

Happy
Birthday



RESIDENT BIRTHDAY'S

Del M. 3/10

Fran B. 3/20

Earl L. 3/29

LIFE ENRICHMENT CORNER

Happy March everyone!! This month we have a lot to look forward to including Mardi Gras, Ash Wednesday, International Women's Day, St Patrick's Day, National plant a flower day, read across America, Taste of Waltonwood, our Veterans luncheon, entertainment, outings, fun craft hours and more! Listed below are a few of the events that are highlighted, but make sure to check your monthly calendar for all event details!

Mardi Gras:

On March 3rd we will be making our own Mardi gras masks in the activity room at 3pm for our social the next day. On March 4th (Mardi Gras) we will be hosting a social in the café with all things Mardi Gras to celebrate together!

St Patrick's Day:

On March 10th we will be making a St Patrick's themed paint pour with different shades of green in the activity room at 3pm. On March 17th (St Patrick's day) we will be hosting a party to celebrate at 3pm in the café, as well as some entertainment that morning with the Hovey Brothers at 10:30am. On March 19th we will be having another musical performance by the group Balance Earth that will be Irish themed as well.

Read Across America:

It's that time of year again where we get a small group of residents to come join us and travel to a local school to read a book to a children's classroom! This year were going to Rosedale Elementary and we'll be reading to a kindergarten class! We're looking for 3-5 residents who would be interested in joining us to read! This takes place on March 18th at 11am, and we will be gone for a few hours.

Taste of Waltonwood:

March 20th from 12pm-2pm we are hosting our annual Taste of Waltonwood event! It's a first-class culinary experience featuring interactive cooking demonstrations, infused water stations, and delicious desserts made by our in-house pastry chefs. This will take place in independent living and you must RSVP at our front desk soon if interested. We will also be having a paint class with Becca at 1pm in the activity room this day, please let Becca know if you want to participate in painting!

CHERRY HILL CONNECT

MARCH 2025



MARCH OUTING OPPORTUNITIES

Please sign up with Becca for all outings!

March 6th 12:00PM **M&M Café Lunch Outing**
Lunch time! Come and join us at the M&M Café for some good food and company!
Cost: Depending on person per purchase

March 13th 2:00PM **Scenic Drive**
Come and join us on a bus cruise around the area and enjoy the scenery around us without getting into the cold weather ourselves! We'll have some sweet treats for the ride as well.
Cost: None

March 18th 11:00AM **Read Across America outing!**
This year were going to Rosedale Elementary and we'll be reading to a kindergarten class! We're looking for 3-5 residents who would be interested in joining us to read to the kids and help decorate their classroom with us! Please let Becca know if interested.
Cost: None

Please see Becca to sign up.



SINGH
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COMMUNITY MANAGEMENT

Tiffany Tucker
Executive Director

Kristal Wilson
Business Office Manager

Joel Vassallo
Culinary Services Manager

Jamaal Saleh
Environmental Services
Manager

Krystal Sidibe
Independent Living Manager

Logan Winton
IL Life Enrichment Manager

Rebecca Wilson
AL Life Enrichment Manager

Mallory Bryant
MC Life Enrichment Manager

Renee Ralsky
Marketing Manager

Resident Care Manager

AL Wellness Coordinator

Tanya Hall
MC Wellness Coordinator

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately?
When you refer someone to a Waltonwood
community, they'll thank you for it - and then we'll
thank you for it too! Ask for details!



ASSOCIATE SPOTLIGHT

AL/MC Associate of the Month
AMANDA

We are thrilled to recognize Amanda, our Culinary Cook, as our associate of the month! Amanda plays a key role in our community with the creativity and passion she brings to each meal provided. Amanda has been a dedicated associate at the Waltonwood of Cherry Hill for 4 years! We appreciate all that she does to make our dining experience exceptional – Thank you for your outstanding contribution!

If you have someone you would like to nominate, please see Becca.



FEBRUARY PICTURE HIGHLIGHTS



FOREVER FIT: PICK YOUR PACE

Just like our personalities our fitness profile is uniquely ours. Our strengths, weaknesses, abilities and limitations are directly connected to our overall health and wellness. Past experiences often shape our perception of our potential when assessing our current state. While comparison is normal, it shouldn't be the barrier that prevents you from leading a more active, healthy life. What matters most is being honest with yourself and identifying what your current capabilities are. By meeting yourself where you are today can establish a base that your future improvements can be built. By focusing on the current version of yourself rather than a past one, you help to identify what your body truly needs in that moment. Like most thing in life, exercise is not one size fits all, it requires an attention to details and a tailored approach designed to find a pace that suits you best.

COOKING/ BAKING HOUR DEMOS

This month we will be continuing our baking/cooking hours on Wednesdays! They will all be at 4pm and will be located in the assisted living activities room. We have 2 cooking demonstrations with our pastry chef Mitch this month, as well as a no-bake chocolate pretzel making hour with Becca!

Wed. 5th at 4PM: Cooking Demo with Mitch: making Pancakes

Wed. 12th at 4PM: Cooking Demo with Mitch: making Chicken/ Steak Fajitas

Wed. 19th at 4PM: Making Chocolate Covered Pretzels with Becca

Wed. 26th at 3PM: Today we have our Food Meeting and Resident council, so there will be no baking hour

MARCH SPECIAL EVENTS

4 Mardi Gras is here again!

Today we will be celebrating with a social in the AL Café at 2pm! They'll be fun decorations, some good Mardi Gras snacks and lots of fun!

12 National plant a flower

day! We're starting up a gardening club again! This time, were bringing in a professional gardener, Sherry! Please come and join us to learn more about plants!

17 St. Patrick's Day!

Today we're having some musical entertainment at 10:30am and later we'll have a social in the café at 3pm to continue the fun!

20 Taste of Waltonwood is

back! This will be primarily in the IL community however; we'll also be hosting a painting class in the activity room at 1pm with Becca! Let Becca know if interested.



EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends

March has arrived! Spring is in the horizon. Looking forward to this season and spending it with all of you. Hope you continue to enjoy all of our calendar events and ADVENTURES. Please see the activities calendar for additional information this month. It's always a pleasure to hear from everyone. As always, I'm available for updates within the community, this is also an opportunity for me to hear from all of you. We are also thankful to all with your participation with the surveys, most of you have shared how helpful the communication has been! We celebrate our success with offering good communication and updates for Waltonwood Cherry Hill.

Thank you for your participation with the surveys as we love hearing from everyone. The renovations are moving along wonderfully, thank you for all of the compliments and valuable feedback. Events approaching are inclusive to Taste of Waltonwood, Read Across America and much more...

It's a pleasure to be of service and please feel free to contact me with any questions that you may have at Tiffany.tucker@singhmail.com