

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2025

The Summit Building

1
 10:30 Donuts & Coffee Club(S)AR
 10:45 Week in History (C)AR
 1:30 Weights (E)AR
 2:00 Coffee Hour Club(S)DR
 2:00 Card Bingo (S/C)AR
 3:00 Craft (A)AR
 4:00 Dominoes (S/C)AR
 6:00 Cards (S/C)AR

2
 8:30 Catholic Mass (R)CH2
 9:00 Catholic Mass (R)CH3
 10:00 Catholic Mass (R)CH233
 10:30 Eucharist (R)T
 2:00 Coffee Hour Club (S)DR
 2:00 Bingo(C)AR
 3:00 Dominoes Game (S/C)A
 6:30 Residents Choice (S/C)

3
 9:00 King Soopers Shot Clinic-L
 9:45 Week at a Glance(C)AR
 10:00 Thera Band Exercise (E)AR
 1:00 Mandala Art (A)AR
 2:00 Coffee Hour Club (S)DR
 2:00 Happy Hour (M)AR
 3:00 Dominoes (S/C)AR
 6:00 Uno Card Game (S/C)AR

4
 9:30 King Soopers & Safeway-L
 9:45 News of the Day(S)AR
 10:00 Weights (E)AR
 10:30 Chair Yoga (E)AR
 1:30 Blackjack Club (S/C)AR
 2:00 Coffee Hour Club (S)DR
 3:00 Touching Lives (S/R)AR
 5:00 Activity Room Reserved
 6:30 Residents Choice (C) T
Mardi Gras

5
 9:15 Distribution of Ashes-Library
 9:45 News of the Day(S)AR
 10:00 Better Balance (E)AR
 10:30 Thera Bands (E)AR
 1:00 Family Hearing Clinic-Library
 1:00 Meet Otis Dog Wonder-MVAR
 1:30 Prize Bingo (S/C)AR
 3:00 Cheese Doodle Cups!-Lobby
 3:00 Poker (S/C)AR
 4:15 Dominoes (S/C)AR

6
 9:45 News of the Day(S)AR
 10:00 Weights (E)AR
 10:30 Game of Choice (S/C)AR
 1:30 Let's Reminisce (S)AR
 2:00 Coffee Hour Club (S)DR
 2:00 Armchair Travels (C)AR
 3:00 Surprise Treat Social (S)AR
 4:00 Dominoes (S/C)AR
 6:30 Residents Choice (S/C)

7
 9:45 News of the Day(S)AR
 10:00 Thera Band Exercise (E)AR
 10:30 Jewelry with Rita (A)AR
 11:00 Los Arcos Mexican (O)L
 1:00 Dominoes (S/C)AR
 1:30 Brain Games (S/C)AR
 2:00 Popcorn & Program (S)AR
 3:00 Jeopardy (S/C)AR
 4:00 Dominoes (S/C)AR

8
 10:30 Donuts & Coffee Club(S)AR
 10:30 Week in History (C)AR
 11:00-1:30 AR RESERVED
 2:00 Weights (E)AR
 2:30 Card Bingo (S/C)AR
 3:15 Jeopardy (S/C)AR
 4:00 Dominoes (S/C)AR
 6:00 Cards (S/C)AR

9
 Spring Forward Clocks!
 8:30 Catholic Mass (R)CH2
 9:00 Catholic Mass (R)CH3
 10:00 Catholic Mass (R)CH233
 10:30 Eucharist (R)T
 2:00 Coffee Hour Club (S)DR
 2:00 Bingo(C)AR
 3:00 Dominoes Game (S/C)A
 6:30 Residents Choice (S/C)
Daylight Saving Time Begins

10
 9:45 Week at a Glance(C)AR
 10:00 Thera Band Exercise (E)AR
 10:30 Game of Choice (S/C)AR
 1:00 Mandala Art (A)AR
 2:00 Coffee Hour Club (S)DR
 2:00 Happy Hour (M)AR
 3:00 Dominoes (S/C)AR
 6:00 Uno Card Game (S/C)AR

11
 9:30 Walmart & Sprouts (O)L
 9:45 News of the Day(S)AR
 10:00 Weights (E)AR
 10:30 Chair Yoga (E)AR
 1:00 CH Book Mobile-MVL
 1:30 Blackjack Club (S/C)AR
 2:00 Coffee Hour Club (S)DR
 3:00 Touching Lives (S/R)AR
 5:00 Activity Room Reserved
 6:30 Residents Choice (C)T

