

MEET THE TEAM

Samantha Mc Manus, Executive Director

Entering the field in 2003, Samantha brings her expertise as a nurse as well as a compassionate heart to The Lakes. Senior care has always been a passion for her, entering the field in high school as a certified nurse aide. From there she served the community as a charge nurse for almost a decade. A Paducah native, she has one son and has been happily married to Andy for 6 years. Samantha looks forward to serving The Lakes of Paducah for many years to come.





Cassidy Parks, Director of Resident Care & Wellness

Cassidy brings over 10 years of experience in senior care to our community. She has a heart for serving others and knew she wanted to be a nurse at a very young age. Cassidy is a Western Kentucky native, raised in Possum Trot. When she isn't working, you can find Cassidy spending time with her dogs. She is excited to join our community and looks forward to the many memories to be made at The Lakes.

Laura Todino, Director of Community Relations

Laura has a passion for serving seniors and it shows. Ever since she was little, she knew working with seniors was her calling. She is certified by Argentum as a Senior Living Sales Counselor has worked in senior living since 2005. Laura is married to her husband Dan and they have two daughters. She considers it an honor to help families and seniors with the next exciting step of their life journey.





Regina Carter, Open Arms Program Director

Regina has been a Certified Dementia Practitioner since 2000 specializing in Alzheimer's/Dementia Care. She feels that senior care is not just her passion but also her purpose. Regina treasures the bonds and relationships that are developed through the care that she provides, and she is looking forward to building new relationships and creating new memories with the residents in our Open Arms Memory Care community.

Gina Gordon, Business Office Director

Gina joined the team at the Lakes in August 2024. She brings with her over 12 years experience in the business office field. Gina says she loves hearing the stories seniors tell about their lives; they have so much to share and teach. Gina was born and raised in Mayfield, Kentucky and has four grown children. In her free time she enjoys reading, crocheting and has just started learning how to quilt.





Robert Cole, Director of Maintenance

Robert has worked in maintenance his whole life and there is "nothing I can't fix." Originally from Paducah, Robert was married in 2006 and they have 3 daughters. He enjoys spending time outdoors and boating with his family. Robert has a positive attitude and will be a great asset at The Lakes.

Peggy Thomason, Concierge

Peggy is a people person, and it shows! She loves working with seniors, hearing their stories, and helping them in any way she can. She is originally from Earlington, KY. She worked at Southern Bell in Madisonville KY for 27 years, and West Kentucky Telephone for 13 years. She has two daughters and one son. She enjoys spending time with her four grandkids and one great grandchild.





Randall King, Director of Culinary Services

Randy brings two decades of experience and passion in the culinary industry. Originally from Austin, Texas, he learned to craft fresh, innovative cuisine. Randy is dedicated in preparing delicious, nutritious meals that cater to the unique needs of seniors, in addition to the well being food can foster. From Texas barbeque to Kentucky comfort food Randy is excited to embark on this new journey and share in his love of cooking.