	Assisted	l Living				
Activity Packets 2	9:30 <u>Unassisted Wal Mart</u> 3	9:45 <u>Assisted Wal Mart</u>	4 9:00 Women's Bible Study - AR 5	10:00 Resident Council Meeting 6	10:30 Exercise with Resistance bands 7	10:00 Wild Card Exercise 8 (Drumming, dance yoga, something
10:00 Communion - AR	1:00 Bingo! - AR	1:00 Read Aloud - Lib	10:15 Cardio Drums - AR		11:15 Senior Center Lunch	fun) - AR
1:00 Groundhog Day - MR	2:30 Treats and Trivia - CR	2:00 Learn to Play Rack-o - AR	10:45 Hangman - AR	10:30 Resident Nutrition Meeting - Lib	1:00 Opening the Regency Time	10:30 Karaoke - AR
		3:00 Crochet Club - Lib	1:00 Little Women - MR	1:00 Bingo! - AR	Capsule and Making a new one - AR	1:00 No Prize Bingo - AR
			2:00 Men's Bible Study - CR 3:00 Wine Down Wednesday - Lob	2:30 Wii Bowling - AR	3:00 Banana Splits - CR	2:15 Wii Bowling - AR
Groundhog Day				6:00 Nerf Gun Cupid Hunt - DR		
	9:30 Sit & Be Fit weights - AR 10	9:45 Bank & Library 1	1 9:00 Women's Bible Study - AR 12	10:00 Aerobics - AR 13	10:30 Exercise with Resistance bands 14	10:00 Wild Card Exercise 15
10:00 Communion - AR	10:00 Hangman - AR	10:00 Yoga - AR	10:15 Cardio Drums - AR	10:30 Board Game Choice - AR	11:00 Yahtzee	(Drumming, dance yoga, something fun) - AR
2:30 Superbowl Party - Get your	1:00 Bingo! - AR	10:30 Sing Along - AR 11:00 Pet Therapy - AR	10:45 Family Feud - AR	1:00 Bingo! - AR	1:00 Spa Day - AR	10:30 Karaoke - AR
snacks up in the CC Room. Game will be on in the Movie Room and	2:30 Sundaes on Monday - CR	1:00 Read Aloud - Lib	1:00 Animal Crackers- MR	2:30 Resident Birthday Party - Feb - AR	3:00 Cupid Happy Hour - CR	1:00 No Prize Bingo - AR
Lobby.		2:00 Learn to play Trash - AR	2:00 Men's Bible Study - CR 3:00 Wine Down Wednesday - Lob	5:00 Muder Mystery Dinner - DR		2:30 Snowman Project with Vivian
		3:00 Crochet Club - Lib	Tu B'Shevat Begins		Valentine's Day	
Activity Packets 16	9:30 Sit & Be Fit weights - AR 17	9:45 Assisted Dollar Tree/Safeway	9:00 Women's Bible Study - AR 19	10:30 Merry Minstrels - DR 20	10:30 Exercise with Resistance bands 21	10:00 Wild Card Exercise 22 (Drumming, dance yoga, something
10:00 Communion - AR	10:00 Hangman - AR	1:00 Read Aloud - Lib	10:15 Cardio Drums - AR	1:00 Bingo! - AR	11:00 Skyjo - AR	fun) - AR
1:00 1966 Batman Movie - MR	1:00 Bingo! - AR	2:00 Sing Along - AR	10:45 Trivia - AR	2:30 Wii Bowling - AR	12:25 Senior Center Bingo!	10:30 Karaoke - AR
5:00 Sounds of the Rolling Hills - DR	2:30 Treats and Trivia - CR	3:00 Crochet Club - Lib	1:00 Heart Healthy Presentation + Wii Bowling Tournament with		1:00 Barnyard Games - AR	1:00 Bingo with Mei - AR
			Senior Center - AR 2:00 Men's Bible Study - CR		3:00 Friday Floats - CR	2:30 Snowman Project with Vivian
	Presidents' Day (U.S.)		3:00 Wine Down Wednesday - Lob			
Activity Packets 23	9:30 Thad's Mystery Drive 24	9:45 <u>Bank & Library</u> 2 10:00 Yoga - AR	5 9:00 Women's Bible Study - AR 26	10:00 Aerobics - AR 27	10:30 Exercise with Resistance bands 28	
10:00 Communion - AR	1:00 Bingo! - AR	10:30 Sing Along - AR	10:15 Cardio Drums - AR	10:30 Board Game Choice - AR	11:00 Lunch out at Buffalo Wild	CR - Coca-Cola Room DR - Dining Room
1:00 Jailhouse Rock - MR	2:30 Sundaes on Monday - CR	11:00 Pet Therapy - AR	10:45 Hangman - AR	1:00 Bingo! - AR	Wings	Lib - Library Lob - Lobby
		1:00 Read Aloud - Lib	1:00 Ma & Pa Kettle go to town - MR	2:30 Wii Bowling- AR	1:00 Poker - AR 3:00 Happy Hour - CR	MR - Movie Room
		2:00 Board Game Choice - AR	2:00 Men's Bible Study - CR 3:00 Wine Down Wednesday - Lob		3.00 парру пош - Ск	F
		3:00 Crochet Club - Lib	200		Ramadan Begins	