

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025



Women's History Month 1
 AM Chair Exercises
 11:00 Rosary-Threater
 Balloon Bop
 PM Remember When
 True or False Questions
 2:00 Bingo Blitz-Lobby
 Memory Joggers

Dr Seuss Day 2
 AM Fitness w/ Friends
 10:00 Sunday Mass (T)
 Daily Devotions
 America History Trivia
 PM Music to my Ears
 Chicken Soup for the Soul
 2:00 Music w/ Ben
 Roll down Memory Lane

Mardi Gras 3
 AM Move & Groove Exercises
 You be the Judge
 Scent-sory
 Name 10
 PM-Music Therapy
 Crafty Creations
 Bingo – Dining Room
 Today in History
 Would you Rather

Ash Wednesday 4
 AM Stretch & Flex Exercises
 History of New Orleans
 What Am I?
 Mardi Gras Scavenger Hunt
 PM Music & Memories
 File & Style Nails & Manicures
 2:00 **Fat Tuesday Dance Party**
 Evening: Penny's In Game

National Orea Cookie Day 5
 AM Sit & Get Fit Exercises
 You Be The Judge
 Hangman on the Whiteboard
 Balloon Volleyball
 PM Relax to Music
 Short Story Readings
 History of Oreo Cookies
 Evening: Jigsaw Puzzles

National Potato Chip Day 6
 AM-Move to the Beat
 Word in a Word Game
 Simple Trivia
 Chair Hockey
 PM Movin & Grooving Music
 Famous Women in History
 2:00 Happy Hour-Lobby
 Files & Style Nails
 Sensory Tables

Barbie Day 7
 AM Fitness w/ Friends
 10:00 Sunday Mass (T)
 Guess How Old Barbie is?
 Barbie threw the decades
 PM Music to my Ears
 Family Talk Cards
 Swat the Balloon
 Memory Joggers

Middle Name Parade Day 8
 AM Chair Exercises
 11:00 Rosary-Threater
 Easy Trivia
 Shake Loose a Memory
 Noddle Ball
 PM Remember When
 Dear Abby
 Memory Joggers
 Discuss & Recall

March Madness Begins 9
 AM Fitness w/ Friends
 10:00 Sunday Mass (T)
 Daily Devotions
 America History Trivia
 PM Music to my Ears
 Chicken Soup for the Soul
 2:00 Music w/ Ben
 Roll down Memory Lane

Plant a Flower Day 10
 AM Stretch & Flex Exercises
 Interesting Facts about Ireland
 Gold Coin Tossing Game
 Easy Trivia
 PM Music & Memories
 File & Style Nails & Manicures
 2:00 Coffee & Cookies-Lobby
 Riddle Solving
 Evening: Games w/ Crystal

Let's Laugh Day 11
 AM Arm Band Stretches
 Guess the Flower
 Flower Arranging Tables
 Let's Name start Gardening
 PM Name that Tune
 Flower Sun Catcher Craft
 Finish the Phrases
 Noodle Ball

Earth Day 12
 AM Sit & Get Fit Exercises
 Story of Purim
 Purim Poems & Tidbits
 Remember When
 PM Relax to Music
 Mask & Graggers Mining
 Baking Club- Hamantaschen
 Chat & Chew
 Evening: Friends w/ Friends

National Potato Chip Day 13
 AM-Move to the Beat
 Resident Council
 Famous Irish People
 Leprechaun Scavenger Hunt
 PM-Great Irish Tunes
 Fun with Limericks
 Drama Club
 Discuss & Recall

World Water Day 14
 AM Chair Exercises
 11:00 Rosary-Threater
 Balloon Bop
 PM Remember When
 True or False Questions
 2:00 Bingo Blitz-Lobby
 Memory Joggers
 Name that Tune

St Patrick's Day 15
 AM Move & Groove Exercises
 Shamrock Quest
 Remembering Luck Slideshow
 Toss the Horseshoe for Luck
 PM Sounds of Ireland
 Truth or Blaney
 Shamrock Shakes
 Riddle me This