12
 9:45 News of the Day(S)AR
 10:00 Better Balance (E)AR
 10:30 Thera Bands (E)AR
 1:30 Prize Bingo (S/C)AR
 2:00 Coffee Hour Club (S)DR
 3:00 Poker (S/C)AR
 4:15 Dominoes (S/C)AR
 6:00 Phase 10 Cards (S/C)AR

13
 9:45 News of the Day(S)AR
 10:00 Weights (E)AR
 10:30 Game of Choice (S/C)AR
 1:30 Let's Reminisce (S)AR
 2:00 Coffee Hour Club (S)DR
 2:00 Armchair Travels (C)AR
 3:00 Surprise Treat Social (S)AR
 4:00 Dominoes (S/C)AR
 6:30 Residents Choice (S/C)T
Spring Begins

14
 Pie Day
 9:45 News of the Day(S)AR
 10:00 Thera Band Exercise (E)AR
 10:30 Karaoke Sing Along (S/C)AR
 11:00 Wishbone (O)L
 1:00 Dominoes (S/C)AR
 2:00 History of the Louvre-MVAR
 2:00 Pie & Program (S)AR
 3:00 Jeopardy (S/C)AR
 4:00 Dominoes (S/C)AR

15
 10:30 Donuts & Coffee Club(S)AR
 10:45 Week in History (C)AR
 1:30 Weights (E)AR
 2:00 Coffee Hour Club(S)DR
 2:00 Card Bingo (S/C)AR
 3:00 Craft (A)AR
 4:00 Dominoes (S/C)AR
 6:00 Cards (S/C)AR

16
 8:30 Catholic Mass (R)CH2
 9:00 Catholic Mass (R)CH3
 10:00 Catholic Mass (R)CH233
 10:30 Eucharist (R)T
 2:00 Coffee Hour Club (S)DR
 2:00 Bingo(C)AR
 3:00 Dominoes Game (S/C)A
 6:30 Residents Choice (S/C)

17
 8:45 VNA Foot Clinic-AR
 9:45 Week at a Glance(C)T
 10:00 Thera Band Exercise (E)T
 10:30 Blood Pressure Clinic-AR
 1:00 Active Minds-Ragtime-MVAR
 2:00 Coffee Hour Club (S)DR
 2:00 St. Patrick's Day Party (M)AR
 3:00 Dominoes (S/C)AR
 6:00 Uno Card Game (S/C)AR
St. Patrick's Day

18
 9:30 King Soopers & Safeway
 9:45 News of the Day(S)AR
 10:00 Weights (E)AR
 10:30 Chair Yoga (E)AR
 1:30 Blackjack Club (S/C)AR
 2:00 Coffee Hour Club (S)DR
 3:00 Touching Lives (S/R)AR
 5:00 Activity Room Reserved
 6:30 Residents Choice (C)T

19
 Employee Appreciation in Parlor
 9:45 News of the Day(S)AR
 10:00 Better Balance (E)AR
 10:30 Thera Bands (E)AR
 1:00 Meet Otis Dog Wonder-MVAR
 1:30 Prize Bingo (S/C)AR
 2:00 Coffee Hour Club (S)DR
 3:00 Poker (S/C)AR
 4:15 Dominoes (S/C)AR
 5:00 AR Reserved until 9:00pm

20
 9:45 News of the Day(S)AR
 10:00 Weights (E)AR
 10:30 Concert with Fran (M)AR
 1:30 Let's Reminisce (S)AR
 2:00 Coffee Hour Club (S)DR
 2:00 Activity Calendar Review-AR
 3:00 Surprise Treat Social (S)AR
 4:00 Dominoes (S/C)AR
 6:30 Residents Choice (S/C)T
Spring Begins

21
 9:45 News of the Day(S)AR
 10:00 Thera Band Exercise (E)AR
 10:30 Karaoke Sing Along (S/C)AR
 11:00 Delvickios Italian (O)L
 1:00 Dominoes (S/C)AR
 2:00 Heart Landers (M)MVAR
 2:00 Popcorn & Program (S)AR
 3:00 Jeopardy (S/C)AR
 4:00 Dominoes (S/C)AR

