



RESIDENT BIRTHDAYS

Raymond D. – March 3
David J. – March 6
Florence S. – March 15
Patricia H. – March 17
Gail B. – March 20
Jerry B. – March 20
Larry W. – March 21
Luanne P. – March 24
Helen H. – March 24
Evelyn Y. – March 27
Marjorie W. – March 29
Don S. – March 30
Jerry K. – March 31

ASSOCIATE BIRTHDAYS

Scherry K. – March 9
Linda L. – March 13
Kyriel R. – March 13
Diana G. – March 21
Magaera T. – March 22
Susan V. – March 22
Jacob M. – March 23
Aaden H. – March 25
Terry K. – March 28
Taylor C. – March 30
Ariana P. – March 30
Mary P. – March 31

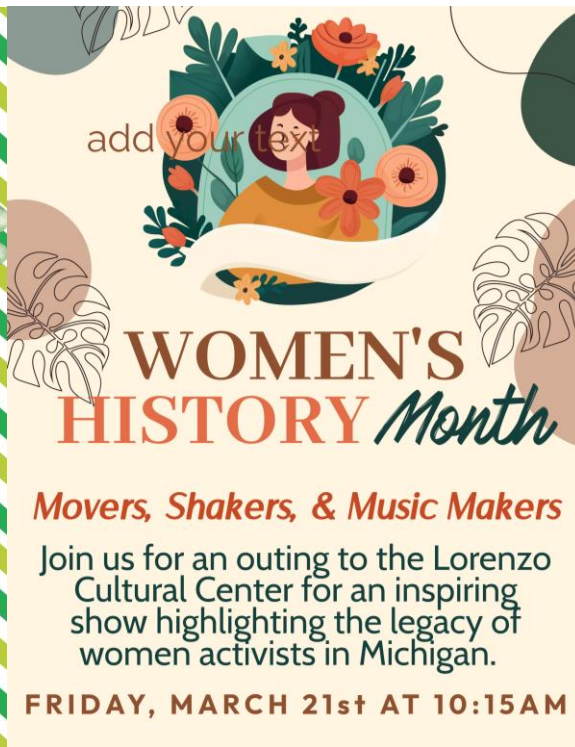


St. Patrick's Day

BAR CRAWL

Monday, March
17th from
3:00-4:00pm

Join us for an exciting
Irish bar crawl with
specialty cocktails
and delicious treats!
Start at the Front
Desk to pick up a
map of each pub.



add your text

**WOMEN'S
HISTORY Month**

Movers, Shakers, & Music Makers

Join us for an outing to the Lorenzo
Cultural Center for an inspiring
show highlighting the legacy of
women activists in Michigan.

FRIDAY, MARCH 21st AT 10:15AM

WALTONWOOD WINNINGS

Beginning in March, the Life Enrichment Department will be enrolling a new program called the **Waltonwood Prize Store**, which will be on the calendar once a month. Residents will have the opportunity to collect 'Waltonwood Winnings' throughout the month at various activities, such as Left, Right, Center, Jeopardy, Wheel of Fortune, and more. Instead of winning a prize during these activities, the winning resident will be awarded Waltonwood Winnings of either \$1, \$2, or \$5. You may also be given Waltonwood Winnings if a staff member sees you going out of your way to spread kindness.

Then, during the Waltonwood Prize Store, you can redeem your winnings for the items on sale that month. At the store, there will be an assortment of different items: toiletries, snacks, seasonal décor, puzzle books, accessories, and more.

Be sure to keep your winnings in a safe place, so you don't lose them! The winnings never expire, so you can save up and don't have to worry if you are unable to attend the prize store in any given month.

-Lauren, Independent Living Life Enrichment Manager



FRIENDS & FAMILY REFERRAL PROGRAM!

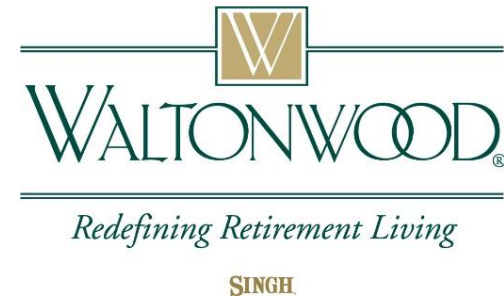
\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

WALTONWOOD UNIVERSITY

MARCH 2025

3250 Walton Boulevard, MI 48309
www.waltonwood.com | (248) 375-2500



Northern Lights over Lake Superior's Keweenaw Peninsula, MI

MICHIGAN DATES IN HISTORY: MARCH

March 3, 1875 Mackinac Island became the second National Park in the U.S., following Yellowstone National Park. It remained a National Park for 20 years, at which point it became Michigan's first state park.

