

Bell Tower Residence NEWSLETTER

 www.belltowerresidence.org
 715-536-5575
 info@belltowerresidence.com
or Find us on Facebook



Set on 12 beautifully landscaped acres with over 68,000 square feet of living and common spaces, Bell Tower is a friendly assisted living community where residents feel at home and live life well with purpose and dignity. We offer private apartments, religious services, activities, outings, delicious home-cooked meals and our caring and compassionate staff are always nearby to help.

For more information or to schedule a tour, please reach out to our Admissions Coordinator, Mikaela Meier at mmeier@carriagehealthcare.com

“ A Place to Call Home: Your Loved Ones Deserve the Best Care!”

At Bell Tower Residence, we believe in creating a loving environment where your family member can feel at home. From personalized care plans to engaging activities and caring staff, we provide everything needed for peace of mind.

We offer 24/7 compassionate care, fun social events and activities, comfortable and safe living spaces, specialized memory care, and a dedicated team of healthcare professionals.

Call today to set up a tour of our beautiful facility! 715-536-5575

Bell Tower RESIDENCE LIFE

Family Testimonial:

“When we knew my Mother would be needing more help than she could get living alone, we interviewed many facility options. When we looked at Bell Tower we knew we found everything we were hoping for.

From the moment you walk in the building and are greeted by the front desk you feel like it’s a home. My Mother’s apartment was comfortable and complete. She was treated with respect. Staff listened to my feedback. I always felt she was safe and given everything she needed. Staff from many different levels would stop in her place to visit with her.”

-Barbara Barth

A Newsletter for Residents and Friends,
about *Life* at Bell Tower

- March 2025 -

Bell Tower Residence

Celebrating March

**2nd– Cat in the Hat
Day**

**3rd– World Tennis
Day**

4th– Mardi Gras

**5th– Ash
Wednesday**

**7th– Lucky 7 Day
and employee
appreciate Day**

**8th– International
Woman's Day**

**9th– Daylight
Savings Time Begins**

12th– Girl Scout Day

**13th– K-9 Veterans
Day**

14th– Pi Day

**17th– St. Patrick's
Day**

**18th– March
Madness Begins**

**20th– Spring
Equinox**

**28th– Happy
Birthday Reba
McEntire**

To Season of Luck:

We are in the season of Lent, which is hard to believe as I write this because it is still very cold and wintery outside. Lent is for me a season of thoughtfulness and calming. Lent reminds me to settle down and reflect on my faith and to remember that I’m not alone in any endeavor.

Growing up Episcopalian, I often listened to my Catholic friends comment on what they had “given up” for Lent. This was an unfamiliar concept to me as it was not something we practiced in our family. I also found that many of my friends in childhood and teen years didn’t suffer much for “giving up” for Lent as pizzas were loaded with every topping except meat. Friday fish-fries meant an abundance of food and those who gave up candy didn’t last very long in their resolve.

As I grew older, I understood that fasting and “giving up” during Lent is about far more than just depriving yourself of a favorite food or habit. However, it still is not a regular proactive for me and I thought, should I give something up for Lent? There are some readings that have inspired me and if you are asking yourself the same questions. Here are some suggestions:

GIVE UP Despair– See hope and opportunity in every situation.

GIVE UP Isolation– Take the first step to talk with someone you don’t know who may need a friend as well.

GIVE UP Gossip– Refuse to take part in the rumors and put downs.

GIVE UP an Image of Low Self-Worth– You are wonderfully and perfectly made and you are here for a reason.

GIVE UP Anger and Grudges– Forgive and let go and you will find you feel free.

GIVE UP Bad Humor– Let yourself laugh, the deep down belly laughs that make tears roll down your face. Watch a funny movie or listen to some jokes.. Bring humor into your life.

GIVE UP Resentment– Mend bridges with your family and welcome the people who love you into your life.

GIVE UP Worry– Instead have faith.

