

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2025

The Sycamore- Independent/Assisted Living

		<h1>March 2025</h1> <h2>The Sycamore- Independent/Assisted Living</h2>				<p>9:30 Veteran's Coffee Chat (Dining Room)</p> <p>10:30 Brain Games (Studio)</p>	
<p>2</p> <p>11:00 Board Games (Studio)</p> <p>6:30 Movie & Popcorn (2nd Floor)</p>	<p>9:30 Seated Exercise (2nd Floor)</p> <p>1:00 Intro to YMCA Speaker: Emma Holt (2nd Floor)</p> <p>3:00 Poker Group (Studio)</p>	<p>3</p> <p>9:30 Seated Exercise (2nd Floor)</p> <p>10:30 Coffee & Conversation (Pub)</p> <p>12:00 Mardi Gras Luncheon</p> <p>1:30 Mexican Train (Studio)</p> <p>3:30 Mardi Gras Party Music By: Tim Patrick (Dining Room)</p> <p>Mardi Gras</p>	<p>4</p> <p>9:30 Seated Exercise (2nd Floor)</p> <p>1:30 Rosary/Communion (2nd Floor)</p> <p>3:00 Bingo (Dining Room)</p> <p>6:00 500 Group (2nd Floor)</p>	<p>5</p> <p>9:30 Seated Exercise (2nd Floor)</p> <p>10:00 First Congregational Knitting Group (Studio)</p> <p>1:30 Rummikub (2nd Floor)</p> <p>3:30 Happy Hour Music By: Mark Johnson (Dining Room)</p>	<p>6</p> <p>9:30 Seated Yoga (2nd Floor)</p> <p>12:30 Outing-Restoration Station</p> <p>1:30 Card Group (Studio)</p> <p>3:00 Farkle Group (Studio)</p>	<p>7</p> <p>10:00 Manicures (Pub)</p> <p>2:00 Brain Games (Studio)</p>	
<p>9</p> <p>11:00 Board Games (Studio)</p> <p>6:30 Movie & Popcorn (2nd Floor)</p> <p>Daylight Saving Time Begins</p>	<p>10</p> <p>9:30 Seated Exercise (2nd Floor)</p> <p>12:00 Outing- Como Conservatory</p> <p>3:00 Virtual Passport (2nd Floor)</p>	<p>11</p> <p>9:30 Seated Exercise (2nd Floor)</p> <p>10:30 Discovering Together Tuesday</p> <p>1:30 Mexican Train (Studio)</p> <p>3:30 Happy Hour Music By: Larry Radle (Dining Room)</p>	<p>12</p> <p>9:30 Seated Exercise</p> <p>10:30 Shopping Trip- Target</p> <p>1:00 Voting- Private Dining</p> <p>1:00 Community Euchre (Studio)</p> <p>1:30 Rosary/Communion (2nd Floor)</p> <p>3:00 Bingo (Dining Room)</p> <p>6:00 500 Group (2nd Floor)</p>	<p>13</p> <p>9:30 Seated Exercise (2nd Floor)</p> <p>12:00 St. Patrick's Day Luncheon</p> <p>1:00 Voting- Private Dining</p> <p>1:30 Rummikub (2nd Floor)</p> <p>3:30 Happy Hour Music By: Phil Kitze (Dining Room)</p> <p>Purim Begins</p>	<p>14</p> <p>9:30 Seated Yoga (2nd Floor)</p> <p>10:30 UWRF Coffee Concert</p> <p>2:00 Craft w/Laurie (2nd Floor)</p> <p>3:30 Irish Music By: Larry May (Dining Room)</p>	<p>15</p> <p>9:30 Veteran's Coffee Chat (Dining Room)</p> <p>2:00 Chili Cook-Off (Dining Room)</p>	
<p>16</p> <p>11:00 Board Games (Studio)</p> <p>6:30 Movie & Popcorn (2nd Floor)</p>	<p>9:30 Seated Exercise (2nd Floor)</p> <p>10:30 Outing-RF Library</p> <p>1:30 Wheel of Fortune (2nd Floor)</p> <p>3:00 Irish Coffee Social (Pub)</p> <p>4:00 Irish Harp Music (Dining Room)</p> <p>St. Patrick's Day</p>	<p>17</p> <p>9:30 Seated Exercise (2nd Floor)</p> <p>10:30 Coffee & Conversation (Pub)</p> <p>1:00 Technology Tuesday</p> <p>1:30 Mexican Train (Studio)</p> <p>3:30 Happy Hour Music By: Rich Schroeder (Dining Room)</p>	<p>18</p> <p>9:30 Seated Exercise (2nd Floor)</p> <p>11:00 Out to Eat-Westwind</p> <p>1:30 Rosary/Communion (2nd Floor)</p> <p>3:00 Bingo (Dining Room)</p> <p>6:00 500 Group (2nd Floor)</p>	<p>19</p> <p>9:30 Seated Exercise (2nd Floor)</p> <p>10:30 Spring Cookie Decorating Class (2nd Floor)</p> <p>1:30 Rummikub (2nd Floor)</p> <p>3:30 Happy Hour Music By: Tom Erickson (Dining Room)</p> <p>Spring Begins</p>	<p>20</p> <p>9:30 Seated Yoga (2nd Floor)</p> <p>1:30 Baking Group (Pub)</p> <p>3:00 Social & Trivia (Pub)</p>	<p>21</p> <p>10:00 Manicures (Pub)</p> <p>2:00 Brain Games (Studio)</p>	
<p>23</p> <p>11:00 Board Games (Studio)</p> <p>6:30 Movie & Popcorn (2nd Floor)</p>	<p>24</p> <p>9:30 Seated Exercise (2nd Floor)</p> <p>1:30 Chat with the Chef (Pub)</p> <p>3:00 Poker Group (Studio)</p>	<p>25</p> <p>9:30 Seated Exercise (2nd Floor)</p> <p>11:00 Out to Eat-King's</p> <p>10:30 Coffee & Conversation (Pub)</p> <p>1:30 Mexican Train (Studio)</p> <p>3:30 Happy Hour Music By: Quinn & Meyer (Dining Room)</p>	<p>26</p> <p>9:30 Seated Exercise</p> <p>10:30 Shopping Trip-Walmart</p> <p>1:00 Community Euchre (Studio)</p> <p>1:30 Rosary/Communion (2nd Floor)</p> <p>3:00 Bingo (Dining Room)</p> <p>6:00 500 Group (2nd Floor)</p>	<p>27</p> <p>10:30 Drum Circle (Dining Room)</p> <p>1:30 Rummikub (2nd Floor)</p> <p>3:30 Happy Hour Music By: Rudy Rudesill (Dining Room)</p>	<p>28</p> <p>9:30 Seated Yoga (2nd Floor)</p> <p>1:30 Craft Group (2nd Floor)</p> <p>3:00 Farkle Group (Studio)</p>	<p>29</p> <p>10:00 Yahtzee Group (Studio)</p> <p>2:00 Brain Games (Studio)</p>	
<p>30</p> <p>11:00 Board Games (Studio)</p> <p>6:30 Movie & Popcorn (2nd Floor)</p>	<p>9:30 Seated Exercise (2nd Floor)</p> <p>10:30 Outing- RF Library</p> <p>1:30 Wheel of Fortune (2nd Floor)</p> <p>3:00 Tenant Townhall Meeting (2nd Floor)</p>						