


February 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|--|--|
|  | LR = Living Room FH = Front Hall DR = Dining Room OF = Out Front OD = Overflow Dining Room Out of facility | OPLC= Ocean Park Lutheran Church OPFH = Ocean Park Fire Hall | Make sure to add your name to the sign-up sheet available in the activity room for special activities out of facility. | | | 1 9:00 Coloring 10:00 Chair Exercise 11:00 1:1 by Appointment 1:00 Walk - OF 2:30 Crafternoon TRL Ilwaco |
| 2 8:00 Craft Kits 9:00 Noodle Ball 10:00 Chair Exercise 1:00 Groundhog Day Movie - LR 4:00 Board Games | 3 9:00 National Feed the Birds Day 10:00 Chair Exercise 11:00 Heart Health Month Activity Packet 1:00 Monday Matinee - LR 3:00 Bible Study | 4 Medical Transport 9-11am 9:00 Pet Therapy - Clementine 10:00 SAIL 11:00 Thank a Mail Carrier Day Cards 2:00 Men's Club - DR 3:30 Social Hour | 5 Happy Birthday Margaret! 9 Chair Exercise 10:00 Shopping 1:00 Walk - OF 2:00 Craft Time - Door Signs 4:00 Bingo | 6 Medical Transport 9-11am 10:00 SAIL 11:00 Noodle Ball 1:00 Cat Cuddling 2:00 Men's Club - DR 3:45 Crafting with Kids | 7 9:30 Chair Exercise 10:30 Brain Yoga 1:00 Craft Time 2:00 Card Games 3:30 Social Hour | 8 Happy Birthday Sharon N.! 9:00 Craft Time - Sun Catcher 10:00 SAIL 11:00 1:1 by Appointment 1:00 Walk - OF 3:15 Lunar New Year Snow Peak Campfield |
| 9 8:00 Craft Kits 10:00 Chair Exercise 1:00 Noodle Ball 2:00 Board Games 3:30 SUPER BOWL - LR | 10 Happy Birthday Debra! 9:00 Coloring 10:00 Chair Exercise 11:00 Activity Packets 1:00 Monday Matinee - LR 3:00 Bible Study | 11 Medical Transport 9-11am 9:00 Pet Therapy - Clementine 10:00 SAIL 2:00 Men's Club - DR 2:00 Food Committee - DR 3:30 Social Hour | 12 9:00 Chair Exercise 10:00 Shopping 1:00 Craft - Valentine's Décor 2:30 Bingo - OPLC 4:00 Walk - OF | 13 Medical Transport 9-11am 9:00 Drawing 10:00 SAIL 11:00 Maritime Museum 1:00 Cat Cuddling 4:00 Brain Games | 14 Valentines Day 9:30 Chair Exercise 10:30 Brain Yoga 1:00 Craft Time - Valentine's Craft 2:00 Valentine's Social 4:00 Tech Help by Appointment | 15 10:00 SAIL 11:00 1:1 by Appointment 1:00 Walk - OF 2:00 Pinochle 4:00 Fiber Arts Club |
| 16 8:00 Craft Kits 9:00 Spiritual Teachers Month Activity Packet 10:00 Chair Exercise 1:00 Noodle Ball 2:00 Board Games | 17 President's Day 9:00 Coloring 10:00 Chair Exercise 1:00 Monday Matinee - LR 3:00 Bible Study 4:00 President's Day Activity Packet | 18 Medical Transport 9-11am 9:00 Pet Therapy - Clementine 10:00 SAIL 1:00 Walk - OF 2:00 Men's Club - DR 2:00 Birthday Ice Cream Social | 19 9:00 Chair Exercise 9:45 Tax Prep OP TRL 1:00 Craft Time - Tie Dye 2:00 Shopping 4:00 Noodle Ball | 20 Medical Transport 9-11am 9:00 Chair Exercise 10:00 Drawing 1:00 Cat Cuddling 1:00 SAIL 2:00 Men's Club - DR 3:30 Social Hour with Live Music | 21 9:30 Chair Exercise 10:30 Brain Yoga 1:00 Craft Time 1:40 Move Around Safe & Sound - OPFH 4:00 Walk - OF | 22 9:00 Coloring 10:00 SAIL 11:00 1:1 by Appointment 1:00 Walk - OF 2:00 Scenic Beach Bus Trip |
| 23 8:00 Craft Kits 10:00 Chair Exercise 1:00 Noodle Ball 2:00 Board Games 3:00 Write a Loved One | 24 9:00 Coloring 10:00 Chair Exercise 11:00 Activity Packets 1:00 Monday Matinee - LR 3:00 Bible Study | 25 Medical Transport 9-11am 9:00 Pet Therapy - Clementine 10:00 SAIL 11:00 Painting - Wooden Crafts 2:00 Men's Club - DR 3:30 Social Hour | 26 Happy Birthday Audrey! 9:00 Chair Exercise 10:00 Shopping 1:00 Walk - OF 2:00 Resident Council 4:00 Bingo | 27 Medical Transport 9-11am 9:00 Craft - Scratch Art 10:00 SAIL 11:00 Dip Your Own Chocolate Covered Strawberries 1:00 Cat Cuddling 4:00 Windowsill Herb Gardens | 28 9:30 Chair Exercise 10:30 Brain Yoga 1:00 Craft 2:00 Library 3:30 Sip n Paint | 10:00 SAIL 11:00 1:1 by Appointment 1:00 Saturday Matinee - LR 3:00 Fiber Arts Club 4:00 Pinochle |

*Activities subject to change. Please check the activity room board for any changes.