Sometimes “giving up” can be a good thing. Lent may have its own special meaning for you. Whatever your faith or practices may be, I pray for peace and health for all of us. I am thankful for each of you who is in some way a part of Bell Tower Residence and what you give every day. *-Kris McGarigle*

Staff Birthdays

2nd– Jessica K
3rd– Mikaela M
6th– Brynn B
15th– Olivia W
17th– Sheri H
27th– Rebecca R
28th– Krystel H
29th– Alexis E

Staff Anniversaries

1 year– Adeline C
1 year– Jacob O
3 years– Natalia Y
5 years– Jessica K
9 years– Paula S
26 years– Lynn E

Resident Birthdays

1st– Ruth K
3rd– Joan B
7th– Vera L
9th– Margery P
15th– Ev B
19th– Joe B
27th– Larry P
28th– Sandra M
30th– Donna H
31st– Romyne B

Resident Anniversaries

1 year– Marilyn K
1 year– Marlene S
2 years– Betty M
3 years– Joe Z
4 years– Mary W
7 years– Ruth R
11 years– Vera L

Welcome to Bell Tower!



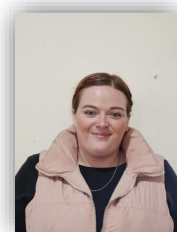
Addison D
PCW



Olivia W
PCW



Lauren M
Activities



Brittany L
PCW



Krystel H
PCW



Carolyn Kniess
2W Neighborhood



Margery Piikkila
1W Neighborhood



Roger Baumgart
1E Neighborhood



S. Mary Zita
2W Neighborhood



Staff Spotlight

Congratulations to **John Bourke** on being selected to be Bell Towers Employee of the Month for March. This was well deserved, and we are glad to have you apart of our team!

Are you interested in joining our team at Bell Tower Residence? Bell Tower currently has positions available for all shifts as a Certified Nursing Assistant and PCW. If you are interested in applying, you can pick up an application at Bell Tower Residence, find us on Indeed, or call Dawn at (715)-536-5575!

Belltowerresidence.org
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Call today to schedule a tour with
our Admissions Coordinator

Bell Tower Wish List:

- New Bingo Cards
- Roku for each neighborhood
- Sponsor a Zumba Class
- 300 Piece Puzzles
- Sponsor a Birthday Cake
- Natural Color Nail Polish
- Donations towards a new Gas Grill
- Sponsor Live Music
- Purchased Bingo Prizes
- Sensory Games



Assisted Living & Memory Care

A message from our Chaplains:

How lucky we are that we can have a season of focused time on Jesus! With the month of March, many Christians will be called to the more contemplative season of Lent which begins on Ash Wednesday, March 5th. It's a time to spend a little more time with Jesus, with God and step away to from the things that draw us further away.

It's a time to renew spiritual practices or even take up new ones. One spiritual practice that I have enjoyed is walking a labyrinth. The church I serve in Mosinee, Saint John Lutheran, has a beautiful one that is free for anyone to enjoy. This time of year, though it is covered with snow and not shoveled. One must wait for a nice Spring Day, at least, to enjoy it.

A labyrinth is not a maze but a beautiful journey and an intentional place for one to spend time with God and in prayer. When I was a chaplain in a hospital, I came across a paper finger labyrinth. This was something that patients can have and use for some prayer time while healing from their physical or mental illness.

No matter what we are going through in life, God promises us to be by our side and offer moments of accompaniment, encouragement, and healing. Having some focus prayer time, like using a finger labyrinth can help remind us of and reconnect us to God's promises for our lives. How lucky are we to have a God love us so much that he has given us life through God's son, Jesus.

No matter if you walk with your legs or use your fingers, Jesus walks with you .

Bell Tower Residence Read-a-Thon

Bell Tower Residence is hosting their first ever Read-a-Thon during the month of March. The goal of this event, is to promote a healthy activity that has the power to prevent Alzheimer's Disease. It is clinically proven that reading strengthens neural pathways, and stimulates the brain which is essential for healthy brain function! For every 5 books the staff members and residents read, Bell Tower will donate 1 book to the Trinity Lutheran Learning Center! For more information, please reach out to Allison Blaubach!