



HAPPY BIRTHDAY

March Birthdays:

Mary Ann D.	3/3
Jennifer S.	3/6
David L.	3/11
Diane G.	3/13
John D.	3/18
Phyllis M.	3/20
Marianne K.	3/22
Dolores A.	3/25

COMMUNITY MEETINGS

- Resident Council Meeting: March 5th @ 2:00pm (CR)
- Any suggestions, comments, concerns, or positive feedback can be placed in the suggestion box in the Post Office for Resident Council. These are read monthly at the council meetings.
- Food Meeting: March 25th @ 2:00pm (DR)
- Town Hall: March 25th @ 2:30pm (DR)

OUTING OPPORTUNITIES

For all outings, please sign up in the post office unless noted differently.

Recurring Outings:

Sundays 9:30am- St. Thomas a' Becket Catholic Church

Wednesdays 10:00am- Meijer or Kroger Shopping

*Please note that on Wednesday, March 19th the Kroger Shopping Trip is at 9am and on Wednesday, March 26th the shopping trip has been canceled due to scheduled outings.

Mondays 10:00am- Canton Public Library with the Walker's Group

Special Trips:

March 5th -12:00pm: Outing to M & M Café (Sign Up in the Post Office)

March 12th – 12:30pm: Matthaei Botanical Gardens (Sign up in the Post Office)

March 19th – 11:00am: Schoolcraft Noon Concert (Sign up in the Post Office)

March 26th -9:00am: Sea Life Michigan Aquarium & Lunch at Rainforest Café (Sign up in the Post Office)

March 27th- 12:30pm- Cornbread Restaurant (Sign up in the Post Office)

If there are any questions or recommendations for outings, please contact Logan at Logan.Winton@singhmail.com .



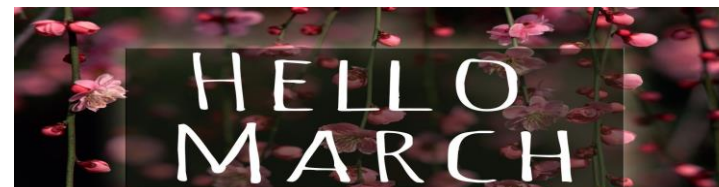
FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

MARCH 2025



LIFE ENRICHMENT CORNER

"March: The month of expectation, renewal, and surprise."

- Charmaine J Forde

Mardi Gras: Tuesday March 4th- To celebrate Fat Tuesday we will be having a Paczki Social at 11:00am in the Post Office. Come on down to grab a delicious paczki, collect some beads and celebrate with us!

Ash Wednesday: Wednesday March 5th- Ash Wednesday is widely observed as the first day of Lent, a season of reflection and penitence leading up to the celebration of Christ's resurrection on Easter. At 10:00am, Dennis will be joining us for an Ash Wednesday Service in the Reflections Room for all.

St. Patrick's Day: Monday March 17th- Back by popular demand, we will be joined by the Hovey Brothers for our St. Patrick's Day Celebration. Come down to the dining room at 1:30pm for Happy Hour, featuring a festive Shamrock Shake, with music starting at 2:00pm.

Taste of Waltonwood: Thursday March 20th- Taste of Waltonwood highlights the fresh and fun aspects of culinary cuisine. This year we are celebrating in many different ways!

10:30am- Baking a Lemon Lavender Pound Cake in the Activity Room

12:00pm- we will be joined by Master Gardeners Sherry and Betsy for a fun Herb Tasting and Educational Program

1:30pm- Residents are invited to come down to the Dining room to enjoy a first-class culinary experience featuring interactive cooking demonstrations, infused water stations, and delicious desserts made by our in-house pastry chef.

Technology Support: Beginning in March, we are excited to begin offering Technology Support appointments. A sign-up sheet will be placed in the Post Office where residents are welcome to sign up for an appointment for assistance with any technology questions or concerns that may not be covered in our regularly scheduled technology support. Once signed up, we will reach out to set a date and time for your appointment. Spaces are limited and please see Logan with any questions.

-Life Enrichment Department



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www.waltonwood.com | 734-981-7100