Chip & Dip Day 16
 AM Fitness w/ Friends
 10:00 Sunday Mass (T)
 Daily Devotions
 America History Trivia
 PM Music to my Ears
 Chicken Soup for the Soul
 2:00 Music w/ Ben
 Roll down Memory Lane

Feast of Annunciation Day 17
 AM Stretch & Flex Exercises
 Spring Reminiscing
 Bluebird Door Décor Craft
 Name 10
 PM Music & Memories
 File & Style Nails & Manicures
 2:00 Cheese & Crackers
 Trivia Time
 Sensory Tables

Let's Laugh Day 18
 AM Arm Band Stretches
 Fact or Crap
 20 Questions
 Chair Soccer
 PM Name that Tune
 Odd One Out
 Whiteboard Word Game
 Finish the Phrase

International Whiskey Day 19
 AM Sit & Get Fit Exercises
 You Be The Judge
 Hangman on the Whiteboard
 Balloon Volleyball
 PM Relax to Music
 Short Story Readings
 Would You Rather
 Evening: Word Searches

Respect Your Cat Day 20
 AM-Move to the Beat
 Remember When
 Spring Poem Readings
 Where are We?
 PM Movin & Grooving Music
 Famous Women in History
 2:00 Happy Hour-Lobby
 Files & Style Nails
 Sensory Tables

World Water Day 21
 AM Chair Exercises
 11:00 Rosary-Threater
 Easy Trivia
 Shake Loose a Memory
 Noddle Ball
 PM Remember When
 Dear Abby
 Memory Joggers

St Patrick's Day 22
 AM Move & Groove Exercises
 Blast from the Past
 Tales of the Irish
 Horse Shoe Toss
 PM Music Therapy
 Color me Calm
 Detective Time
 20 Questions
 Ball Toss Stretches

Chip & Dip Day 23
 AM Fitness w/ Friends
 10:00 Sunday Mass (T)
 Today in History
 ABC Letter Game
 PM Music to my Ears
 True or False Questions
 Swat the Balloon

Feast of Annunciation Day 24
 AM Stretch & Flex Exercises
 Old home Remedies
 Memory Joggers
 You be the Judge
 PM PM Music & Memories
 File & Style Nails & Manicures
 2:00 Music w/ Jay Daniels
 Coloring Calm

Let's Laugh Day 25
 AM Arm Band Stretches
 What Bird is that?
 Finish the bird Drawing
 Memory Joggers
 PM Name that Tune
 Crafty Creations
 Bingo
 Old Wises Tales
 Urban Myths

International Whiskey Day 26
 AM Sit & Get Fit Exercises
 Positive Thursdays
 Funny Riddles & Jokes
 Short Story Readings
 PM Relax to Music
 Spot the Difference
 Memory Games
 Evening: Friends w/ Friends

Respect Your Cat Day 27
 AM-Move to the Beat
 Word in a Word Game
 Simple Trivia
 Chair Hockey
 PM Movin & Grooving Music
 Files & Style Nails
 2:00 Happy Hour-Lobby
 Balloon Swat

World Water Day 28
 AM Chair Exercises
 11:00 Rosary-Threater
 Balloon Bop
 PM Remember When
 True or False Questions
 2:00 Bingo Blitz-Lobby
 Memory Joggers
 Name that Tune

St Patrick's Day 29
 AM Move & Groove Exercises
 Sing A Long Bingo – Lobby
 You be the Judge
 Scent-sory
 Name 10
 PM-Music Therapy
 Crafty Creations
 Bingo – Dining Room

Chip & Dip Day 30
 AM Fitness w/ Friends
 10:00 Sunday Mass (T)
 Shake Loose a Memory
 Hangman
 PM Music to my Ears
 Fact or Fictions
 Odd one Out
 Baby Boomer Trivia
 Finish the Phrase

Feast of Annunciation Day 31
 AM Stretch & Flex Exercises
 Old home Remedies
 Memory Joggers
 You be the Judge
 PM PM Music & Memories
 File & Style Nails & Manicures
 2:00 Music w/ Jay Daniels
 Coloring Calm

DAYBREAK COMMUNITY
 ACTIVITIES ARE SUBJECT TO LAST MINUTES CHANGES