22
 10:30 Donuts & Coffee Club(S)AR
 10:45 Week in History (C)AR
 1:30 Weights (E)AR
 2:00 Coffee Hour Club(S)DR
 2:00 Card Bingo (S/C)AR
 3:00 Jeopardy (S/C)AR
 4:00 Dominoes (S/C)AR
 6:00 Cards (S/C)AR

23
 8:30 Catholic Mass (R)CH2
 9:00 Catholic Mass (R)CH3
 10:00 Catholic Mass (R)CH233
 10:30 Eucharist (R)T
 2:00 Coffee Hour Club (S)DR
 2:00 Bingo(C)AR
 3:00 Dominoes Game (S/C)A
 6:30 Residents Choice (S/C)

24
 9:45 Week at a Glance(C)AR
 10:00 Thera Band Exercise (E)AR
 10:30 Game of Choice (S/C)AR
 1:00 Mandala Art (A)AR
 2:00 Coffee Hour Club (S)DR
 2:00 Happy Hour (M)AR
 3:00 Dominoes (S/C)AR
 6:00 Uno Card Game (S/C)AR

25
 9:30 Advanced Foot Care-Salo
 9:30 Target & Dollar Tree (O)L
 9:45 News of the Day(S)AR
 10:00 Weights (E)AR
 10:30 Chair Yoga (E)AR
 1:00 Parkinson's Support Gp-TH
 1:30 Blackjack Club (S/C) AR
 3:00 Touching Lives (S/R)AR
 5:00 Activity Room Reserved
 6:30 Residents Choice (C)T

26
 9:45 News of the Day(S)AR
 10:00 Better Balance (E)AR
 10:30 Thera Bands (E)AR
 1:30 Prize Bingo (S/C)AR
 2:00 Coffee Hour Club (S)DR
 3:00 Directors & Desserts AR
 4:00 Poker (S/C)AR
 6:00 Phase 10 Cards (S/C)AR

27
 9:45 News of the Day(S)AR
 10:00 Weights (E)AR
 10:30 Game of Choice (S/C)AR
 1:30 Let's Reminisce (S)AR
 2:00 Coffee Hour Club (S)DR
 2:00 Armchair Travels (C)AR
 3:00 Chef Chat (C)AR
 3:15 Surprise Treat Social (S)AR
 4:00 Dominoes (S/C)AR
 6:30 Residents Choice (S/C)T

28
 National Black Forest Cake Day
 9:45 News of the Day(S)AR
 10:00 Thera Band Exercise (E)AR
 10:30 Karaoke Sing Along (S/C)AR
 11:00 House of Saigon (O)L
 1:00 Dominoes (S/C)AR
 2:00 Coffee Hour Club (S)DR
 2:00 BF Cake & Program (S)AR
 3:00 Jeopardy (S/C)AR
 4:00 Dominoes (S/C)AR

29
 10:30 Donuts & Coffee Club(S)AR
 10:45 Week in History (C)AR
 1:30 Weights (E)AR
 2:00 Coffee Hour Club(S)DR
 2:00 Card Bingo (S/C)AR
 3:00 Craft (A)AR
 4:00 Dominoes (S/C)AR
 6:00 Cards (S/C)AR

30
 8:30 Catholic Mass (R)CH2
 9:00 Catholic Mass (R)CH3
 10:00 Catholic Mass (R)CH233
 10:30 Eucharist (R)T
 2:00 Coffee Hour Club (S)DR
 2:00 Bingo(C)AR
 3:00 Dominoes Game (S/C)A
 6:30 Residents Choice (S/C)

31
 9:45 Week at a Glance(C)AR
 10:00 Thera Band Exercise (E)AR
 10:30 Game of Choice (S/C)AR
 1:00 Mandala Art (A)AR
 2:00 Coffee Hour Club (S)DR
 2:00 Happy Hour (M)AR
 3:00 Dominoes (S/C)AR
 6:00 Uno Card Game (S/C)AR

Key to Programs & Rooms
 (S) Social AR- Activity Room
 (O) Outing MV-Mountain View
 (E) Exercise Building
 (A) Art PL-Parlor (Lobby)
 (M) Music DR-Dining Room
 (R) Religious T-Theater(3rd floor)
 (C)Cognitive L-Library
 (L) Lecture LB- Lobby
 (P) Presentation

March 14th-OnSite Dermatology Please sign up today with the Concierge if interested

