Service**, honoring and remembering the loved ones who have touched our hearts. We are also thrilled to participate in **Read Across America** at Rosedale Elementary on March 18th, where we will share the joy of reading with young students. Highlight of the month is our **Taste of Waltonwood** event, where we'll showcase the incredible culinary talents of our team!

With so much to look forward to, March is set to be a month filled with connection, celebration, and meaningful moments. We can't wait to enjoy these special events with all of you!

ASSOCIATE SPOTLIGHT

AL / MC Associate of the month

Amanda

We are thrilled to recognize Amanda, our Culinary Cook, as our associate of the month! Amanda plays a key role in our community with the creativity and passion she brings to each meal provided. Amanda has been a dedicated associate at the Waltonwood of Cherry Hill for 4 years! We appreciate all that she does to make our dining experience exceptional – Thank you for your outstanding contribution!



FEBRUARY HIGHLIGHTS

09 Go Red Heart Health Day 14 Valentines Day

On this day we celebrated red heart health month with a heart healthy social filled with fresh fruits, vegetables and smoothies, while also learning about the importance of heart health.

Love was definitely in the air this day as we made valentine cards, sang love songs and snacked on heart shaped sweets.

17 Random Acts of Kindness Week

We spread heaps of kindness throughout the community which included making doggie baskets to donate to the local animal shelter.

27 Chili Cook Off - Cherry Hill vs Carriage Park

On this day we had a friendly chili competition with our sister community to see whose chili was best and our chief Joel's recipe brought home to trophy!



FOREVER FIT: Pick Your Pace

Just like our personalities our fitness profile is uniquely ours. Our strengths, weaknesses, abilities and limitations are directly connected to our overall health and wellness. Past experiences often shape our perception of our potential when assessing our current state. While comparison is normal, it shouldn't be the barrier that prevents you from leading a more active, healthy life. What matters most is being honest with yourself and identifying what your current capabilities are. By meeting yourself where you are today can establish a base that your future improvements can be built. By focusing on the current version of yourself rather than a past one, you help to identify what your body truly needs in that moment. Like most thing in life, exercise is not one size fits all, it requires an attention to details and a tailored approach designed to find a pace that suits you best.

MARCH OUTING OPPORTUNITIES



Come join us for our enriching outings.

- Thursday, March 6th at 12pm: M & M Café restaurant
- Thursday, March 13th at 2pm: Scenic Drive
- Tuesday, March 18th at 1pm: Read Across America at Rosedale Elementary

Please let Mallory know if you are interested in joining us on any of the outings!

MARCH SPECIAL EVENTS

04 Mardi Gras

Let the good times roll! Join us for a festive Mardi Gras social filled with fun, music and delicious treats!

10 Decorating St. Patrick Sugar Cookies

Feeling luck and getting creative! On this day we will be decorating festive St. Partick's Day sugar cookies for a sweet celebration.



18 Read Across America

Bringing the joy of reading to Rosedale Elementary! We are taking a trip to read the book "Llama Llama Red Pajama" to a special kindergarten class! So, grab your best PJ's as we Read Across America!

20 Taste of WW

Join us for a first-class culinary experience featuring interactive cooking demonstrations and delicious desserts made by our in-house pastry chef. Including a Lemon Craft!



EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends

March has arrived! Spring is in the horizon. Looking forward to this season and spending it with all of you. Hope you continue to enjoy all of our calendar events and adventures. Please see the activities calendar for additional information this month. It's always a pleasure to hear from everyone. As always, I'm available for updates within the community, this is also an opportunity for me to hear from all of you. We are also thankful to all with your participation with the surveys, most of you have shared how helpful the communication has been! We celebrate our success with offering good communication and updates for Waltonwood Cherry Hill. Thank you for your participation with the surveys as we love hearing from everyone. The renovations are moving along wonderfully, thank you for all of the compliments and valuable feedback