March 9, 1932 Ford introduced the first V-8 engine.

March 17, 1808 St. Patrick's Day was celebrated for the first time in Detroit.

March 20, 1955 The Detroit Red Wings won their seventh consecutive National Hockey League championship when they defeated the Montreal Canadiens 6-0.

March 23, 1984 A Hazel Park woman gave birth to Michigan's first test-tube baby.

March 26, 1944 "Queen of Motown Records" Diana Ross was born in Detroit.

COMMUNITY MANAGEMENT

Noah Stinson
Executive Director

Tammy Collins
Business Office Manager

Celeste Roth
Marketing Manager

Aaron Nash
Culinary Services
Manager

Taylor Crowe
Environmental Services
Manager

Brennen Bollinger
Independent Living
Manager

Lauren Carbonara
Life Enrichment Manager

Donna Donakowski
AL Life Enrichment
Manager

ASSOCIATE SPOTLIGHT: MOLLY

We are very excited to announce our second Employee of the Month for 2025: Molly! Molly has been a concierge with Waltonwood since September 2024, and she has made a lasting impact on our community in the 6 months she has been here. Tammy, who oversees the concierges, described her as a welcoming presence at the front desk and someone who is always eager to help the team in any way she can.

Molly’s favorite part of working at Waltonwood is interacting with the residents. “They are always able to put a smile on my face,” she explained. When not working at the front desk, she enjoys crocheting, reading, and baking sourdough bread. One of her special skills is how quickly she can crochet; once she crocheted 5 blankets in 1 month!

We are incredibly lucky to have Molly as apart of our Waltonwood team, and we appreciate all of her hard work every day!



FEBRUARY HIGHLIGHTS

9 Super Bowl Party

12 Valentine’s Day Craft



12 Valentine’s Day Craft

26 Charles H. Wright Museum of African American History



FOREVER FIT: PICK YOUR PACE

Just like our personalities, our fitness profile is uniquely ours. Our strengths, weaknesses, abilities, and limitations are directly connected to our overall health and wellness. Past experiences often shape our perception of our potential when assessing our current state. While comparison is normal, it shouldn’t be the barrier that prevents you from leading a more active, healthy life. What matters most is being honest with yourself and identifying what your current capabilities are. Meeting yourself where you are today can establish a base that your future improvements can be built on. By focusing on the current version of yourself rather than a past one, you help to identify what your body truly needs in that moment. Like most thing in life, exercise is not one size fits all; it requires an attention to details and a tailored approach designed to find a pace that suits you best.

BE THE CHANGE YOU WANT TO SEE IN THE WORLD

- "Always be a little kinder than necessary." – J.M. Barrie, the author of Peter Pan
- "Love and compassion are necessities, not luxuries. Without them, humanity cannot survive." – Dalai Lama
- "No act of kindness, no matter how small, is ever wasted." – Aesop
- "Be kind, for everyone you meet is fighting a hard battle." – Plato
- "Those who are happiest are those who do the most for others." – Booker T. Washington
- "Kind words can be short and easy to speak, but their echoes are truly endless." – Mother Teresa
- “Accepting others’ differences is the first step towards building a more inclusive and compassionate world.” – Dalai Lama
- "Kindness is the language which the deaf can hear and the blind can see." – Mark Twain
- "Wherever there is a human being, there is an opportunity for a kindness." – Seneca

EVENTS TO ADD TO YOUR CALENDAR

17 3:00-4:00 St. Patrick's Day Bar Crawl

19 1:00-3:00pm Taste of Waltonwood

20 2:00 Show and Tell

27 12:00pm Scam Lunch and Learn with Robert Rowe (RSVP)



EXECUTIVE DIRECTOR CORNER: MARCH

As we welcome the vibrant month of March, we're reminded of the beauty of renewal and growth. With spring just around the corner, we are excited about the upcoming activities and events designed to bring joy, connection, and creativity to our community. From our fitness programs to engaging social events, our goal is to create an atmosphere where every resident feels valued, inspired, and connected.

I want to take this opportunity to express my gratitude for the trust you place in us every day. The commitment and enthusiasm of our residents, staff, and families are what make this community truly special. Together, we continue to build a space where everyone is respected, engaged, and enriched. As always, please reach out to me or any of our team members with questions or suggestions. We're here to support you and ensure that your experience with us is as fulfilling as possible. Here's to a bright, healthy, and exciting March!

Warm regards,
Noah Stinson, Executive Director