Assisted Living 734-981-5070
Facebook: /WaltonwoodCherryHill

COMMUNITY MANAGEMENT

Tiffany Tucker
Executive Director

Kristal Wilson
Business Office Manager

Joel Vassallo
Culinary Services Manager

Jamaal Saleh
Environmental Services Manager

Krystal Sidibe
Independent Living Manager

Logan Winton
IL Life Enrichment Manager

Rebecca Wilson
Assisted Living Life Enrichment Manager

Mallory Bryant
Memory Care Life Enrichment Manager

Renee Ralsky
Marketing Manager

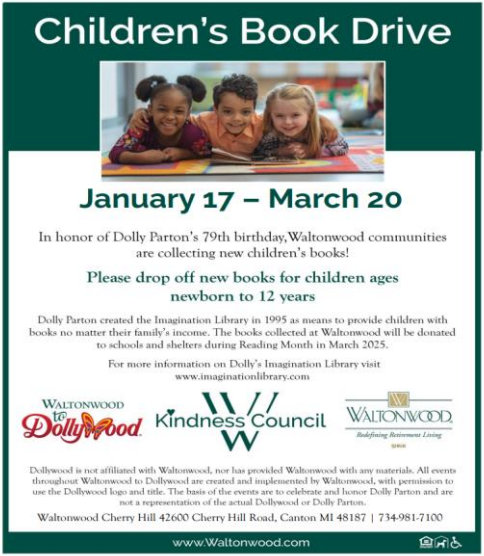
Stacey Sautural
Resident Care Manager

Tanya Hall
Memory Care Wellness Coordinator

Assisted Living Wellness Coordinator

ASSOCIATE SPOTLIGHT

Congratulations, Cheyr! Cherly is our Independent Living Life Enrichment Assistant. She is kind, hardworking, kind and goes above and beyond to make sure residents are happy and having fun! We are blessed to have her as a part of our team and honored to name her as our March Associate of the Month!



FEBRUARY MONTHLY HIGHLIGHTS

7th Red Hearts and Homes Open House:

We want to thank everyone for celerbating Go Red day with us. From homemade Valentines cards to delicious drinks to amazing music, we hope everyone enjoyed themselves! We are thankful for the reminder of how imporant it is to recognize signs and symptoms of heart disease and do our best to stay heart healthy!



17th-21st Random Acts of Kindness Week:

Random Acts of Kindness week was an overwhelming success! As a community, we accumulated a total of 376 Acts of Kindness and as a company we had a whopping total of 3,120 Acts of Kindness. Thank you so much for you dedication to being kind to those around you! It does not go unnoticed!



FOREVER FIT: Pick Your Pace

Just like our personalities our fitness profile is uniquely ours. Our strengths, weaknesses, abilities and limitations are directly connected to our overall health and wellness. Past experiences often shape our perception of our potential when assessing our current state. While comparison is normal, it shouldn't be the barrier that prevents you from leading a more active, healthy life. What matters most is being honest with yourself and identifying what your current capabilities are. By meeting yourself where you are today can establish a base that your future improvements can be built. By focusing on the current version of yourself rather than a past one, you help to identify what your body truly needs in that moment. Like most thing in life, exercise is not one size fits all, it requires an attention to details and a tailored approach designed to find a pace that suits you best.

- Chris Grabowski, MS | Senior Forever Fitness Manager

TRANSPORTATION INFORMATION

Transportation requests for personal needs must be received a minimum of 48 hours ahead of time. Please see the front desk receptionist to make your request. A driver will follow up to confirm if your request can be accommodated. If you do not hear back from one of our drivers, please follow up to ensure your request has been approved. There will be an additional charge for anything over 10 miles. Independent Living has priority over transports on Mondays, Wednesdays, and Fridays. Memory Care and Assisted Living have priority over transports on Tuesdays and Thursdays.

Read Across America

Read Across America, launched in 1998 by the National Education Association (NEA) and guided by a committee of educators, is the nation's largest celebration of reading. This year, to celebrate, we are headed to Rosedale Elementary School on March 18th at 11:00am to read the book, "Llama Llama Red Pajama" to wonderful kindergarten classes. Tying in with our theme, the 18th will also be a community wide Pajama Day! Each neighborhood has designated readers who will travel to the school on the 18th to read the book, participate in the activity with the classroom, and help distribute the gifts to the children and teachers. If you are interested and would like to learn more, please see Logan or email Logan.Winton@singhmail.com. Please note, spaces are limited.

MARCH SPECIAL EVENTS

Saturdays at 2:00pm Bible Study with John:

Join us in the 3rd floor Library for a bible study hosted by John Scherdt. If you are looking for an opportunity to discuss scripture, learn and enjoy the company of those around you, this is the place to be! We look forward to seeing you there!

13th K9 Veterans Day:

We will be joined by Officer Bell and their K9 Team to learn more about these amazing K9's that protect and serve our community and play a vital role in our Police Department. Join us in the Theater at 1:00pm!

14th Community Memorial Service:

Our Community Memorial service will begin at 1:30pm, to honor and remember all of the incredible people we have lost from our community since July 2024. All are welcome to join and remember.

EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends,

March has arrived! Spring is in the horizon and I am looking forward to this season and spending it with all of you. Hope you continue to enjoy all of our calendar events and ADVENTURES. Please see the activities calendar for additional information this month. It's always a pleasure to hear from everyone. As always, I'm available for updates within the community, this is also an opportunity for me to hear from all of you. We are also thankful to all with your participation with the surveys, most of you have shared how helpful the communication has been! We celebrate our success with offering good communication and updates for Waltonwood Cherry Hill. Thank you for your participation with the surveys as we love hearing from everyone. The renovations are moving along wonderfully, thank you for all of the compliments and valuable feedback. Events approaching are inclusive to Taste of Waltonwood, Read Across America and much more... It's a pleasure to be of service and please feel free to contact me with any questions that you may have at Tiffany.tucker@singhmail.com