

RESIDENT HIGHLIGHT OF THE MONTH



Joan was born and raised in Milwaukee, Wisconsin. During WWII the family lived in Baltimore while her dad was overseas. She went to Elmhurst in Chicago, majoring in education, to become a first-grade teacher. She taught for 5 years before eventually meeting her husband, Bill. Bill worked for the FBI and traveled extensively while Joan was a stay-at-home mom. She traveled to Europe, Alaska, and Normandy. She also joined a women's choral group called the celebration singers during this time. The group sang in various places in the Chicago area and even the White House! She taught for a total of 13 years before retiring. Joan now has 6 grandkids and says her greatest joy was coming to live at CABA. She is the CABA librarian we are very grateful for the excellent job she does keeping the library neat and organized for all our residents to enjoy. In her free time, Joan likes to knit and loves music.

MARCH BIRTHDAYS

Juanita Campbell	March 5 <sup>th</sup>
Betty Bones	March 8 <sup>th</sup>
Sandra Springborn	March 14 <sup>th</sup>
Debbie Brito	March 14 <sup>th</sup>
Gladys Stephens	March 15 <sup>th</sup>
Sandra Williams	March 17 <sup>th</sup>
Shirley Long	March 17 <sup>th</sup>
Sherry Pitt	March 18 <sup>th</sup>
Lorna Reed	March 19 <sup>th</sup>
Marjorie Beatley	March 21 <sup>st</sup>
Margaret Wildeman	March 23 <sup>rd</sup>
Carolyn Carter	March 23 <sup>rd</sup>
Robert Platt	March 24 <sup>th</sup>
George Rosko	March 30 <sup>th</sup>

WELCOME NEW NEIGHBORS

Sarah Woody	Room 129
Jim Woody	Room 129
Howard Hall	Room 205
Raymond Bailey	Room 248
Ricky Bailey	Room 248
Joanne Williams	Room 263
Su Rivera	Room 307
Linda Pritchett	Room 314
Bob West	Room 407
Pearl West	Room 407

PET THERAPY



Visits from furry friends always bring a smile to our resident's faces!

THE CROSSROADS AT BON AIR

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE | 9100 BON AIR CROSSINGS DR.

OUR MANAGEMENT TEAM

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A MARCH THROUGH EGYPT'S CHARMS



March in Egypt brings more than warm sun and ancient wonders—it offers a celestial showstopper. On March 19, during the spring equinox, the Great Sphinx of Giza steals the spotlight as the sun sets perfectly on its shoulder, creating a moment of alignment that is both awe-inspiring and steeped in ancient precision. This phenomenon occurs only twice a year, in March and September, showcasing the sphinx's extraordinary positioning.

The equinox itself is a time of balance, when Earth's hemispheres receive equal sunlight, making day and night the same length. For the sphinx, carved from limestone bedrock and likely modeled after Pharaoh Khafre, it's an ideal occasion to bask in the sun—a cosmic nod to its enduring role as a guardian of Egypt's ancient secrets and astronomical knowledge.

Egypt in spring offers more than history and spirituality. Whether marveling at pyramids or sipping mint tea in the shade, Egypt charms with its timeless appeal. The season's pleasant weather is perfect for exploring Luxor's temples or wandering through the Valley of the Kings without the intensity of summer's heat.





**LUNAR NEW YEAR CELEBRATION**



A Dragon visited the halls of CABA to celebrate Lunar New Year! Following the parade, we celebrated the year of the snake with music, snacks, and drinks



**ACTIVITIES TO TRY**

**MARCH 4<sup>TH</sup> @ 4:00PM**  
MARDI GRAS CELEBRATION

**March 5<sup>th</sup> and 12<sup>th</sup> @ 4:00pm**  
Girl Scout Cookie Sales

**March 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, and 26<sup>th</sup> @ 1:30pm**  
Sing Along Group

**March 7<sup>th</sup> @ 2:00pm**  
An Afternoon with Mark Twain

**March 8<sup>th</sup> @ 2:00pm**  
Melted Crayon Shamrock Craft

**March 12<sup>th</sup> @ 11:00 am**  
Kevin Salyer Performance

**March 14<sup>th</sup> and 28<sup>th</sup> @ 2:00pm**  
Chair Yoga w/ Kathy

**March 14<sup>th</sup> @ 6:00pm**  
CABA Sing Along Group Performance

**MARCH 17<sup>TH</sup> @ 4:00PM**  
ST. PATRICK'S DAY CELEBRATION

**March 19<sup>th</sup> @ 6:30pm**  
European Wind Ensemble Performance

**March 20<sup>th</sup> @ 11:00am**  
Jammin' with Jillson Exercise Class

**March 20<sup>th</sup> @ 12:00pm**  
Lunch in the Pub

**March 21<sup>st</sup> @ 6:00pm**  
Irish Dance Performance

**March 25<sup>th</sup> @ 1:00pm**  
Musical Performance w/ Andrew MaGruder

**March 28<sup>th</sup> @ 6:00pm**  
Joe Loschiavo Piano Performance

**VALENTINE'S VOW RENEWAL CEREMONY**



This year for Valentine's Day our friends at ACG hospice celebrated our many couples here at CABA by doing a vow renewal ceremony. Six couples celebrated their love and had their vows renewed during this lovely event.



*Sharing a kiss by the alter during the vow renewal ceremony!*

**FULL-COURT FRENZY**

The "Road to the Final Four" begins Tuesday, March 18. Sixty-eight of the country's best men's college basketball teams will compete in a three-week tournament known as March Madness, or the Big Dance. With so many games to follow, it's common for fans to watch several games at once across channels.

The tournament is also crucial for college basketball programs aiming to bolster their national reputation. The NBA draft takes place three months after the tournament, and a player's performance during March Madness can impact their draft prospects. While the focus is on team play, standout individual performances still draw attention. Top contenders like Kansas, Duke, Kentucky, Arizona, and Gonzaga remain perennial favorites. Yet, the magic of March Madness often lies in the unexpected—a "Cinderella" team overcoming the odds to deliver a victory.

**CHAPEL RENOVATION**



*The Dean Chapel has been relocated to a larger space on the first floor to accommodate our growing community!*