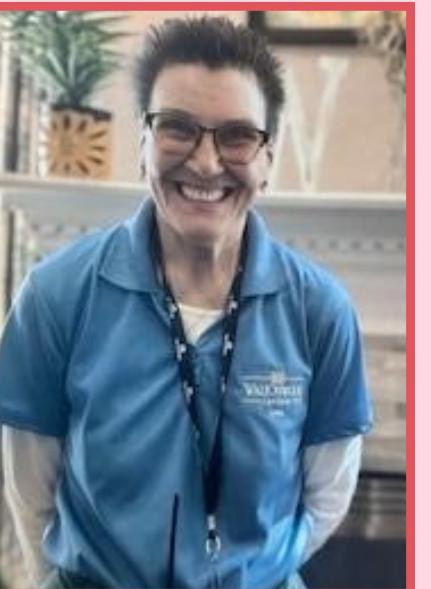


## ASSOCIATE OF THE MONTH - Julie P.

Julie joined Waltonwood in 2014 and worked here until 2019, when she moved to Florida. Upon her return in August 2023, it was to be closer to her mother and family. She reapplied for her role back at Waltonwood because there is truly no other workplace she prefers to be at. She enjoys her job immensely due to the amazing colleagues she works with and their appreciation for her and their dedication. This position is a remarkable opportunity for her and has contributed to her personal growth.



## JANUARY HIGHLIGHTS

### 6th

Resident Council held the first meeting of the year. Resident Council is held the first Monday of every month

### 17th

Dolly Parton Day was a huge success. Thank you to everyone who participated in the festivities! Heehaw!

## FOREVER FIT:

This month, join Waltonwood and the American Heart Association as we celebrate National Wear Red Day on Friday February 7th. Still the #1 killer of women in the US, cardiovascular disease is often an overlooked and underdiagnosed condition for tens of thousands of women. As part of American Heart Month, the special day emphasizes the need for early detection, proper diagnosis and adequate treatment in the fight against cardiovascular disease. Spreading the word on such an important cause can help ensure generations of grandmothers, mothers, wives, sisters, aunts and friends can help live long healthy lives free from the effects of cardiovascular disease.

### 10th

Spontaneous trip to the Aquarium! Just keep swimming!



### 31st

Elevated Happy Hour with Chinese sponge cake to celebrate the Lunar New Year!



## TRANSPORTATION INFORMATION

Transportation is offered for Assisted Living residents on Fridays for outings and appointments based on availability. The bus is used on Monday, Tuesday and Thursday in Independent Living and Wednesdays in Memory Care. Limited rides on the bus may be available on those days, and residents who are able to transfer into the Cadillac have that option as well. **Transportation request slips are available at the front desk.** Please give as much notice as possible so our drivers can create their schedule. We will try our best to accommodate last minute requests but cannot guarantee availability.

## FEBRUARY HAPPENINGS

- 2/2 - Groundhog Day
- 2/5 - Regina visits from Church to sing Gospel hymns
- 2/14 - Valentines Day Party
- 2/14 - Steve from Vintage Vocals will be serenading
- 2/17 - Random Acts of Kindness Day
- 2/18 - Art for all Ages will be here at 1:30 to paint with us
- 2/24 - Lukas the Accordion Player is back!
- 2/28 - Outing to Juan Blancos for lunch!



**GINA CONWAY, EXECUTIVE DIRECTOR**

We are committed to providing excellent services, and this month you should receive a Satisfaction Survey that will allow you the opportunity to provide helpful feedback for the team. The surveys will be distributed the first week in February. Paper surveys must be mailed no later than the 17th, and online surveys are due before the 24th. We hope you take the time to complete the survey so we can provide the best possible services. Thank you in advance for your participation!

**Moriah Dean,  
Life Enrichment**

L is for "laughter" we had along the way.

O is for "optimism" you gave me every day.

V is for "value" of being my best friend.

E is for "eternity," a love that has no end

-John P. Read (1948)



## February Birthdays

Jo Ann S. - 2/4  
Rose Marie D. - 2/14  
Bob T. - 2/19  
Eva S. - 2/27



## COMMUNITY COMMUNICATION

Your February Calendar is included with this Newsletter. While we try our best not to make changes, it does happen from time to time. Remember: The most up-to-date programs are always posted in the elevator, in front of the Hobby Room, on the TV screens & now accessible on your phone. If you have any questions on how to get started, please reach out to the Life Enrichment Team.



## \$3500 RESIDENTIAL REFERRAL BONUS



### FAMILY & FRIENDS REFERRAL PROGRAM!

Have you shared your love for Waltonwood lately? When you refer someone to our community, they'll thank you for it - and then we'll thank you for it too!

If they sign a one-year lease with us, you'll receive a \$3500 Referral Bonus\* in the form of a check, rent credit or donation to a charity of your choice! Ask for details!

# LAKESIDE CONNECT

February 2025



**"Love is not only something you feel, but also something you do."**

-David Wilkerson

Happy February everyone! Are we in the spirit of love? February always reminds me of the classic Valentines Day tradition of little notes of affection. I pledge to share this enthusiasm everywhere I go this month. Not only for St. Valentine, but in honor of Random Acts of Kindness week. That is held February 9th - February 15th this year! Please join us by looking out for opportunities to spread kindness around your area. That could look like putting the cart back when you are finished shopping, complimenting someone on their new haircut, or shoveling the snow for a neighbor. Whatever you decide to do, we appreciate the efforts! I hope this month is kind to everyone reading.

Wishing you warmth and strength,  
**Your Life Enrichment Team**



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Facebook: /WaltonwoodLakeside

## COMMUNITY MANAGEMENT

**Gina Conway**  
*Executive Director*

**Allison Neal**  
*IL Manager*

**Lisa Kendrick**  
*Business Office Manager*

**Tracy Chamberlain**  
*Wellness Coordinator*

**Rebecca Adams**  
*Wellness Coordinator*

**Moriah Dean**  
*AL Life Enrichment Manager*

**Rene Ruhlman**  
*IL Life Enrichment Manager*

**Melissa Wright**  
*Lead Marketing Manager*

**Aaron Rodino**  
*Marketing Manager*

**Nick St Onge**  
*Culinary Services Manager*

**Les Hicks**  
*Environmental Services Manager*

**Marcia Combs**  
*MC Life Enrichment Manager*